Oct 11, 2026

Grace Group Discussion Guide

“Onesiphorus: The Spiritual Hero You've Never Heard Of”
2 Timothy 1:15–18
James Prendergast

Big Idea: To remain steadfast in unashamed witness, we must recognize and remove the cowardly, while inspecting and imitating the courageous.

Questions

Watch Out! An Example to Avoid (1:15)

Falling Away

1. Paul experienced the painful reality of people turning away from him. Have you known someone who professed Christ that “fell away” (walked away from the faith)? How did it make you feel? How did you respond?

2. How should we respond biblically when someone appears to be walking away from the faith? How can we combine genuine concern, loving confrontation, and continued prayer?

3. In what way does the example of those who abandon their conviction challenge us to examine the strength of our own commitment to Christ?

People Pleasing

4. When and how are the tentacles of people-pleasing wrapping around your heart? Whose approval are you most tempted to seek and how does this compete with your desire to please Christ?

5. What negative effect can “people-pleasing” have on evangelism as you seek to love people with the gospel?

6. How can social media, smart phones, sports, or other interests become ways of seeking people’s approval rather than honoring the Lord?

7. What steps can you take to battle against prioritizing people-pleasing this week?

Focus In! An Example to Imitate - *Intentional Investment (1:16a)*

8. What does it mean to be a “refreshing Christian’? What qualities or actions would make a believer refreshing to others?

9. Would your closest friends describe you as having a refreshing influence on them?

10. What is stopping you from being “refreshing” to those around you? What attitudes or habits can prevent us from noticing and meeting the needs of others?

11. Who is one person you can intentionally encourage and refresh this week? What might be a practical way you could refresh them?

Focus In! An Example to Imitate - *Courageous Companionship (1:16b-17)*

12. Onesiphorus was a loyal/courageous companion to the Apostle Paul. Would your friends describe you as courageous and loyal?
13. Can you think of any of your friends that are in need of a “courageous companion” this week? How could you come alongside that person in a tangible way?
14. What would it look like for you to demonstrate greater courage and loyalty to Christ and his people this week, even if it costs you something?

Focus In! An Example to Imitate - *Steadfast Service (1:18)*

15. What evidence in your life demonstrates that serving Christ and his people is a priority?
16. Is your life marked by service to the Lord? If not, what are you marked by? What’s holding you back?
17. How can you use the time, abilities, resources, or relationships God has given you to serve others more intentionally?
18. Imagine your life being summarized at a funeral service. How do you want to be remembered as to your faithfulness to Christ and your service to his people?
19. What is one concrete act of service you will commit to this week?

Memory Verse: Philippians 1:18

Missions Prayer Requests – Seehusen Family

1. Please pray for the Nadi Fellowship, Michael and Jordan’s church family, that the Lord would continue to use his Word to save, mature, and convict individuals in their young church plant.
2. Please pray for wisdom for the Seehusens in how to engage in ministry opportunities and what to say yes to and what to lovingly say no to as various needs continue to come their way.
3. Please pray for faithfulness on the mission field to continue to rely on the strength of God alone and his provisions to provide perseverance, patience, and fruit in the ministry in Fiji.
4. Please pray for the Seehusens as a family as they seek to honor God and be an example for Christ in their marriage and parenting. Pray also for their three children Taj (11), Tori (8), and Kai (4), that they would grow up to fear the Lord and cultivate more friendships and fellowship with other children in Fiji.