

Community group

CONVERSATION GUIDE

Sermon title: *Persevere Through Christ-Sufficiency
With One Another*

Date & Who spoke: 3/30 Matt Eldredge

Introduction: *More. More attention, more control, more security, more comfort, more... The steady drumbeat of “more” in our culture is front and center of our decision-making and often driving motivators in our hearts. It’s then jarring to read Paul’s claim that he has “found the secret to being content in any and every situation”. How could it be possible to actually be satisfied? Only through the strength Christ provides.*

PASSAGES

These passages were included in Sunday’s sermon. Before reading, pray together that God would help you recall the message and that the Holy Spirit would speak to us through God’s word.

Philippians 4:10-13

Genesis 3:5-7

Colossians 2:6-10

John 4:13

Matthew 5:6

QUESTIONS

1. Where have you felt the steady increase of “more” in your life?
2. Where do you find yourself trying to find contentment through your own efforts and not through Christ’s strength?
3. What is the heart and purpose behind fasting?
4. Matt talked about saying no to a pleasure, comfort, or coping mechanism, to shift our focus to Jesus as we feel ourselves longing for what we’ve given up. What is something in your life that would be challenging to give up in this way?

PRACTICE

*As we walk through the season of Lent with the anticipation of Jesus’ resurrection, we are taking time each week to center our hearts around one of the three pillars of the Lenten season:
Prayer, Fasting, and Generosity*

*Sunday Matt gave us the practice of fasting. In the weeks leading up to Easter, you could either give up something, and as you find yourself desiring it shift your attention to Jesus, or this week choose a 24-hour traditional food fast, as you seek to
“Starve the flesh to feast on the Spirit”.*

PRAYER

Easter is often a time when we celebrate the good news that we’ve received through Jesus, but it can also be a time when we are more aware of our friends or family who haven’t responded to Jesus yet.

As a group share about a person or people in your life that you long for them to know Jesus. Pray that opportunities to point them to Jesus would open.