

Week 5 ... Deepening Prayer

As Conversation: Meditating on His Word / As Encounter: Seeking His Face

“Tim TIME”

Prayer as a Conversation with God – ch. 10

“Nonetheless, if prayer is to be a true conversation with God, it must be regularly preceded by listening to God’s voice through meditation on the Scripture.” – pg. 145

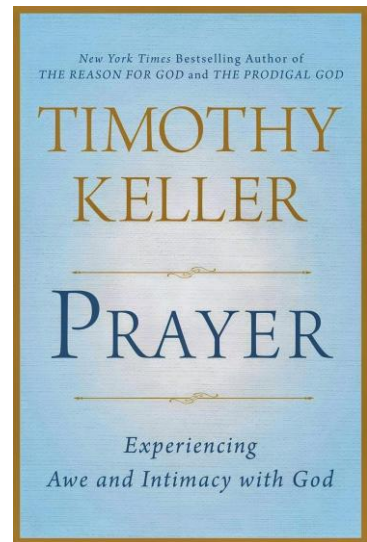
The gateway to the Psalms

Meditation and the Mind – Bible study

Meditation and the Heart – Engaging the heart

Meditation and the Incarnate Word

The focal point and fulcrum of our Spiritual lives



Prayer as an Encounter with God ch. 11

“When we meditate and pray the gospel and its attending truths into our hearts with the power of the Spirit, those longings are slowly satisfied, and other things in life become gifts rather than gods, and we slowly but surely and radically change in our character and in all our relationships.” – pg. 193

Identity ~ Being rich but living poor

Sweetness ~ believing versus experiencing

Knowing the Father

Grasping the Love

The face of Christ

Balance ~ truth and experience

TEACHING TIME

Phil 1:8-11 ~ ⁸For God is my witness, how I yearn for you all with the affection of Christ Jesus. ⁹And it is my prayer that your love may abound more and more, with knowledge and all discernment, ¹⁰so that you may approve what is excellent, and so be pure and blameless for the day of Christ, ¹¹filled with the fruit of righteousness that comes through Jesus Christ, to the glory and praise of God.

How in the world do we make this prayer a reality in our lives?

How many of you would like to know what is the correct decision, the excellent decision for every area of your life?

Where do we get the knowledge and discernment from?

Knowing saves lives

John 17:1-3 ~ ¹When Jesus had spoken these words, he lifted up his eyes to heaven, and said, “Father, the hour has come; glorify your Son that the Son may glorify you, ²since you have given him authority over all flesh, to give eternal life to all whom you have given him. ³And this is eternal life, that they know you, the only true God, and Jesus Christ whom you have sent.

Meditation transforms lives

Psalms 1 ~ ¹Blessed is the man who walks not in the counsel of the wicked, nor stands in the way of sinners, nor sits in the seat of scoffers; ²but his delight is in the law of the Lord, and on his law he meditates day and night. ³He is like a

tree planted by streams of water that yields its fruit in its season, and its leaf does not wither. In all that he does, he prospers. ⁴The wicked are not so, but are like chaff that the wind drives away. ⁵Therefore the wicked will not stand in the judgment, nor sinners in the congregation of the righteous; ⁶for the Lord knows the way of the righteous, but the way of the wicked will perish.

“Its purpose is to clear one’s mental and spiritual vision of God, and to let His truth make its full and proper impact on one’s mind and heart. It is a matter of talking to oneself about God and oneself; it is, indeed, often a matter of arguing with oneself, reasoning oneself out of moods of doubt and unbelief into a clear apprehension of God’s power and grace.” J.I. Packer *Knowing God*, - p. 23.

Practical Methods

Sermons

Bible reading

Circumstances

Pray – Ps 19:14

Read – 2 Tim 3:16

Memorize – Ps 119:11

Fix your mind – Rm 12:1-2

Incline your heart – Prov 23:20-23

Benefits

We live in an age of "continuous partial attention," with everyone and everything vying for that attention. We are the most distracted generations in history. This practice is the "reboot" button for your brain. **Philippians 4:8** tells us to think on things that are true, noble, and right. Meditation is the discipline of choosing our thoughts rather than letting our anxieties choose them for us.

When you meditate, you are practicing **Colossians 3:16**: *"Let the word of Christ dwell in you richly."* Not just "visit" you, but *dwell* there. When the Word dwells in you, your reactions change, your peace deepens, and your "leaves" stay green even in a drought.

Conclusion

"The written Word and its law can be a delight because the incarnate Word came and died for us, securing pardon for our sins and shortcomings before God's law. You can't delight in the law of the Lord without understanding Jesus' whole mission. Without Him, the law is nothing but a curse, a condemnation, a witness against us (**Gal 3:10-11**). He obeyed the law fully for us (**2 Cor :21**), so now it is a delight to us, not an everlasting despair." ...
"Meditate on Jesus, who is the ultimate meditation of God. Look at Him loving you. Look at Him dying for you. Look at Him rejoicing in you. Look at Him singing over you (**Zep 3:17**). Look at all that, and He will be a delight to you, and then the law will be a delight to you, and you will be like a tree planted by streams of water. You'll bear your fruit in season, and no matter what will happen, your leaf will not wither." – Tim Keller

"TOOL TIME"



WORKSHOP: Each table has a number. Find the corresponding number from the chart below and that will be the section of Ps 119 that your table will be meditating on together.

Lakeview Christian Center

Prayer Ministry Workshop

Todd Tucker

Read and reread the passage. Ask questions of the text. What phrase or word might the Spirit be highlighting for you? Discuss how to meditate on this passage. Once the truth is fixed in your minds as God's instruction for you, ask introspection questions:

How does these verses show you something about the character of God? – Praise Him

How does these verses show you something wrong about yourself? – Ask Him for Repentance

How does these verses show you something that is needed? – Petition Him

Group Hebrew Letter Verse Range

1	Aleph	Vs 1–8	
2	Beth	Vs 9–16	
3	Gimel	Vs 17–24	
4	Daleth	Vs 25–32	
5	He	Vs 33–40	
6	Waw	Vs 41–48	
7	Zayin	Vs 49–56	
8	Heth	Vs 57–64	
9	Teth	Vs 65–72	
10	Yodh	Vs 73–80	
11	Kaph	Vs 81–88	
12	Lamedh	Vs 89–96	
13	Mem	Vs 97–104	
14	Nun	Vs 105–112	
15	Samekh	Vs 113–120	
16	Ayin	Vs 121–128	
17	Pe	Vs 129–136	
18	Tsadhe	Vs 137–144	
19	Qoph	Vs 145–152	
20	Resh	Vs 153–160	
21	Sin / Shin	Vs 161–168	
22	Taw	Vs 169–176	

- Prayer Updates
 - Prayer Calander
 - Prayer Gatherings
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- ✓ **Time + Place + Practice**
 - ✓ **Organized Approach – Prayer Model(s)**
 - ✓ **Content: God's Word + Spirit Revelation = Burden**

Questions & feedback

- Prayer helps
- Prayer hindrances
- Prayer hopes
- Prayer history



*Your thoughts on
prayers welcomed*

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Reading assignment for next Sunday, 2/15/26: ~ Part 5: "Doing Prayer"

Chapter 12 ~ Awe: Praising His Glory;
Chapter 13 ~ Intimacy: Finding His Grace;
Chapter 14 ~ Struggle: Asking His Help;
Chapter 15 ~ Practice: Daily Prayer