Brandon Phillips / General Adult

The King and His Glory / Money; Wealth; Worship; Stress; Anxiety / Matthew 6:25–34

Pre-sermon Comments

Genesis 3:11-13 LSB

¹¹ And He said, "Who told you that you were naked? Have you eaten from the tree of which I commanded you not to eat?" ¹² And the man said, "The woman whom You gave *to be* with me, she gave to me from the tree, and I ate." ¹³ Then Yahweh God said to the woman, "What is this you have done?" And the woman said, "The serpent deceived me, and I ate."

2 Corinthians 13:11-14 LSB

¹¹ Finally, brothers, rejoice, be restored, be comforted, be like-minded, live in peace, and the God of love and peace will be with you. ¹² Greet one another with a holy kiss. ¹³ All the saints greet you. ¹⁴ The grace of the Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with you all.

Introduction to our Text

Ephesians 2:8 LSB

⁸ For by grace you have been saved through faith, and this not of yourselves, *it is* the gift of God;

"My father was a wealthy man. He was a landed proprietor and a banker. I was the eldest son and looked forward to inheriting a large fortune. I was on the point of entering Parliament. I had all things before me till I was twenty-five, <u>but it then pleased God to alter my prospects in life through my father's</u> <u>bankruptcy</u>.... We got up one summer's morning with all the world before us, as usual, and went to bed that evening completely and entirely broke!" ~ JC Ryle "I had two horses which I sold and my uniform, sword, saddlery and accoutrements which old Col. Egerton kindly bought for £100 as a matter of charity." ~ JC Ryle

"I had a firm and deep conviction that all was right, though I could not see it and feel it at the time." ~ JC Ryle

"I have not the least doubt, it was all for the best. If I had not been ruined, I should never have been a clergyman, never have preached a sermon, or written a tract or book." ~ JC Ryle

Discussion Questions

- In the sermon, J.C. Ryle's conversion happened when he heard <u>Ephesians</u> <u>2:8</u>. Why do you think hearing God's Word alone, without further commentary, was enough to open his eyes to the gospel?
- 2. Ryle describes his experiences of loss as being used by God to shape his life. How do you see the grace of God working in situations that might seem like failures or setbacks in your own life?
- 3. Ryle said, "It then pleased God to alter my prospects in life." How does this statement challenge or encourage you when you face unexpected changes in life?
- 4. Ryle's financial collapse and inability to pursue a political career led him to ministry. Can you think of a time when an obstacle in your life led you to an even better situation than you could have dreamed?
- 5. Ryle confessed that even years after his loss, the pain of it lingered, yet he still trusted in God's plan. How do you continue to trust God when past disappointments still cause you pain?
- 6. Reflect on Ryle's statement: "I had a firm and deep conviction that all was right, though I could not see it and feel it at the time." What can we learn from this about trusting God's will in the face of uncertainty?

- 7. Ryle's story relates to Jesus' instruction in <u>Matthew 6:19-34</u>, particularly about not storing treasures on earth and trusting in God's provision. How does Ryle's life exemplify these teachings of Jesus?
- 8. In what areas of your life do you find it difficult to trust God's provision, as Jesus instructs in <u>Matthew 6:19-34</u>? How does Ryle's example help you in this struggle?

Review

Section Outline

In this section (<u>Matthew 6:19-34</u>), Jesus warns His disciples about the dangers of having a wrong view of:

- Excess Material Wealth (Matt 6:19-24) [Prior Sermon]
- Essential Material Wealth (Matt 6:25-34) [Today's Sermon]

The Danger of Excess Material Wealth (Matt 6:19-24)

Only Store Up Heavenly Stockpiles (Matt 6:19-21)

Matthew 6:19-21 LSB

¹⁹ "Do not store up for yourselves treasures on earth, where moth and rust destroy, and where thieves break in and steal. ²⁰ "But store up for yourselves treasures in heaven, where neither moth nor rust destroys, and where thieves do not break in or steal; ²¹ for where your treasure is, there your heart will be also.

Only See through Heavenly Spectacles (Matt 6:22-23)

Matthew 6:22–23 LSB

²² "The eye is the lamp of the body; so then if your eye is clear, your whole body will be full of light. ²³ "But if your eye is bad, your whole body will be full of darkness. If then the light that is in you is darkness, how great is the darkness!

Only Serve One Heavenly Sovereign (Matt 6:24)

Matthew 6:24 LSB

²⁴ "No one can serve two masters; for either he will hate the one and love the other, or he will be devoted to one and despise the other. You cannot serve God and wealth.

Discussion Questions

- 1. What are some examples of "excess material wealth" in today's culture? How do you think society views this kind of wealth?
- 2. How does where we place our "treasure" influence where our heart is? Can you share a time when your focus on earthly or heavenly treasures shaped your priorities?
- 3. Jesus compares the eye to a lamp of the body, either filling us with light or darkness. In what ways do our desires for material wealth "cloud" our spiritual vision?
- 4. How can we maintain a "clear eye" that helps us stay focused on God's kingdom?
- 5. Jesus emphasizes that we cannot serve two masters, specifically God and wealth. Why do you think it's impossible to be fully devoted to both?
- 6. How do we identify areas in our lives where we might be trying to serve two masters? What steps can we take to realign our devotion solely to God?
- 7. In what areas of your life do you feel the tension between serving God and pursuing material wealth or comfort? How can you shift your focus toward serving God more fully?

Sermon Text

Matthew 6:25-34 LSB

²⁵ "For this reason I say to you, do not be worried about your life, *as to* what you will eat or what you will drink; nor for your body, *as to* what you will put on. Is not life more than food, and the body more than clothing?

²⁶ "Look at the birds of the air, that they do not sow, nor reap nor gather into

barns, and *yet* your heavenly Father feeds them. Are you not worth much more than they?

²⁷ "And which of you by worrying can add a single cubit to his life span?

²⁸ "And why are you worried about clothing? Observe how the lilies of the field grow; they do not toil nor do they spin,

²⁹ yet I say to you that not even Solomon in all his glory clothed himself like one of these.

³⁰ "But if God so clothes the grass of the field, which is *alive* today and tomorrow is thrown into the furnace, *will He* not much more *clothe* you? You of little faith!

³¹ "Do not worry then, saying, 'What will we eat?' or 'What will we drink?' or 'What will we wear for clothing?'

³² "For all these things the Gentiles eagerly seek; for your heavenly Father knows that you need all these things.

³³ "But seek first His kingdom and His righteousness, and all these things will be added to you.

³⁴ "So do not worry about tomorrow; for tomorrow will worry about itself. Each day has enough trouble of its own.

Proposition and Outline

In <u>Matthew 25:25-34</u>, our Lord gives <u>four unambiguous explanations</u> for why we must not worry as disciples of Christ. You must not worry because you have an:

- Unquestionable Future (<u>Matt 6:34</u>)
- Unselfish Master (Matt 6:25)

- Unchangeable Father (Matt 6:26-30)
- Unassailable Faith (Matt 6:31-33)

You Have An Unselfish Master (Matt 6:25)

Matthew 6:25 LSB

²⁵ <u>"For this reason I say to you, do not be worried about your life</u>, *as to* what you will eat or what you will drink; nor for your body, *as to* what you will put on. Is not life more than food, and the body more than clothing?

For this reason

Mark 12:41-42 LSB

⁴¹ And He sat down opposite the treasury, and *began* observing how the crowd was putting money into the treasury; and many rich people were putting in large sums. ⁴² And a poor widow came and put in two lepta, which amount to a quadrans.

Mark 12:43-44 LSB

⁴³ And calling His disciples to Him, He said to them, <u>"Truly I say to you, this poor</u> widow put in more than all those putting *money* into the treasury; ⁴⁴ for they all put in out of their surplus, but she, out of her poverty, put in all she owned, all she had to live on.<u>"</u>

Mark 13:1 LSB

¹ And as He was going out of the temple, one of His disciples said to Him, "Teacher, behold what wonderful stones and what wonderful buildings!"

The rich are tempted to become self-satisfied in the false security of their riches, and the poor are tempted to worry and fear in the false insecurity of their poverty. ~ John MacArthur

Whether men are wealthy or poor—or somewhere in between—their attitude toward material possessions is one of the most reliable marks of their spiritual condition. ~ John MacArthur

Ephesians 1:20 LSB

²⁰ which He worked in Christ, by raising Him from the dead and seating Him at His right hand in the heavenly *places*,

Ephesians 2:6 LSB

⁶ and raised us up with Him, and seated us with Him in the heavenly *places* in Christ Jesus,

Philippians 1:21–24 LSB

²¹ For to me, to live is Christ and to die is gain. ²² But if *I am* to live *on* in the flesh, this *will mean* fruitful labor for me; and I do not know what I will choose. ²³ But I am hard-pressed between the two, having the desire to depart and be with Christ, for *that* is very much better, ²⁴ yet to remain on in the flesh is more necessary for your sake.

Philippians 4:11-13 LSB

¹¹ Not that I speak from want, for I learned to be content in whatever circumstances I am. ¹² I know how to get along with humble means, and I also know how to live in abundance; in any and all things I have learned the secret of being filled and going hungry, both of having abundance and suffering need. ¹³ I can do all things through Him who strengthens me.

Do not worry about your life

Matthew 6:25 LSB

²⁵ "For this reason I say to you, <u>do not be worried about your life</u>, *as to* what you will eat or what you will drink; nor for your body, *as to* what you will put on. Is not life more than food, and the body more than clothing?

Worry divides us and clouds our vision

Matthew 6:25 ESV

²⁵ "Therefore I tell you, do not be <u>anxious</u> about your life, what you will eat or what you will drink, nor about your body, what you will put on. Is not life more than food, and the body more than clothing?

Matthew 6:25 KJV 1900

²⁵ Therefore I say unto you, <u>Take no thought for your life</u>, what ye shall eat, or what ye shall drink; nor yet for your body, what ye shall put on. Is not the life more than meat, and the body than raiment?

It is a mind which is divided into sections and compartments, and which is not functioning as a whole. We cannot do better therefore than say that it is not 'a single eye'. There is a kind of double vision, a looking in two directions at one and the same time, and therefore not really seeing anything. That is what it means to be anxious, to be worried, to be 'taking thought' in this sense. ~ Martyn Lloyd Jones

Worry always blocks contentment.

Philippians 4:11 LSB

¹¹ Not that I speak from want, for I learned to be content in whatever circumstances I am.

God is the source of life

Matthew 6:25 LSB

²⁵ "For this reason I say to you, do not be worried about <u>your life</u>, *as to* what you will eat or what you will drink; nor for your body, *as to* what you will put on. Is not life more than food, and the body more than clothing?

Acts 17:28 LSB

²⁸ for in Him we live and move and exist, as even some of your own poets have said, 'For we also are His offspring.'

Daniel 5:23 LSB

²³ but you have raised yourself up against the Lord of heaven; and they have brought the vessels of His house before you, and you and your nobles, your wives and your concubines have been drinking wine from them; and you have praised the gods of silver and gold, of bronze, iron, wood and stone, which do not see, hear, or know. <u>But the God in whose hand are your life-breath and all</u> <u>your ways, you have not honored.</u>

Job 12:10 LSB

¹⁰ In whose hand is the life of every living thing, And the breath of all the flesh of man?

Psalm 145:15 LSB

¹⁵ The eyes of all wait on You, And You give them their food in due time.

Isaiah 41:10 LSB

¹⁰ '<u>Do not fear, for I am with you; Do not anxiously look about you, for I am your</u> <u>God.</u> I will make you mighty, surely I will help you; Surely I will uphold you with My righteous right hand.'

1 John 4:18 LSB

¹⁸ <u>There is no fear in love; but perfect love casts out fear</u>, because fear involves punishment, and the one who fears is not perfected in love.

God owns and controls everything

Genesis 1:1 LSB

¹ In the beginning God created the heavens and the earth.

1 Chronicles 29:12 LSB

¹² "Both riches and honor *come* from You, and You rule over all, and in Your hand is power and might; and it lies in Your hand to make great and to strengthen everyone.

2 Chronicles 20:5-6 LSB

⁵ Then Jehoshaphat stood in the assembly of Judah and Jerusalem, in the house of Yahweh before the new court, ⁶ and he said, <u>"O Yahweh, the God of our</u> <u>fathers, are You not God in the heavens? And are You not ruler over all the</u> <u>kingdoms of the nations? Power and might are in Your hand so that no one can</u> <u>take their stand against You.</u>

Psalm 89:11 LSB

¹¹ The heavens are Yours, the earth also is Yours; The world and its fullness, You have founded them.

God is our Provider

Genesis 22:2 LSB

² Then He said, "Take now your son, your only one, whom you love, Isaac, and go forth to the land of Moriah, and offer him there as a burnt offering on one of the mountains of which I will tell you."

Genesis 22:7 LSB

⁷ Then Isaac spoke to Abraham his father and said, "My father!" And he said, "Here I am, my son." And he said, "<u>Behold, the fire and the wood, but where is</u> <u>the lamb for the burnt offering?"</u>

Genesis 22:8 LSB

⁸ And Abraham said, <u>"God will provide for Himself the lamb for the burnt</u> <u>offering, my son</u>." So the two of them walked on together.

James 1:17 LSB

¹⁷ Every good thing given and every perfect gift is from above, coming down from the Father of lights, with whom there is no variation or shifting shadow.

Psalm 145:15 LSB

¹⁵ The eyes of all wait on You, And You give them their food in due time.

God will provide our most basic needs

Matthew 6:25 LSB

²⁵ "For this reason I say to you, do not be worried about your life, <u>as to what you</u> <u>will eat or what you will drink; nor for your body, as to what you will put on.</u> Is not life more than food, and the body more than clothing?

Matthew 6:25 LSB

²⁵ "For this reason I say to you, do not be worried about your life, *as to* what you will eat or what you will drink; nor for your body, *as to* what you will put on. <u>Is</u> not life more than food, and the body more than clothing?

Proverbs 23:2 LSB

² So you should put a knife to your throat If you are a man of appetite.

"How should we view the physical body as Christians"?

1 Timothy 4:7-8 LSB

⁷ But refuse godless myths fit only for old women. <u>On the other hand, train</u> yourself for the purpose of godliness, ⁸ for bodily training is only of little profit, but godliness is profitable for all things, since it holds promise for the present life and *also* for the *life* to come.

Romans 12:1–2 LSB

¹ Therefore I exhort you, brothers, by the mercies of God, <u>to present your bodies</u> <u>as a sacrifice—living, holy, and pleasing to God</u>, which is your spiritual service of worship. ² And do not be conformed to this world, but be transformed by the renewing of your mind, so that you may approve what the will of God is, that which is good and pleasing and perfect.

1 Corinthians 9:27 LSB

²⁷ but I discipline my body and make it my slave, so that, after I have preached to others, I myself will not be disqualified.

Discussion Questions

- 1. In <u>Matthew 6:25</u>, Jesus tells His disciples not to worry about their life. What does this tell us about the nature of God's care for us?
- 2. Jesus says, "Is not life more than food, and the body more than clothing?" What do you think Jesus means by this statement? How does this change our perspective on material needs?
- 3. Pastor Brandon highlighted how both the rich and the poor can be tempted by wealth—either through self-satisfaction or insecurity. How can we guard our hearts against these temptations?
- 4. How can focusing on God's kingdom (<u>Matthew 6:33</u>) help us combat worry and anxiety about material needs in our daily lives?
- 5. Pastor Brandon mentions that worry "divides us and clouds our vision." In what ways has worry or anxiety distracted you from fully trusting God? What practical steps can you take to refocus on Him?
- 6. Paul, in <u>Philippians 4:11-13</u>, speaks of being content in all circumstances. How can we develop a heart of contentment, regardless of our financial situation or material possessions?

You Have An Unchangeable Father (Matt 6:26-30)

Matthew 6:26 LSB

²⁶ "Look at the birds of the air, that they do not sow, nor reap nor gather into barns, and *yet* your heavenly Father feeds them. Are you not worth much more than they?

The birds do not worry about food

Genesis 1:20 LSB

²⁰ Then God said, "Let the waters swarm with swarms of living creatures, and let birds fly above the earth across the face of the expanse of the heavens."

Matthew 6:26 LSB

²⁶ "Look at the birds of the air, that they do not sow, nor reap nor gather into barns, and *yet* your heavenly Father feeds them. Are you not worth much more than they?

Worrying will not add even a millisecond to your life!

Matthew 6:27 LSB

²⁷ "And which of you by worrying can add a single cubit to his life span?

Psalm 139:16 LSB

¹⁶ Your eyes have seen my unshaped substance; And <u>in Your book all of them</u> were written The days that were formed *for me*, When as yet there was not one <u>of them.</u>

Matthew 6:27 KJV 1900

²⁷ Which of you by taking thought can add one cubit unto his stature?

Why are you worried about clothing?

Matthew 6:28-30 LSB

²⁸ "And why are you worried about clothing? Observe how the lilies of the field grow; they do not toil nor do they spin, ²⁹ yet I say to you that not even Solomon in all his glory clothed himself like one of these. ³⁰ "But if God so clothes the grass of the field, which is *alive* today and tomorrow is thrown into the furnace, *will He* not much more *clothe* you? You of little faith!

Matthew 6:30 LSB

³⁰ <u>"But if God so clothes the grass of the field, which is *alive* today and tomorrow is thrown into the furnace, *will He* not much more *clothe* you? You of little faith!</u>

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Ye of little faith!

Matthew 8:26 LSB

²⁶ And He said to them, "Why are you *so* cowardly, you men of little faith?" Then He got up and rebuked the winds and the sea, and it became perfectly calm.

Matthew 14:31 LSB

³¹ And immediately Jesus stretched out His hand and took hold of him, and said to him, "You of little faith, why did you doubt?"

Luke 12:28 LSB

²⁸ "But if God so clothes the grass in the field, which is *alive* today and tomorrow is thrown into the furnace, how much more *will He clothe* you? You of little faith!

Matthew 16:5 LSB

⁵ And coming to the other side *of the sea*, the disciples had forgotten to bring bread.

Matthew 16:8 LSB

⁸ But Jesus, aware of this, said, "You men of little faith, why do you discuss among yourselves that you have no bread?

Matthew 16:9–10 LSB

⁹ "Do you not yet understand or remember the five loaves of the five thousand, and how many baskets *full* you picked up? ¹⁰ "Or the seven loaves of the four thousand, and how many *large* baskets *full* you picked up?

James 1:17 LSB

¹⁷ Every good thing given and every perfect gift is from above, coming down from the <u>Father of lights, with whom there is no variation or shifting shadow.</u>

Discussion Questions

- 1. In what ways does this passage reveal God's character as a provider? How does it emphasize His care for His creation?
- 2. Jesus ends <u>Matthew 6:30</u> with "You of little faith!" Why do you think faith is central to the message of trusting in God's provision? What does this statement imply about the disciples' hearts, and how does it challenge us?

- 3. How does <u>Psalm 139:16</u> and <u>James 1:17</u> tie into the idea of God's unchangeable provision and His sovereignty over our lives?
- 4. How can reflecting on God's care for the birds and lilies help you overcome anxiety about your own needs?
- 5. Consider areas in your life where you are tempted to worry about your future or your daily needs. What steps can you take to trust more fully in God's provision?
- 6. When have you experienced God's faithfulness in providing for your needs in unexpected ways? How can you encourage others with your story?
- 7. In what specific ways does this sermon challenge your view of worrying? How does Jesus' teaching in this passage speak to your personal struggles with anxiety or control?
- 8. Jesus calls His followers to trust God, even when circumstances seem uncertain. How might you cultivate deeper trust in God during difficult seasons?
- 9. What role does gratitude play in trusting God as our provider? How can you develop a daily habit of recognizing and thanking God for His provision?

You Have An Unassailable Faith (<u>Matt 6:31-33</u>)

Matthew 6:31 LSB

³¹ "Do not worry then, saying, 'What will we eat?' or 'What will we drink?' or 'What will we wear for clothing?'

Matthew 6:32 LSB

³² "For all these things the Gentiles eagerly seek; for your heavenly Father knows that you need all these things.

We commit sin when we worry. We do not trust God when we worry. We do not receive answers to prayer when we worry, because we are not trusting. ~ James Montgomery Boice It is not only wrong to worry, it is infidelity, because worrying means that we do not think that God can look after the practical details of our lives, and it is never anything else that worries us. ~ Oswald Chambers (Lecturer and Missionary)

Philippians 4:6-7 LSB

⁶ Be anxious for nothing, but in everything by prayer and petition with thanksgiving let your requests be made known to God. ⁷ And the peace of God, which surpasses all comprehension, will guard your hearts and your minds in Christ Jesus.

Matthew 6:33 LSB

³³ "But seek first His kingdom and His righteousness, and all these things will be added to you.

Acts 20:24 LSB

²⁴ "But I do not make my life of any account nor dear to myself, so that I may finish my course and the ministry which I received from the Lord Jesus, to testify solemnly of the gospel of the grace of God.

Colossians 3:2-3 LSB

² Set your mind on the things above, not on the things that are on earth. ³ For you died and your life has been hidden with Christ in God.

Titus 2:13 LSB

¹³ looking for the blessed hope and the appearing of the glory of our great God and Savior, Jesus Christ,

Discussion Questions

- 1. <u>Matthew 6:31</u> repeats Jesus' earlier teaching. Why do you think Jesus emphasizes repetition when addressing worry? How does it help us confront our struggles with anxiety?
- 2. Jesus contrasts the mindset of believers and unbelievers in <u>Matthew 6:32</u>. In what ways do we, as Christians, sometimes resemble the "Gentiles" or unbelievers when it comes to worrying about practical needs? How can we shift our mindset?

- 3. In <u>Philippians 4:6-7</u>, Paul instructs believers to "be anxious for nothing." What practical steps can we take to surrender our anxieties to God in prayer? What role does gratitude play in overcoming worry?
- 4. <u>Matthew 6:33</u> calls us to seek first God's kingdom and righteousness. What does this look like in everyday life? How can we practically pursue His kingdom over worldly concerns?
- 5. How does seeking God's kingdom transform our view of our personal ambitions, goals, and material needs?

Unquestionable Future (Matt 6:34)

Matthew 6:34 LSB

³⁴ "So do not worry about tomorrow; for tomorrow will worry about itself. Each day has enough trouble of its own.

Hebrews 13:8 LSB

⁸ Jesus Christ *is* the same yesterday and today and forever.

I know not what the future holds, but I know who holds the future! ~ Homer

Prayer is the Christian's antidote for anxiety. ~ James Montgomery Boice

Discussion Questions

- 1. **Pastor Brandon mentions that "the Lord is with us in all these things nothing catches Him by surprise."** How does this truth about God's sovereignty help you trust Him more with your daily struggles?
- 2. **As believers, we know that God has decreed the future.** How does this belief change the way you think about future uncertainties such as your health, finances, or personal goals?
- 3. <u>Matthew 6:34</u> says, "Do not worry about tomorrow." What are some specific ways you struggle with worrying about the future? How does knowing that tomorrow is in the Lord's hands bring you comfort?

- 4. Jesus says, "Each day has enough trouble of its own." What are some present challenges you face today? How does this verse encourage you to focus on today rather than worrying about what may happen tomorrow?
- 5. **Pastor Brandon mentions that "the Lord is with us in all these things nothing catches Him by surprise."** How does this truth about God's sovereignty help you trust Him more with your daily struggles?
- 6. <u>Hebrews 13:8</u> says, "Jesus Christ is the same yesterday and today and forever." How does Christ's unchanging nature strengthen your confidence in facing both today's troubles and tomorrow's uncertainties?
- 7. **Pastor Brandon highlights how the world worries about things like the economy, retirement, and health.** In what ways do you see this worry play out in your own life or in the lives of those around you? How can you set an example of faith in God's provision?
- 8. **Pastor Brandon quotes Homer: "I know not what the future holds, but I know who holds the future."** How can you practically live out this truth in your daily life, especially in areas where you are prone to anxiety?

The Lord's table:

1 Corinthians 11:27 LSB

²⁷ Therefore whoever eats the bread or drinks the cup of the Lord in an unworthy manner, shall be guilty of the body and the blood of the Lord.

1 Corinthians 11:23-30 LSB

²³ For I received from the Lord that which I also delivered to you, that the Lord Jesus in the night in which He was being betrayed took bread, ²⁴ and when He had given thanks, He broke it and said, "This is My body, which is for you. Do this in remembrance of Me." ²⁵ In the same way *He took* the cup also after supper, saying, "This cup is the new covenant in My blood; do this, as often as you drink *it*, in remembrance of Me." ²⁶ For as often as you eat this bread and drink the cup, you proclaim the death of the Lord until He comes. ²⁷ Therefore whoever eats the bread or drinks the cup of the Lord. ²⁸ But a man must test himself, and

in so doing he is to eat of the bread and drink of the cup. ²⁹ For he who eats and drinks, eats and drinks judgment to himself if he does not judge the body rightly. ³⁰ For this reason many among you are weak and sick, and a number sleep.

Discussion Questions

The Gospel

<u>God</u>

Created and owns everything

<u>Gen 1:1</u>—In the beginning God created the Heavens and the Earth

<u>Psalm 24:1</u>—The earth is the Lord's, and all it contains, the world and those who dwell in it.

Is Perfectly Holy

<u>1 John 1:5</u>—This is the message we heard from Him and announce to you that God is light and in Him there is no darkness at all.

<u>Matt 5:48</u>—Therefore you are to be perfect as your heavenly Father is perfect.

Requires perfect obedience to His Law

<u>James 2:10</u>—for whoever keeps the whole law and yet stumbles in one point, he has become guilty of all.

<u>Man</u>

Has broken God's law

<u>Rom 3:10,23</u>—there is none righteous, not even one...for all have sinned and fall short of the glory of God

Will pay the eternal penalty for his sin

<u>Rom. 6:23</u>—For the wages of sin is death, but the free gift of God is eternal life in Christ Jesus our Lord

Cannot save himself by his good works

<u>Titus 3:5</u>—He saved us not based on works which we have done in righteousness, but according to His mercy, by the washing of regeneration and renewing by the Holy Spirit.

<u>Christ</u>

Came to earth both as God and sinless man

<u>Col 2:9</u>—For in Him the fullness of deity dwells in bodily form

Demonstrated God's love by dying on the cross to pay sin's penalty

<u>Rom 5:8</u>—But God demonstrated His own love toward us, in that while we were yet sinners, Christ died for us

<u>2 Cor 5:21</u>—He made Him who knew no sin to be sin on our behalf so that we might become the righteousness of God in Him.

Rose from the grave and is alive today

<u>1 Cor 15:4</u>—And that He was buried, and that He was raised on the third day according to the Scriptures

<u>Sinners</u>

Must repent of all that dishonors God

<u>Is</u>a <u>55:7</u>—Let the wicked forsake his way and the unrighteous man his thoughts; and let him return to the Lord, and He will have compassion on him and to our God, for He will abundantly pardon.

<u>Luke 9:23</u>—if anyone wishes to come after Me, he must deny himself, and take us his cross daily and follow Me.

Must believe in Christ as Lord and Savior

<u>Rom 10:9</u>—that if you confess with your mouth Jesus as Lord and believe in your heart that God raised Him from the dead, you shall be saved.

Will you repent and believe in Christ?

A<u>cts 17:30</u>—therefore having overlooked the times of ignorance God is declaring to men that all everywhere should repent.

Don't hesitate to contact Pastor Brandon or Pastor Keith if you have any questions about this sermon or if you would like to know how to follow Christ.

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Additional Quotes

Either worrying drives out prayer, or prayer drives out worrying. ~ **D. A. Carson**

Worry has an active imagination. ~ David Martyn Lloyd-Jones (Welsh Preacher and Writer)

It is not work that kills men. It is worry. Work is healthy.... Worry rusts upon the blade. ~ Henry Ward Beecher (Congregational Clergyman)

The essence of worry ... is the absence of thought, a failure to think. ~ **David** Martyn Lloyd-Jones (Welsh Preacher and Writer)

Much that worries us beforehand can afterwards, quite unexpectedly, have a happy and simple solution. Worries just don't matter. Things really are in a better hand than ours. ~ **Dietrich Bonhoeffer (Lutheran Pastor)**

Pray, and let God worry. ~ Martin Luther (Founder of the German Reformation); Matt Chandler; Jared C. Wilson

Worry is an indication that we think God cannot look after us. ~ **Oswald Chambers (Lecturer and Missionary)**

Worry over poverty is as fatal to spiritual fruitfulness as is gloating over wealth. ~ **Arthur Walkington Pink**

All our fret and worry is caused by calculating without God. ~ **Oswald Chambers (Lecturer and Missionary)**

To me, faith means not worrying. ~ John Dewey

What is prohibited is worry, not work. Even the birds have to spend a lot of energy in hunting or searching for their food, but the point is that it is there to be found. ~ **R. T. France**

We must understand that the only ones who prepare themselves for prayer adequately are those who are so impressed with God's majesty that they can be free from all earthly worries and affections. ~ **John Calvin (French Reformer)**

What comes from the Lord because it is impossible for humans to manufacture it? Wisdom. What comes from humans because it is impossible for the Lord to experience it? Worry. And what is it that brings wisdom and dispels worry? Worship. ~ **Chuck Swindoll**

When you worry you are saying in effect, "God, I just don't think I can trust You." Worry strikes a blow at the person and character of God. ~ **John F. MacArthur**

The tense in the Greek text is properly translated, "Stop worrying." The tense in verse 31 is different, however, and means, "Don't start worrying." Thus Jesus brackets our passage with this meaning: If you are worrying, quit; if you haven't started, don't. ~ **John F. MacArthur**

You need a few splinters in your thumb. They may help you forget the worries in your head. ~ **Chuck Swindoll**

When worry is present, trust cannot crowd its way in. ~ Billy Graham

Worry reveals that we are mastered by our circumstances and by our own finite perspective and understanding rather than God's Word. Worry is therefore not only debilitating and destructive but also maligns and impugns God. ~ **John F. MacArthur**

When you worry about such things not only are you like the pagans but you dishonor God as well. He is fully aware of your needs. Worry is practical atheism and an affront to God. ~ **Robert H. Mounce**

Most people become miserly in their giving because they worry that they will not have enough for themselves. ~ **David E. Garland**

Don't worry about *anything*, but pray about *everything*!" ~ Warren W. Wiersbe

Good morning, theologians! You wake and sing. But I, old fool, know less than you and worry over everything, instead of simply trusting in the heavenly Father's care. ~ **Martin Luther (Founder of the German Reformation)**

Jesus gives us, His children, three reasons for not worrying about this life: It is unnecessary because of our Father, it is uncharacteristic because of our faith, and it is unwise because of our future. ~ **John F. MacArthur**

You cannot serve God and worry too. ~ James Montgomery Boice

I feel and grieve, but, by the grace of God, I fret at nothing. ~ **John Wesley** (Founder of the Methodist Movement)

Worry and worship are mutually exclusive. ~ John Blanchard

"If you're worrying, you're not trusting; and if you're trusting, you're not worrying." ~ **James Montgomery Boice**

Anxiety does not empty tomorrow of its sorrow—only today of its strength. ~ **Charles Spurgeon**

It is anxiety that robs us of our joy. And what is anxiety but fear? Fear is the enemy of joy. It is hard to be joyful when we are afraid. ~ **R. C. Sproul**

The beginning of anxiety is the end of faith, and the beginning of faith is the end of anxiety. ~ **George Mueller**

We walk by faith, not by sight.

2 CORINTHIANS 5:7

The beginning of anxiety is the end of faith, and the beginning of true faith is the end of anxiety. ~ **George Mueller**

Therefore casting *all your anxieties* on him is the path to humility, freeing a person from constant concern for himself and enabling him or her truly to be concerned for the needs of others. ~ **Wayne Grudem**

Proper humility is attained by 'casting all your anxieties on him, for he cares about you'. ~ **Wayne Grudem**

280 If your concept of God is right and you see Him as Owner, Controller, and Provider, and beyond that as your loving Father, then you know you have nothing to worry about. ~ **John F. MacArthur**

Giving our anxiety to God makes eminent sense "because he cares for you." God is not indifferent, nor is he cruel. He has compassion on his children and will sustain them in every distress. ~ **Thomas Schreiner**

Anxiety is a sin also because it is a lack of acceptance of God's providence in our lives. ~ **Jerry Bridges**

For Christians of every age, anxiety is incompatible with a lifestyle focused on God's kingdom. Indeed, anxiety and worry need not govern the disciple who has known the grace of the kingdom. ~ **Donald A. Hagner**

"Cast all your anxieties on Him, for He cares about you." It does *not* say, you will never feel any anxieties. It says, when you have them, cast them on God. ~ **John Piper**

The Lord is issuing a cease-and-desist order against anxiety based upon the sovereign care of a loving and omnipotent God. ~ **John F. MacArthur**

The labor must be present, but the burdensome and troublesome anxieties must not. One must tire his body with labor, but one's heart must be free of anxiety and be content with what is in the present. ~ Martin Luther (Founder of the German Reformation)

More likely Paul intends that God's peace "totally transcends the merely human, unbelieving mind," which is full of anxiety because it cannot think higher than itself. ~ **Gordon Fee**