

Heart for Winter Haven | Quarter In Review | May 2021

863.291.6270 | heart4wh.org

The Beatty Beat

BRAD BEATTY, EXECUTIVE DIRECTOR

Heart for Winter Haven builds community using "living stones" (you and me) to express God's kingdom. We are masons and carpenters, but He is the Master Builder. To express His love, God told us to remember Him, a task that involves all of us. Recently, our Mission Increase coach, Chuck, said this about our work, "At H4WH, your fruit grows on other people's trees." Wowpraise God!

We are excited to invite you to celebrate the official ribbon cutting and grand opening event at the Scholarship House, taking place June 3rd. The House opened in March of last year to provide a new home for local area

Inside this special update:

The Beatty Beat / The Heart Place - Page 1

JfL Central County Jail Graduates - Page 1

The Center for Well-Being - Page 2-3

Golf Tournament Recap- Page 4

Annual Vision Banquet - Page 4

Upcoming Events / Ways to Help - Page 4

college students experiencing homelessness. This was truly a <u>community</u> building project that we hope to see more often in the future. We will have a Drop-In Open House from 9-11am, and you can meet Raymond, our first resident at the Scholarship House and new PSC graduate/ Florida Southern bound student. See you there! ♥

THE HEART PLACE

Join us Monday nights from 6-7:30pm for THE HEART PLACE, a community of people looking for real people to share with and learn from. Meet with community and business leaders, counselors, teachers and others in this struggle of life. Find the support you need for the challenges we all face. For more information, contact Jim Adkins at 863.258.5592 (mobile) or jim@heart4wh.org.



JfL Central County Jail Graduation

On May 4th, our second women's class at Central County Jail celebrated its graduates! Ashley, Barbara, Janell, Charity, Shannon and Lauren donned caps and gowns, and participated in a powerful time of encouragement and celebration. Three graduates spoke at the ceremony, as well as Brad Beatty (H4WH), Jenni Wilson (City Victorious) and James Arnold (Living Word of Faith). We are so excited to see what God has in store for these amazing women! Our special thanks to the Polk County Sheriff's Department, as well as the Spring 2021 CCJ Leadership Team, Champions and Instructors: Kim Lawrance, Retha Griner, Hannah Cruz, Lauren Elijah, James Arnold, Mr. and Mrs. Grant, LaSheila Stancil, Bee Gallison and Joanne Torres.



The Center for Well-Being

Welcome to The Center for Well-Being

BARBIE SIERRA, OFFICE ADMINISTRATOR

Well-being has a reflective quality. It shows when our "true image" is benefitting from the work of restoration in our lives. Yet, it is not just an individual measure of growth, it has a community aspect. The body, mind, and spirit's growth seems to benefit the most through connection in meaningful relationship (community). Spiritual poverty breaks relationships and isolates us from one another. Coming together is the anti-dote for healing the damage caused from this brokenness.

At The Center for Well-Being, we want for you to understand your value and purpose in the context of healthy relationships. We want you to experience the life-transforming process of restoration and unleash healing people as restorative healers. "He heals the brokenhearted and binds up their wounds." -Psalm 147:3

Minimally, we want for you to grow and feel heard and valued. We hope for you to learn to be present in the moment, learn about yourself, to value yours and others' differences, and to feel connected to your unique purpose. Optimally, to experience deep, enjoyable, meaningful relationships and to seize each day with creativity, peacefulness, fulfillment, love, curiosity, and wonder.

Meet the Team

BRAD BEATTY, MSW, LCSW

Brad believes each person has inherent worth and value, as we are all created in the image of God. He has a heart to serve those whose hearts are brokento see individuals and families in his community experience freedom. Brad has over twenty years of experience helping people understand themselves through the lens of relationship. He works with clients to strengthen their relationships and bring life-transforming enrichment and restoration to his fellow image bearers. •



"He heals the brokenhearted and binds up their wounds."

-Psalm 147:3

JENNIFER GOODSON, MA, RMHCI

Jennifer helps others walk the journey of inner healing through practical application and with various psychotherapy approaches that birth truth, freedom, change, and growth within the mind, body, and spirit. She helps her clients see their true potential so they can grasp the truth of who they are and their purpose. Jennifer works with her clients to help build self-esteem and heal from life experiences whether they be trauma-related, relational issues, or mental illness. ♥



VICKY PORTLOCK, MAC, COUNSELOR

Vicky believes we are designed as meaning makers, who gather information from our experiences and put a story together to make sense of life. At times our stories are helpful, but often they become tangled webs, leaving us suffering and struggling. Her goal is to create a safe, gracious space where clients can give voice to their stories and hold them up to the light. By wrestling through these questions together, Vicky believes the opportunity for change and growth emerges for every person. ♥



This project is funded through a grant from George W. Jenkins Fun within the GiveWell Community Foundation.



Intern Spotlight SIMMONS UNIVERSITY - NICOLAI WEIS

Nick joined us in Nov. 2020 and has been a huge blessing, especially in assisting with the Housing Partnership. He holds a bachelor's in psychology and is working towards his master's in social work. He has worked in a variety of mental health settings for over five years at a local community provider. Nick seeks to work with families in his future practice. We are grateful for his heart of compassion and service to our community. ♥



KIM SMILEY, RMFT INTERN

Kim understands that each person is different- that the client is the expert in their life and capable of making decisions to support the changes they desire. She listens to and collaborates with them to make positive, lasting changes to set and achieve their goals. Her approach focuses on solutions rather than problems, and on the present and future rather than being consumed with the past. ♥



ASHLEY BENNETT, CERT. COACH

Ashley believes we are simply not meant to face life's hardships alone.... having someone to listen and give encouragement makes a powerful positive difference. Coming alongside people who are struggling with difficult circumstances and emotions, she provides a safe, empathetic space to process events and relationships. Ashley helps clients identify steps to experiencing freedom and hope. ♥



Upcoming Events

Monday The Heart Place at H4WH Nights (6-7:30pm)

June 3 Scholarship House Grand Opening (9-11am)

June 6 Happy 7th b-day H4WH!

Aug 5 St. Paul's Episcopal JfL

begins

Aug 31 JfL Men's Class at South

County Jail begins

Sept 2 JfL Women's Class at

Central County Jail begins

Sept 14 Grace Lutheran JfL begins

Nov 4 H4WH 5th Annual Vision

Banquet



Our annual golf fundraiser, **presented by SouthState | CenterState Bank**,

was held April 8th at The Country Club of Winter Haven.

Thanks to the amazing support of almost 40 sponsors and 92 players, we were able to raise over \$30,000 to support the programs of H4WH in your community and beyond! Visit www.heart4wh.org/golf for all the event information (including photos and sponsor details)!



Joanne Torres has been an essential part of the H4WH family long before she joined our staff. Her passion for community outreach and ministry to marginalized people was evident when she first became a Jobs for Life student in 2018 (a ministry she now acts as the Site Leader for at Central County Jail)! Joanne has served with humility, honor and compassion as the "face" of H4WH to the community. She is leaving our staff to pursue an opportunity the Lord has given

her, but she will continue to be a part of our family!

WAYS TO HELP

- PRAY
- **GIVE**: To make a donation, please visit <u>www.heart4wh.org/donate</u>.
- **SERVE**: For volunteer opportunities, please email admin@heart4wh.org.
- SPONSOR: Sponsorships are now available for our annual banquet. Email admin@heart4wh.org.
- HOUSING PARTNERSHIP: We are looking for available land (3 lots), for 3 donated houses, to expand this program. If you can help, please email brad@heart4wh.org.

