

Small Group Study Guide, Week of July 20, 2025

Ephesians 4:17-32; "Speaking the Truth"

Ice Breaker: What "New Year's Resolution" have you been unable to keep?

Dig:

1. From verses 17-19, describe the Gentile surroundings the Ephesian church is situated in.
2. By contrast, in what ways does Paul encourage the Ephesians to live instead? What is the basis for the difference? What principles does Paul want the Ephesians to apply to fulfill his instructions?
3. Specifically in reference to how members of the church are to speak with others, what details does Paul provide? On what basis? How do these details relate to the other behaviors in Paul's list?

Apply:

4. What challenges are you facing right now to live out your Christian values in your surroundings? What lessons from this study can you apply to your current situation?
5. Specifically in reference to your own speech, how are you struggling to live out Paul's instructions? What steps will you take this week?

Adapted from Serendipity Bible (1988), This Morning with God (1978), Search the Scriptures (1978)