

Small Group Study Guide, Week of January 26, 2025

Psalm 3: When Your Enemies Rise

Ice Breaker: How much sleep did you “lose” this week? Why?

Dig:

1. For the context of this Psalm, review 2 Samuel ch 15-18. What new facts about Absalom’s betrayal of David did you find? As a result of Absalom’s betrayal, what challenges did David face?

2. In Psalm 3, the meaning of the word “selah”, appearing after vv 2, 4, and 8, is uncertain but may mark the place for a dramatic pause or interlude. Read this Psalm aloud, pausing at each “Selah”, to reflect on what you just read before moving on to the next verse, especially in light of your findings from Question #1. What insights did you gain from this exercise? What solutions does David find to address the challenges he faces?

Apply:

3. When did you last feel abandoned by “friends”? By God? What happened? What help for next time do you find in this Psalm?

4. What “foes” are you facing? From what are you praying for deliverance? How will you know when that prayer is answered?

Adapted from Serendipity Bible (1988), This Morning with God (1978), Search the Scriptures (1978)