

October 1, 2023

## Psalms – Delighting in His Word – Lesson 3

### The rest of the Book of Psalms

Summary: The book of Psalms is a collection of 150 ancient Hebrew praise songs that were compiled by numerous writers over hundreds of years

#### ❖ A Broad Overview of the Psalms

- 150 chapters
- 5 books
  - Book 1 – 1 - 41
  - Book 2 – 42 - 72
  - Book 3 – 73 - 89
  - Book 4 – 90 - 106
  - Book 5 – 107 - 150
  
- Doxology conclusions

**Ps 42:13** *Blessed be the Lord, the God of Israel, from everlasting to everlasting! Amen and Amen.*

**Ps 72:18-20** *Blessed be the Lord, the God of Israel, who alone does wondrous things. Blessed be his glorious name forever; may the whole earth be filled with his glory! Amen and Amen! The prayers of David, the son of Jesse, are ended.*

**Ps 89:52** *Blessed be the Lord forever! Amen and Amen.*

**Ps 106:48** *Blessed be the Lord, the God of Israel, from everlasting to everlasting! And let all the people say, "Amen!" Praise the Lord!*

The final doxology of book 5 many commentators say goes from chapters **146-150** and serves as the conclusion for the whole of the Psalter.

**Ps 150:1-6** *Praise the Lord! Praise God in his sanctuary; praise him in his mighty heavens! Praise him for his mighty deeds; praise him according to his excellent greatness! Praise him with trumpet sound; praise him with lute and harp! Praise him with tambourine and dance; praise him with strings and pipe! Praise him with sounding cymbals; praise him with loud clashing cymbals! Let everything that has breath praise the Lord! Praise the Lord!*

There are ...

- 3 main categories of Psalms – Illustration – looking at the heaven and seeing the stars
  - Hymns/Praise – the heart’s rejoicing of God’s character
    - Ps 29, 111, 149
  - Laments – the heart’s cry due to life circumstances
    - Ps 3, 10, 13, 22, 41, 44, 79
  - Thanksgiving – the heart’s rejoicing at God’s actions
    - Ps 30, 75, 118

❖ Applying the Psalms

- How would the original author have sung this Psalm to God?
- What does the rest of the Bible say about this Psalm?
- How would Jesus have sung this Psalm to God?
- How would the Holy Spirit sing this Psalm to you?
- How will I sing this Psalm to God?

These ways of thinking through the Psalms are followed by these application questions:

- What am I to believe?
- What am I to feel?
- What am I to do?

### **Psalm 111**

- ❖ Application

### **Psalm 116**

- ❖ Application

### **Homework:**

Take home quiz – Which category does Psalm 34 belong to?

We will be delighting & meditating together on a Psalm of lament next week

Read and meditate on Psalms 44