

Look to Christ and Rejoice!

1 Thessalonians 5:16-22

April 6, 2025

Discussion Questions - These are a conversation starter and guide, not a script.

1. What does it mean to, “**Rejoice always**” (v. 16)? Read 2 Corinthians 6:10, John 16:22-24, and Philippians 4:4. What do these verses tell us about joy? How can you choose to rejoice always, no matter what is happening?

2. What does it mean to “**pray without ceasing**” (v. 17)? How can you cultivate a regular, consistent, and steady prayer life with God throughout the day? What impact will constant prayerfulness have on your life?

3. How can you choose to “**give thanks in all circumstances**” (v. 18), even difficult circumstances? What impact will this have on your outlook on life?

4. When Paul says, “**This is the will of God in Christ Jesus for you**” (v. 18), he is saying that Christ is the key to keeping these three commands. How is Christ the key to constant joy, prayer, and thanksgiving?

5. What must we do in order for the Spirit to shine brightly in us (vv. 19-22)? What are the prophecies to which we are to give our attention in v. 20? Why might we be tempted to avoid or look down on certain parts of Scripture?