

September 17, 2023

Psalms – Delighting in His Word – Lesson 1

Intro

Happiness/Blessedness is ...

- Mental health
- Emotional health
- Physical health
- Family health
- Relationship health
- Material wealth

How many of you want to know what true happiness is? ...

Psalm 1:1-6 – *Blessed is the man who walks not in the counsel of the wicked, nor stands in the way of sinners, nor sits in the seat of scoffers; ²but his delight is in the law of the Lord, and on his law he meditates day and night. ³He is like a tree planted by streams of water that yields its fruit in its season, and its leaf does not wither. In all that he does, he prospers. ⁴The wicked are not so, but are like chaff that the wind drives away. ⁵Therefore the wicked will not stand in the judgment, nor sinners in the congregation of the righteous; ⁶for the Lord knows the way of the righteous, but the way of the wicked will perish.*

Blessed / Happy

- ❖ Not walking in the counsel of the wicked
- ❖ Not standing in the way of sinners
- ❖ Not sitting in the seat of scoffers

- The progression of influence
- The system of the world

“Worldliness is that system of values, in any given age, which has at its center our fallen human perspective, which displaces God and His truth from the world, and which makes sin look normal and righteousness seem strange. It thus gives great plausibility to what is morally wrong and, for that reason, makes what is wrong seem normal.”

–David F. Wells, *Losing Our Virtue: Why the Church Must Recover Its Moral Vision* (Grand Rapids: Eerdmans, 1999), 4.

- What thoughts or thought patterns control you?
- What emotional paths have you blazed?
- Who & what is your counselor/influencer?

BUT, ...

❖ Blessed is the man who's ...

- Delight is in the law of the Lord
 - Living life in the counsel of God's Word
 - Attracted to the beauty of God's order
 - Emotional stability and expressiveness
- On His law he meditates day and night
 - Learn God's thoughts
 - Apply God's thoughts
 - Dwell on God's thoughts
 - Radiate God's thoughts

Results:

❖ Like a tree

- Planted by streams of water
- Yielding its fruit in its season
- Its leaf does not wither
- In all he does, he prospers

❖ Like chaff

- The wind drives them away
- They will not stand in the judgement
- They will not be in the congregation of the righteous.

For the Lord knows the way of all people