

<b>Discontentment or Jealousy:</b> I am not satisfied because I think there's something I'm lacking which I need for full joy.	Christ alone can fully satisfy our hearts. Discontentment shows that we are not trusting this promise, and are trusting something else to fill us with joy. So turn to Jesus as you are, confess your unbelief, and pray over verses like these until you feel your faith strengthen and your heart fill with joy in Christ: Psa 16:11; Psa 73:25; Habakkuk 3:17-18; John 4:13-14; John 6:35; John 15:11; Rom 15:13; Phil 3:8.
<b>Discouragement, Hopelessness, or Despair</b> (also see <b>Trials</b> ).	Discouragement shows we are putting our hope in something besides Christ to satisfy us — something which is failing us. So put your hope back on Christ by praying over Psa 42:5; 1 Pet 1:13; and Rom 15:13. And trust that as you pray for his help, he will work in this situation to bring you even more joy in him (Gen 50:20; Psa 50:15; Psa 55:22; Isa 41:10; Rom 8:28-30; Phil 4:19; 2 Cor 9:8).
<b>Evangelism:</b> I am discouraged about lack of fruit and hard hearts.	God can sovereignly save anyone by changing their heart and giving them faith in Christ. Pray over Eze 36:26-27; Matt 28:18-20; Luke 18:24-27; Luke 19:10; 1 Tim 1:15 — and keep praying and loving and sharing the gospel.
<b>Feelings:</b> My heart is so angry, fearful, sinful, discouraged, or jealous, that I don't think it can be changed.	God will change our feelings as we pray and fight to trust his promises. Study other categories on this sheet to see what promises you are not trusting, and pray over them and preach them to yourself until you feel God strengthening your faith and changing your heart. Be encouraged by Psa 40:1-3; Psa 42:5; Psa 19:7; and Rom 15:4,13.
<b>Grief, Loss, Sorrow:</b> I have grief and sorrow because of some loss.	God promises to arrange everything in our lives, both gains and losses, to bring us the greatest joy in Christ. But losses are painful. So pray over 2 Cor 1:3-4 (God will comfort you); 2 Cor 4:16-18 (God will give you even more joy in him through this loss); Phil 3:8 (the joy of Christ will swallow up all losses); Psa 73:25 (God will completely satisfy us in himself). And ask God to restore your loss (Matt 7:7-11).
<b>Hurt, Bitterness, Unforgiveness:</b> Someone has hurt me and I don't want to forgive them.	It's hard to forgive those who hurt us. But the reason we can forgive is because what we have in Christ is infinitely more satisfying than whatever they took from us. So cry out to Jesus to comfort you (2Cor 1:3-4). Ask him to forgive your unforgiveness (1 John 1:9). Ask him to help you see the benefits and mercy of his forgiveness so clearly that your heart is filled and humbled, and you are able to forgive (Matt 18:21-35; Eph 4:32; Col 3:12-13; Mark 11:25).
<b>Impatience:</b> I'm not content in waiting for something.	God promises to time everything in our lives to bring us the greatest joy in him. Impatience shows there's something we are trusting for our joy more than him. So confess your unbelief, ask for his help, and pray over Psa 31:15, Psa 16:11, Psa 73:25, James 5:7-8 until your heart changes.

<b>Lack of Joy:</b> I have no joy in God.	Joy in God comes as the Spirit helps you see and feel the all-satisfying glory of Jesus as revealed in his word. As you pray, confess sin, turn from other joys, and set your heart upon Christ — he will, in his perfect time, fill you with joy in him. Pray over Psa 16:11; Hosea 6:3; Psa 43:3-4; Psa 51:12; John 7:37-38; John 15:11; Rom 15:13; 1 Pet 1:8.
<b>Money:</b> Worry about money (also see <b>Worry</b> ).	God promises to provide the exact amount of money we need, whether it's large or small, to bring us the greatest joy in him. Pray Matt 6:25-33; Phil 4:19; Heb 13:5-6.
<b>Motivation and Obedience:</b> I'm not motivated to obey; not sure obeying Jesus is worth it.	Pray over the truth that, because of Jesus' death, God will mercifully reward our undeserving obedience with even more joy in Christ now and forever. Also consider the warnings that continuing in willful, unconfessed sin can risk eternity. Pray over John 14:21,23; Rom 8:13; Eph 6:8; Mark 9:43-48; Jeremiah 2:12-13; Phi 3:8-9; Heb 12:14.
<b>Persecution:</b> I fear or am discouraged by persecution.	Jesus promises that when we are persecuted for his sake, he will give us so much joy in him that our losses will be more than compensated. Pray over Matt 5:11-12; Luke 6:22-23; 2 Cor 12:9-10; Phil 3:8; 1 Pet 4:12-14; Rev 2:10.
<b>Perseverance:</b> I fear whether I will keep faithful to Jesus and make it to heaven.	Because you are trusting and loving Christ now, you can know that God has started a good work in you which he will continue until you will enter heaven. He will not let you stray so far that you are lost forever. Pray over Jer 32:40-41; John 10:28-29; Phil 1:6; 1 John 5:18-19; Jude 1:24-25.
<b>Prayer:</b> I doubt whether prayer makes any difference.	God promises that whenever we pray, he will either give us exactly what we ask for, or something even better, whichever will give us the greatest joy in him, and which we probably would not have received if we had not prayed. Meditate on Deut 4:7; Psa 50:15; Psa 116:1; Matt 7:7-11; John 15:7; 2 Cor 12:8-10; 1 Jn 5:14-15; James 5:16-18.
<b>Satan:</b> I fear what Satan might do to me or those I love.	God promises that as you trust Jesus, anything he allows Satan to do has the purpose of bringing you even more joy in Christ, and that through prayer and the word God will give you the grace you need to resist these attacks. Pray Eph 6:16; Matt 12:29; Luke 10:17-20; Rom 8:28-30; 2 Cor 9:8; Phil 4:13; James 4:7; 1 John 5:18-19.
<b>Sickness:</b> I am fearful of sickness, or discouraged by sickness (also see <b>Discouragement</b> ).	God is in loving and wise control over sickness, and promises to heal every believer's sickness either in this life, or in the life to come, whichever will bring us the most joy in him. Earnestly ask God to heal you in Jesus' name, trusting that he will do what will satisfy you the most in him. And pray over Psa 103:3; Matt 8:16-17; Luke 5:12-13; 2 Cor 12:8-10. Maybe ask others to pray for you (Jam 5:14-17).



## A Promise for Every Problem Battle Guide (5.2)

Faith means trusting all that God promises to be to us in Christ Jesus. And in the Bible, there's a promise for every problem.

So whenever we face a problem, we should turn to Jesus, ask for his help, and pray over God's promises and related Scriptures. As we do, in his perfect time, the Holy Spirit will strengthen our faith, change our hearts, and overcome our temptations. Here are some suggestions (see more at [LivingByFaithBlog.com](http://LivingByFaithBlog.com)).

Questions or comments? Email [PastorSteveFuller@gmail.com](mailto:PastorSteveFuller@gmail.com). Thanks!

<b>Sin and Guilt:</b> I have sinned so much I don't think I can be forgiven.	When you trust Jesus, God promises that his death pays for all your guilt, and his righteousness covers all your remaining sin, so God completely forgives you, and commits to passionately love you forever. So confess your sin to him, and pray over these verses until you are assured of his forgiveness and love: 2 Cor 5:21; 1 John 1:9; 1 Sam 12:20-21; Isaiah 53:4-6; Luke 15:11-24; Mark 2:5; Mark 10:45; John 19:30.
<b>Temptation, Lust, and Greed:</b> I am facing temptation that feels overwhelming.	Every temptation promises that sin will satisfy you more than Jesus. Battle this lie by turning to Jesus, asking for his help, and meditating on his word. As you do, in his perfect time, he will give you so much joy in him that temptations lose their power. Pray over Isaiah 55:1-3; Jer 2:12-13; John 8:31-32; 1 Cor 10:13; 2 Cor 9:8; Eph 6:16; 2 Peter 1:3-4.
<b>Tired:</b> I am drained, weary, and exhausted.	God promises that as we cry out to Jesus, and behold the truth of who he is, the Spirit will strengthen and revive us. Pray over Isa 40:29-31, Nehemiah 8:10, Mat 11:28-30, Phil 4:13, Eph 6:10.
<b>Trials, Problems, and Suffering:</b> is there a purpose? Is there a reason? What will God do? (See also <b>Discouragement.</b> )	God promises that he is in complete control over every trial, and that when we pray he will either deliver us from the trial, or strengthen and comfort us in the trial, whichever will bring us the greatest joy in Christ. Pray over Gen 50:20; Psa 119:67,71,75; Isa 41:10,13; Rom 5:3-5; 2 Cor 1:3-4; 2 Cor 4:16-18; 2 Cor 12:3-10; Jam 1:2-4; 1 Peter 4:12-13.
<b>Unbelief and Weak Faith:</b> Will God keep his promises? Will he be faithful? Will he help me?	God promises that as we confess our unbelief, ask for his help, and pray over his word, he will strengthen our faith. Pray over Deut 4:7; Psa 13:1-6; Psa 40:1-3; Isa 49:15-16; Lam 3:22-24; Psa 50:15; Mark 9:24; Rom 10:17; and verses about Jesus like John 1:14.
<b>Wisdom:</b> I need wisdom and guidance.	God promises to give us all the wisdom we need so our decisions bring us the greatest joy in him. Pray over Psa 16:11; Psa 32:8; Isa 30:20-21; Isa 58:11; James 1:5.
<b>Worry, Fear, and Anxiety:</b> I am worried that something bad will happen.	Worry shows that we are trusting something besides Jesus as our joy – something that we fear losing. So confess your unbelief, set your heart back on Jesus, and pray over his promises until he gives you such joy in him that you trust and feel that he is all you need (see John 6:35; Psa 16:11; 73:25-26). Then pray that what you are afraid of, won't happen, and trust that God will answer that prayer in whatever way will bring you the most joy in him (Rom 8:28-30, Gen 50:20, 2 Cor 4:16-18; 2 Cor 12:9-10; James 1:12).

<b>Anger:</b> I am angry at a person or a situation.	Anger rises when something is taken from us which we were seeking for our joy more than Christ. Pray over promises that Jesus is your joy, and that God is sovereign, until you once again see and feel that Christ is infinitely better than what was taken from you, and that God is in loving and just control, so your anger shrinks. Pray Psa 16:11; Heb 10:34; 1 Pet 1:8,13; Gen 50:20; Rom 12:19; John 6:35; John 7:37-38.
<b>Bible:</b> I am not motivated to read it; I don't get anything out of it.	Lack of motivation shows I'm not trusting God's promises about the Bible. So pray over promises like Rom 10:17, Psa 19:7, John 8:31-32, John 15:11 and Rom 15:4. And let Psa 119:18,36, Eph 1:16-18, and 2 Tim 2:7 encourage you that God will help you as you read and think over his word.
<b>Boredom:</b> nothing is exciting me; everything is drab and lifeless.	When we are bored, the problem is that we are trusting something besides Christ to excite us — something which is failing us. So turn to Jesus, confess that you've been looking elsewhere for your joy, ask for his help to change your heart, and pray over Scriptures like Psa 16:11; 43:3-4; Hosea 6:3; Matthew 13:16-17; Luke 24:32; 1 Peter 1:13; 2 Peter 1:3-11; and passages about Jesus and God like Rev 1:9-20; 21:1-4.
<b>Death:</b> I fear death, or dying, or what will happen to those I leave behind.	Pray over the truth that your death is in God's hands (Psa 139:16), he will give you grace for however he chooses to have you die (2 Cor 9:8), when you die you will go to be with Jesus (Luke 23:43), he will raise you from the dead (John 11:25-26), he will take care of those you leave behind (Phil 4:19), and you will have joy in him forever (Psa 16:11).
<b>Disappointment:</b> I am disappointed with something that happened.	Disappointment shows I am trusting something else more than Jesus to satisfy me – something which has failed me. Ask God to comfort you (2 Cor 1:3-4). Set your heart back on Jesus until you are so satisfied in him that you desire nothing else (Psa 73:25-26). Trust that God has planned this trial to bless you with even more joy in him (2Cor 4:17-18).