Sep 6, 2026

Grace Group Discussion Guide

“What does your heart want?”
Psalm 73
Jeremy Vuolo

Questions

Big Idea: Finding our pleasure in God protects us from the temptations and fleeting pleasures of this world.

The Pull of the World

1. What does your heart want? What are the “Sirens” in your life? What worldly pleasures or desires have the strongest pull on your heart?
2. What are some warning signs you are beginning to think like the world rather than according to God’s truth?
3. Where does “experiential theology” creep into your thinking? In other words, when are you tempted to let your circumstances, feelings, or experiences determine what you believe about God rather than letting God’s Word shape your thinking?

The Battle for Your Heart

4. What battle are you currently fighting in your heart? How are you strategizing or responding to it? Are you primarily fighting against God’s will or against the sin and desires that are pulling you away from God?
5. How can you “turn up the volume” of the song of the pleasures of Christ? What practices, relationships, or habits help you see and enjoy the surpassing value of knowing Him?
6. What do you love most about Christ? What makes Him better than the things this world promises to give you? Read Hebrews 12:1–3. How does fixing our eyes on Christ help us resist the competing pleasures of this world?

Rediscovering the Value of God

7. Read Psalm 73:16-17. What difference did entering the sanctuary make in Asaph’s perspective? How can you make it a priority to get to church? Why should you go about this? How could you encourage those around you of its value?
8. How can you make gathering with the church a greater priority in your life? Why is it worth prioritizing? How could you encourage others to see the value of being faithfully involved with God’s people?

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What Does Your Heart Want?

9. Read Psalm 73:23-28. What do these verses reveal about what Asaph ultimately valued?
10. If someone could examine your time, attention, money, and thoughts, what would they conclude is most valuable to you? Would their conclusion match what you say you value?
11. What is one worldly pleasure or desire you need to turn away from, and what is one way you can intentionally cultivate greater delight in Christ this week?

Memory Verse:

Psalm 73:25, 26

Missions Prayer Requests – Stepanian Family

1. Please pray for revival in East Africa! Pray that God would pour out his Spirit and that many souls would come to Christ and be saved!
2. Please pray for our local church to be strengthened in knowledge of the Word, in wisdom, in practicing the one-another's, and by the addition of more qualified Elders.
3. Please pray for our hearts as we grieve the loss of Nina and Jack; and for faithfulness at home as we continue to train and teach, discipline and disciple the 10 kids around our table.
4. Please pray for the remainder of 2026 - That John Paul and Sarah would reengage the life of the ministry, our personal responsibilities, and all the opportunities for loving and serving and teaching and leading that the Lord gives to us as we finish out this year. And also for the youth conference in Karuma in December: for faithful and fruitful ministry.