



HHBC KIDS KAMP '24

**THE MOST
AMAZING**



RACE

THE WORLD IS WAITING FOR YOU

Parent Guide



***"Let us run with
endurance the race
that lies before us,
keeping our eyes on
Jesus, the source
and perfecter of
our faith."***

Hebrews 12:1-2



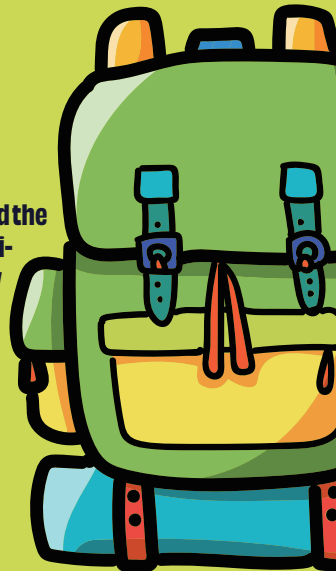
PACKING LIST

PLEASE LABEL ALL ITEMS!

- BIBLE / PEN / PENCIL**
- BEDROLL / SHEETS / BLANKET / PILLOW** (twin size)
- TOWELS / SOAP / WASHCLOTHS**
- PERSONAL ITEMS** including deodorant and sunscreen
- SWIMSUIT - ONE PIECE OR WITH A T-SHIRT**
- BEACH TOWEL**
- CLOSED-TOE WATER SHOES - CAMP REQUIREMENT**
The natural spring pond has a rock bottom.
- CLOTHES** Shorts are permitted, but please use good judgement! Cabins can be cool at night. Two sets of clothing per day is more than sufficient.
- COMFORTABLE SHOES FOR ROCKY TERRAIN**
- REUSABLE WATER BOTTLE**
- SPENDING MONEY**
Free-time extras, snacks, souvenirs
- ANY MEDICATIONS NECESSARY**
If the instructions on the bottle are incorrect, please send the correct instructions. All medicine should be in original containers and checked in with the nurse Monday morning at check-in before we load the bus. Don't forget your medical history!
- TRASH BAG FOR DIRTY CLOTHES**
Don't forget to label it!
- ITEMS FOR THREE THEME NIGHTS**
Ninja, Western, PJ's

DO NOT BRING

Practical joke items like shaving cream, silly string, etc.
"Jokes" are not allowed and anyone doing them will be sent home. Cell phones, ipads, video games, or other electronics are not permitted.



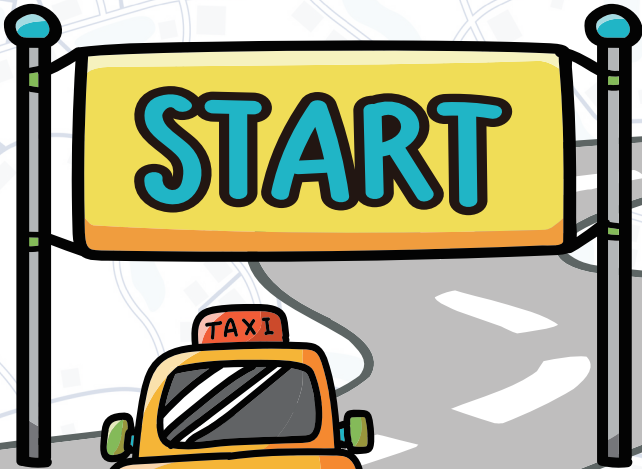
KIDS KAMP 2024



**PHIL
SALLEE**
KAMP SPEAKER



**GATLIN
ELMS**
WORSHIP LEADER





AFTERNOON ACTIVITIES

FREE

GAMES.....TOWN HALL

LEGOS.....TOWN HALL

CRAFTS.....TOWN HALL

ENCOURAGEMENT NOTES.....TOWN HALL

WATERSLIDE.....NEXT TO TOWN HALL

DISC GOLF.....NEXT TO TOWN

HALLGAGA BALL – NEXT TO PAVILION

BOWLIARDS (SNOOKBALL) – BETWEEN BUNKHOUSE 2 & 3

NOT FREE

HORSEBACK RIDING - \$20.25

FRONTIER ZONE - \$6.25
(ARCHERY, SLINGSHOTS, & TOMAHAWK THROWING)

GELLY BALL - \$11.50

SKEET SHOOTING - \$6.25

ZIP LINE - \$8.25 (5TH GRADE ONLY/ONE TIME ONLY)

(SIGN UP AT THE CAVE SPRINGS STORE EACH DAY)

ACTIVITIES & LOCATIONS

- B - WATER SLIDE
- C - TOWN HALL
- D - LADDER BALL
- E - GELLY BALL
- F - PRAYER WALK
- G - SKEET SHOOTING
- H - PARTY PAVILION
- I - GAGA BALL &
9 SQUARE IN THE AIR
- J - HUMAN FOOSBALL
- K - REC FIELDS
- L - SNOOKBALL
- M - JACOB'S BRIDGE
- N - CAVE SPRINGS STORE
AND OFFICE
- O - LOW ROPES
- P - FRONTIER ZONE
- Q - ZIPLINES & BRIDGE
- R - HORSE BARN

LEGEND

-  WALKING PATH
-  RESTROOMS
-  VENDING MACHINE
-  WATER FOUNTAIN
-  DEFIBRILLATOR
-  FOOD
-  RETAIL/GIFT SHOP
-  NURSE

BUNKHOUSES

- 1 - 5TH BOYS
- 2 - 3RD & 4TH BOYS
- 3 - 5TH GIRLS
- 4 - 3RD & 4TH GIRLS



SKY RANCH CAVE SPRINGS

WEST ENTRANCE

THE RANCH
HOUSE

THE SPRINGS

R HORSE BARN





NORTH ENTRANCE

F

PRAYER WALK

G

SKEET SHOOTING

CHAPEL

GELLY BALL

E

TOWN HALL CAFETERIA

BASKETBALL

J

H

PARTY PAVILION

B

WATER SLIDE

LADDER BALL

D

REC FIELDS

K

I

GAGA PIT

4

GIRLS DORM 3RD & 4TH

BUFFALO LODGE

P

CAVE SPRINGS STORE
FREE TIME SIGN-UPS

SNOOKBALL

L

NURSE

GIRLS DORM 5TH

KATIE HALL WORSHIP

BUNKHOUSES

1

BOYS DORM 3RD & 4TH

2

BOYS DORM 5TH

JACOB'S BRIDGE

M

LOW ROPES

O

FRONTIER ZONE

P

ZIPLINE (5TH ONLY)

Q

OUTDOOR AMPHITHEATER

MONDAY

- 7:15 AM** | **CHECK IN (ACTIVITIES CENTER)**
- 7:45 AM** | **LOAD BUSES & DEPART FOR CAVE SPRINGS**
- 11:30 AM** | **ARRIVE, UNLOAD, FIND YOUR ROOM**
ASAP head to Katie Hall as a group
- 12:15 PM** | **LUNCH**
- 1:00 PM** | ***THE MOST AMAZING RACE CHALLENGES*** (Katie Hall)
- 3:00 PM** | **EVERYONE SWIM** (Sky Ranch pick-up at Town Hall)
- 4:45 PM** | **CHANGE CLOTHES / READY FOR DINNER**
- 5:00 PM** | **FLAT ON YOUR BACK** (Rest time in cabins)
- 5:30 PM** | **DINNER**
- 6:30 PM** | **WORSHIP** (Katie Hall)
- 7:45 PM** | **TALK BACK TIME** (At locations around camp)
- 8:15 PM** | **LATE NIGHT PARTY - OPERATION GLOW PROTOCOL**
Wear your best ninja gear! (Need location)
- 9:15 PM** | **CABIN TIME - GET READY FOR BED**
- 9:45 PM** | **LIGHTS OUT / FLASHLIGHT STORIES**



TUESDAY



- 7:15 AM** | **WAKE UP**
- 7:45 AM** | **MORNING SHOW (Amphitheater)**
- 8:00 AM** | **BREAKFAST**
- 8:45 AM** | **CABIN CLEAN UP** (Sign up for today's paid afternoon activities at Cave Springs Store.)
- 9:15 AM** | **QUIET TIME - IN ROOMS OR OUTSIDE**
- 9:30 AM** | **GO DEEPER** (With small group- follow-up questions from Quiet Time)
- 10:00 AM** | **TAKE THINGS BACK TO ROOM**
- 10:15 AM** | ***THE MOST AMAZING RACE CHALLENGES (KATIE HALL)***
- 12:15 PM** | **LUNCH**
- 1:00 PM** | **FREE TIME** (Go to activity locations)
- 3:00 PM** | **EVERYONE SWIM** (Sky Ranch pick-up at Town Hall)
- 4:45 PM** | **CHANGE CLOTHES / READY FOR DINNER**
- 5:00 PM** | **FLAT ON YOUR BACK** (Rest time in cabins)
- 5:30 PM** | **DINNER**
- 6:30 PM** | **WORSHIP (Katie Hall)**
- 7:45 PM** | **TALK BACK TIME** (At locations around camp)
- 8:15 PM** | **LATE NIGHT PARTY - BARN PARTY (Pavilion)**
Bring your western wear for the best hoe down of the summer!
- 10:00 PM** | **CABIN TIME - GET READY FOR BED**
- 10:30 PM** | **LIGHTS OUT / FLASHLIGHT STORIES**

WEDNESDAY



- 7:15 AM** | **WAKE UP**
- 7:45 AM** | **MORNING SHOW (Amphitheater)**
- 8:00 AM** | **BREAKFAST**
- 8:45 AM** | **CABIN CLEAN UP** (Sign up for for today's paid afternoon activities at Cave Springs Store.)
- 9:15 AM** | **QUIET TIME - IN ROOMS OR OUTSIDE**
- 9:30 AM** | **GO DEEPER** (With small group- follow-up questions from Quiet Time)
- 10:00 AM** | **TAKE THINGS BACK TO ROOMS**
- 10:15 PM** | ***THE MOST AMAZING RACE CHALLENGES (KATIE HALL)***
- 12:15 PM** | **LUNCH**
- 1:00 PM** | **FREE TIME** (Go to activity locations)
- 3:00 PM** | **EVERYONE SWIM** (Sky Ranch pick-up at Town Hall)
- 4:45 PM** | **CHANGE CLOTHES / READY FOR DINNER**
- 5:00 PM** | **FLAT ON YOUR BACK** (Rest time in cabins)
- 5:30 PM** | **DINNER**
- 6:30 PM** | **WORSHIP (Katie Hall)**
- 7:45 PM** | **TALK BACK TIME** (At locations around camp)
- 8:15 PM** | **LATE NIGHT PARTY! MOVIE UNDER THE STARS!** Need Location (3rd & 4th wear PJ's, bring a blanket / 5th wear swimwear, bring a towel)
- 9:00 PM** | **5TH GRADE LATE NIGHT BEACH BASH** (at the water)
3rd & 4th continue Movie Under the Stars
- 10:15 PM** | **CABIN TIME** (get ready for bed)
- 10:45 PM** | **LIGHTS OUT / FLASHLIGHT STORIES**





THURSDAY

7:15 AM	WAKE UP
7:45 AM	MORNING SHOW (Amphitheater)
8:00 AM	BREAKFAST
8:45 AM	QUIET TIME - IN ROOMS OR OUTSIDE
9:00 AM	GO DEEPER (With small group- follow-up questions from Quiet Time)
9:45 AM	CLEAN ROOMS & PULL LUGGAGE TO CURB
10:45 AM	LOAD BUSES W/ LUGGAGE & CARRY ONS
11:00 AM	LEAVE CAVE SPRINGS
2:30 PM	ARRIVE AT HHBC

STAY CONNECTED

You will receive a daily email with links to pics from kamp and information about our day!

If you'd like to send your child a note, please put their first and last name and the grade they just completed in the subject line of an email to: kidskamp@hhbc.com. Emails received by 2 pm each day will be distributed prior to the evening meal. Please do not send email after 2 pm Wednesday.

Facebook: @HHBCHillsidekids
Instagram: @hillside_kids
Emergency Number at Sky Ranch:
918-542-1547



TUESDAY QUIET TIME

Run With Endurance (The Race is Long)

Good morning! Are you ready for "The Most Amazing Race?" No, I'm not talking about our challenges for today. I'm talking about the race of life we run as Christians. Just like in a marathon, this race requires us to be dedicated, focused, and determined. I Timothy 4:11-16 gives us some great advice on how to run this race well, and guess what? This race isn't just for adults. Get your Bible out and read I Timothy 4:11-16.

One of the first things it says is, "Let no one despise your youth." In other words, just because you are young, does not mean you cannot make an impact on the world and on others. The passage goes on to say that you should be an example.

I Timothy 4:12: "Let no one despise your youth; instead, you should be an example to the believers in speech, in conduct, in love, in faith, in purity."

Paul tells Timothy to set an example in several areas. Let's break these down and see how we can apply them to our lives.

Be An Example:

In Speech: Speak kindly and encourage others.

Question: Can you share a time when you used your words to help someone feel better?

In Conduct: Show respect and love to everyone.

Question: How can you show love and respect to your friends and leaders this week?

In Love: Love others as Jesus loves us.

Question: What are some ways you can show love to someone who is difficult to get along with?

In Faith: Trust in God and live out your faith.

Question: What is one thing you can do this week to grow closer to God?

In Purity: Make choices that honor God.

Question: What is a choice you can make that shows you are living purely?



Close your Quiet Time in prayer, asking God to help you be a good example to others this week. Ask Him to show you ways you can be kind and encouraging to others. Write your prayer below.

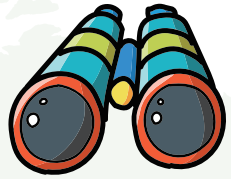
The Most Amazing Race Personal Challenge:



There will be many opportunities during 'The Most Amazing Race' Challenges to be an example to others. Choose one of the examples from this devotion and commit to doing that one thing as many times as you can today.



WEDNESDAY QUIET TIME



Keep Your Eyes on Jesus (The World Wants You to Conform)

Good morning! Today, we're going to talk about what it means to be proud of something really important—our faith in Jesus. Sometimes, it might feel scary to talk about our faith, but God encourages us to be bold and unashamed. Let's see what the Bible says in Romans 1:16-17.

Romans 1:16: "For I am not ashamed of the gospel, because it is God's power for salvation to everyone who believes, first to the Jew, and also to the Greek."

What is the Gospel?

The gospel is the good news about Jesus—that He died for our sins and rose again so we can have eternal life with God.

Imagine you have the best news ever, like your favorite team winning the championship, and you can't wait to tell everyone. The gospel is even better news! Actually, it's the very best news!

Why is the gospel such good news for everyone?



Let's see what Romans 1:16 says: "...because it is God's power for salvation to everyone who believes..."

What is Salvation?

Salvation means being saved from our sins and having a relationship with God forever.

Think about being rescued from danger by a superhero. Well, Jesus is our hero! He doesn't come flying in with a cape, though. What He does for us is even bigger. He saves us from sin and gives us eternal life.

Have you put your trust in Jesus Christ and asked Him to save you from your sins?

If the answer is no, what is keeping you from making the decision to follow Him?

If the answer is yes, then how do you feel knowing that Jesus saved you and gives you eternal life?

Romans 1:17: "For in it God's righteousness is revealed from faith to faith, just as it is written: The righteous will live by faith."



What Does it Mean to Live by Faith?

Living by faith means trusting God every day and believing in His promises.

It's like trusting a bridge to hold you up as you cross it because you believe it will keep you safe. In the same way, we trust God to guide us and take care of us.

What are some ways you can show your faith in God every day?

Being unashamed of the gospel means we are proud to be Christians and willing to share Jesus' love with others. Even when it's hard or scary, God gives us the strength, through the Holy Spirit, to be bold.

Can you think of a time when you were brave and shared your faith or did something kind because you love Jesus?



Close your Quiet Time in prayer, asking God to help you be bold in your faith. Ask Him to help you find ways to speak His truth to others today.

If you have not trusted in Jesus as your Savior, pray that God would open your heart to see and hear all the amazing things He has done for us.

Write your prayer below.



The Most Amazing Race Personal Challenge:

There will be many opportunities during 'The Most Amazing Race' Challenges today to be bold in your faith. You can encourage others when they don't have confidence to do a challenge. You can also show the love of Jesus by including everyone in the challenges.

How will you be bold today?



QUIET TIME

Persist to the End (The Prize is Waiting)

Good morning and congratulations! You have made it to the last day of The Most Amazing Race! Have you run in a race or played a really tough game? If you have, you know it takes a lot of effort, practice, and determination to finish strong. The Bible talks about our faith like it's a race we run. In 2 Timothy 4:7, the Apostle Paul says, "I have fought the good fight, I have finished the race, I have kept the faith."

Paul is telling us that living for Jesus is like running a race or fighting a battle. It's not always easy, and sometimes it can be really hard, but it's worth it. He's saying that he did his best, he didn't give up, and he stayed true to his faith in Jesus.



**So, how can we run our race of faith well?
Here are a few tips:**

Trust in Jesus: Just like a coach helps an athlete, Jesus guides us and gives us strength. When we trust Him, we know we're never running alone.

the Bible: The Bible is like our training manual. It helps us know how to live and stay strong in our faith.

Pray: Talking to God helps us stay connected to Him. We can ask for help, strength, and encouragement when things get tough.

Encourage Each Other: Just like teammates cheer each other on, we can support and encourage our friends in their faith too.

Remember, it's not about being perfect. It's about trying our best and trusting God to help us every step of the way.





Questions to Think About:

What are some things that make it hard to follow Jesus?

How can reading the Bible help us in our faith?

Who is someone you can intentionally encourage in their faith?

What does it mean to "fight the good fight" and "finish the race"?

Close your Quiet Time in prayer, thanking God for always being with us as we run this race of faith. Ask Him to help you to trust Him, to read His Word, to pray, and to encourage others. Ask for strength to keep running this race, especially when things get hard.

Write your prayer below.



The Most Amazing Race Personal Challenge:

When we are at Kamp, it is a little easier to talk openly about our faith. But the real test comes when you get back home. How will you continue The Most Amazing Race? Will you rise to the challenge of being bold in your faith? Will you persevere when things get tough? Will you stand firm in your faith?



The World is Waiting For YOU!
What will you do?

09
AUGUST
FRIDAY

LEVEL UP

FOR INCOMING 6TH GRADERS & THEIR PARENTS

Join us for a very special evening designed to welcome you and your family to the Student Ministry at Henderson Hills!

PARENT DINNER

6:30-7:30 pm, Student Room 1

STUDENTS

6:30-10 pm, Student Room 2

6th Graders, we'll eat pizza, play games, get to know each other, and tell you all about the Student Ministry!

Cost is \$20 per student.

REGISTER BY AUGUST 4
HHBC.COM/EVENTS



FAMILY LIFE UPCOMING EVENTS

PROMOTION SUNDAY
August 11

G2 BEGINS
Wednesday, August 21 at 6:15 pm

HARMONY CHOIR BEGINS
Wednesday, September 4 at 5:30 pm

**HILLSIDE BIG KIDS
COMMUNITY GROUP TIMES**
Sundays at 9 am or 10:30 am

Visit hhbc.com/events for details

HILLSIDE KIDS BIG KIDS STAFF

Wendy Fuller
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Ministry Assistant



hhbc.com/family