#### SUNDAY 06/07/15

677 Luda Street, Elgin | www.jccelgin.org

#### **ladies' BROWN BAG LUNCH/TEACHING**

Ladies—TODAY is the day for this incredible teaching/fellowship Sunday, June 7, 2015 at Phylis' home.

Bring your brown bag lunch—Phylis will have coffee and tea for everyone. Come and enjoy one of the great teachings from the Women's Conference.





### Kidz Fun Fair

Sat, June 13 10:00 a.m. - 2:00 p.m.

at Wes & Charity's - 37W161 Highland Avenue - Elgin

GAMES • CHALLENGES • PRIZES a great day of fun and memories!



DATE

TIME

FEATURED

06/14/15

12:30 p.m. Brats & Burgers

PLACE 677 Luda Street, Elgin, Illinois 60120



Mark your calendars for this life-giving event!

ALLSTATE ARENA/CHICAGO JUNE 26, 27 & 28, 7PM

You are invited to attend Noelle Valles Birthday & Graduation party

JUNE 28, 12:30 P.M. TO 6:00 P.M. Wing Park, Shelter 1, Elgin Please R.S.V.P. Emma at 847.987.7831 by 06/14/15



Each week everyone will be asked to fill out a Connection Card in order to

"MEASURE" our church in five key areas. There will be a summary report each week in the bulletin that identifies those five key metrics.

Please turn in your card each week. Members, leaders and quests will be asked to turn these in.





#### JUNE TEACHING SERIES

Jun 07 (^\_^) Experiencing Joy No Matter What Jun 14 (n n) 14 The Secret to Joy in Relationships Jun 21 (^o^) Finding Joy Through Life's Storms Jun 28 (^ ^) How to Keep from Stressing Out



<b>S</b>	Breanna V.	► Health Issues
	Lily M.	▶ Dementia
	Anabelle G.	▶ Lung Cancer
	Andrew H.	► Health Issues
	Noe F.	► Health Issues
	Linda L.	► Health Issues
	Elizabeth S.	► Health Issues
	Kenny D.	▶ Skull Fracture
	Trevor W.	Deployed to Afghanistan
	Paul S. III	▶ Complete Healing
	Peggy K.	► Health Issues
	Danny L.	Awaiting Peace Corps Assignment
<b>U</b>	Ralph H.	► Fluid in the brain
	Moe M.	▶ Lung Cancer
	Ruth S.	▶ Undiagnosed Health Issues
	Mark M.	► Cardiac Issues
	Jim B.	► Eye Problems

#### QUOTE OF THE WEEK 💬

"Today, when you hear that whisper in your head that says, Try harder, do more... go back to this: I'm broke, I need Jesus, The end." - Pete Wilson











Always be full of joy in the Lord; I say it again, rejoice! Philippians 4:4

## There is a difference between Happiness (3) Joy

Happiness: Feeling based on circumstances.

Joy: An internal choice of hope based on my belief in Jesus.

# POTENTIAL KILL-JOYS »¹ Pain (physical or emotional) »² People »³ Pressure »⁴ Problems

## What's killing your joy?

But whatever happens to me, remember always to live as Christians should, so that whether I ever see you again or not, I will keep on hearing good reports that you are standing side by side with one strong purpose—to tell the Good News. Philippians 1:27

## I can have joy no matter what, if i...

Four Joy Habits from Philippians 1:12-30



<sup>12-14</sup> I want to report to you, friends, that my imprisonment here has had the opposite of its intended effect. Instead of being squelched, the Message has actually prospered. All the soldiers here, and everyone else, too, found out that I'm in jail because of this Messiah. That piqued their curiosity, and now they've learned all about him. Not only that, but most of the followers of Jesus here have become far more sure of themselves in the faith than ever, speaking out fearlessly about God, about the Messiah. *Philippians* 1:12-14

# Never let others CONTROL MY ATTITUDE

But what does it matter? The important thing is that in every way, whether from false motives or true, Christ is preached. And because of this I rejoice. Yes, and I will continue to rejoice, *Philippians 1:18* 

<sup>28</sup> without being frightened in any way by those who oppose you. This is a sign to them that they will be destroyed, but that you will be saved—and that by God. <sup>29</sup> For it has been granted to you on behalf of Christ not only to believe in him, but also to suffer for him, <sup>30</sup> since you are going through the same struggle you saw I had, and now hear that I still have. *Philippians 1:28–30* 

# Always trust God TO WORK THINGS OUT

<sup>19</sup> for I know that through your prayers and God's provision of the Spirit of Jesus Christ what has happened to me will turn out for my deliverance.
<sup>20</sup> I eagerly expect and hope that I will in no way be ashamed, but will have sufficient courage so that now as always Christ will be exalted in my body, whether by life or by death. *Philippians 1:19–20* 

# Stay focused on my purpose, NOT ON MY PROBLEMS

<sup>21</sup> For to me, to live is Christ and to die is gain. <sup>22</sup> If I am to go on living in the body, this will mean fruitful labor for me. Yet what shall I choose? I do not know! <sup>23</sup> I am torn between the two: I desire to depart and be with Christ, which is better by far; <sup>24</sup> but it is more necessary for you that I remain in the body. <sup>25</sup> Convinced of this, I know that I will remain, and I will continue with all of you for your progress and joy in the faith, *Philippians 1:21–25* 

# What is your :) Oy quotient?

Calculate your :) oy quotient by rating each of the following statements, according to the following scale:

**6** - Seldom **7** - Once in a while **8** - Sometimes **9** - Most of the time **10** - Always

1. I have a joyful attitude.	6	7	8	9	10
2. I accept others.	6	7	8	9	10
3. I have inner peace.	6	7	8	9	10
4. I live in a state of gratitude.	6	7	8	9	10
5. I am able to withstand life's challenges.	6	7	8	9	10
6. I show up and live fully in the moment.	6	7	8	9	10
7. I share my goods with those in need.	6	7		9	10
8. I come from my heart and not my ego.		7			10
9. I live with the quiet confident assurance	U	•	U	J	10
•	6	7	8	9	10
of God's love and work in my life.		-	_	_	10
10. I live with laughter in my life.	6	7	8	9	10
11. I know that real joy comes from					
doing something worthwhile.	6	7	8	9	10
12. I have a healthy love for others.	6	7	8	9	10
13. I have balance in my life.	6	7	8	9	10
14. I express my talents.	6	7	8	9	10
15. I have a smiling heart.	6	7	8	9	10
16. I know that joy is an inside job.	6	7	8	9	10
	_				10
17.11 may c rom m my me.	6	7	8	9	10
18. I take responsibility for my life. —	6	7	8	9	10
19. I know my purpose and I work at it.	6	7	8	9	10
20. I know that joy comes from adding					
value to others.	6	7	8	9	10
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