

SCHEDULE

In-person Gathering **Sun. 10:00 am**
Live-streaming **Sun. 10:00 am**
Prayer Event **Wed. 6:30 pm**

PRAISE HIS NAME

That they may know that you alone,
whose name is the Lord, are the Most
High over all the earth. Ps. 83:18

PRAYER FOR CHRISTIANS IN INDIA

Bishop Immanuel Paul of southeast India reports increasing hostility and animosity for people who profess to be Christ-followers. He requests that prayers be offered on their behalf.



PRAYER FOR ECUADOR

Jaime and Teresa Arellano report that wide-scale protests against the government in Ecuador have brought unrest and chaos to that South American nation. They request our prayers for a peaceful resolution.



SUMMER SCHEDULE

Root Kids plans to schedule classes
Wednesday afternoons, **2:00 - 4:00 P.M.**
every week in **JUNE** and **AUGUST**.



VACATION BIBLE SCHOOL

Put this on your calendar: "Into the Wild"
will take place in July, each Wednesday
from **10:00 A.M. - 2:00 P.M.**



GUEST SPEAKER

Bishop Mike Lane

Pastor: Place of Praise
Lexington, North Carolina

will be at JCC on September 11 @ 10:00 AM





- Jul 03 » Navigation: Setting the Best Course
- Jul 10 » Guardrails: Setting Boundaries
- Jul 17 » Detours: When Life Takes You Off Course
- Jul 24 » Rest Areas: When Weariness Sets In
- Jul 31 » Getting There: The Joy is in the Journey

Hope OUTSIDE THE WALLS

SATURDAY & SUNDAY

2022

AUG 13 6:00 PM AUG 14 4:00 PM

FESTIVAL PARK | 132 S. GROVE ELGIN, IL

OPPORTUNITIES TO SERVE FOR THE CRUSADE

- Evangelism Team
- Cutting Hair
- Dental Hygienist
- Medical Care
- Registration
- Photo/Video
- Prayer
- Free water/snacks
- Face painting
- Animal Balloons
- Free GID bracelets

QUOTE OF THE WEEK

“Your worth is not up for negotiation.”

—Bianca Juarez Olthoff

METRICS THAT MATTER (07/03/22)

ATTENDANCE ▶ 27 GIVING ▶ \$1,710 GUESTS ▶ 0
 VOLUNTEERS ▶ 10 DECISIONS FOR CHRIST ▶ 0

Prayer REQUESTS

▶ SALVATION

- | | | | |
|--------------------------------------|--|---|------------------------------------|
| <input type="checkbox"/> Jason G. | <input type="checkbox"/> Karen W. | <input type="checkbox"/> Tom M. | <input type="checkbox"/> Donald S. |
| <input type="checkbox"/> Brian H. | <input type="checkbox"/> Cheyenne W. | <input type="checkbox"/> Stein Family | <input type="checkbox"/> Alex |
| <input type="checkbox"/> Benjamin G. | <input type="checkbox"/> Tyler M. | <input type="checkbox"/> Kirk Aricioglu | |
| <input type="checkbox"/> Ryan K. | <input type="checkbox"/> Gearen Family | <input type="checkbox"/> Dave S. | |
| <input type="checkbox"/> Ray H. | <input type="checkbox"/> Mike F. | <input type="checkbox"/> Bato R. | |

▶ HEALTH ISSUES

- | | | |
|---|--|--|
| <input type="checkbox"/> Ruth H. » Health Issues | <input type="checkbox"/> Evelyn K. » Cardiac Issues | <input type="checkbox"/> Jessica K. » Recovering /mastectomy |
| <input type="checkbox"/> Jean G. » Health Issues | <input type="checkbox"/> Wayne W. » COPD | <input type="checkbox"/> Dan A. » Broken Tibia |
| <input type="checkbox"/> Art B. » Health Issues | <input type="checkbox"/> Cristina P. » Health Issues | <input type="checkbox"/> Drake S. » Coma/
swimming accident |
| <input type="checkbox"/> Tommy P. » Anxiety | <input type="checkbox"/> Debbie L. » Kidney/Liver Transplant | <input type="checkbox"/> Emma G. » Multiple Health Issues |
| <input type="checkbox"/> Noe F. » Health Issues | <input type="checkbox"/> Kimberly B. » Health Issues | <input type="checkbox"/> Robert G. » Circulation Issues |
| <input type="checkbox"/> Macario A. » Dialysis | <input type="checkbox"/> Jen R. » Cardiac Issues | <input type="checkbox"/> Randy F. » Auto Immune Issues |
| <input type="checkbox"/> Juan A. » Health Issues | <input type="checkbox"/> Cheryl A. » Chron's Disease | <input type="checkbox"/> Willow K. » Lyme Disease |
| <input type="checkbox"/> Laura K. » Auto Immune | <input type="checkbox"/> Laura A. » Recovering /Surgery | <input type="checkbox"/> Nate K. » Health Issues |
| <input type="checkbox"/> Ozzie M. » Dialysis | <input type="checkbox"/> Tracy S. » Recovering/
Surgery | |
| <input type="checkbox"/> Armando L. » Back Injury | | |
| <input type="checkbox"/> Sergio P. » Needs kidney donor | | |
| <input type="checkbox"/> Darius » Health Issues | | |
| <input type="checkbox"/> Carol C. » Cancer Spots | | |



Guardrails: Setting Boundaries

PHYSICAL BOUNDARIES help us determine who may touch us and under what circumstances. Determining use of one's time and material goods.

EMOTIONAL BOUNDARIES help us to deal with our own emotions and disengage from the harmful, manipulative emotions of others.

MENTAL BOUNDARIES give us the freedom to have our own thoughts and opinions.

SPIRITUAL BOUNDARIES help us to distinguish God's will from our own and give us renewed awe for our Creator.

A Boundary IS NOT A WALL

Boundaries are basic guidelines of how you want to be treated and how others are able to behave around you. Good boundaries help us to maintain healthy relationships, to prevent being manipulated, or violated.

“ QUOTES ABOUT *Boundaries* ”

“When we fail to set boundaries and hold people accountable, we feel used and mistreated.” —**Brené Brown**

“If someone gets mad at you for creating a boundary, consider that a good sign that the boundary was necessary.” —**Jenna Korf**

“When someone oversteps your boundaries, they're letting you know that what you want doesn't matter.” —**Phil Good**

“Givers need to set limits because takers rarely do.”
—**Rachel Wolchin**

“Walls keep everybody out. Boundaries teach them where the door is.” —**Mark Groves**

“You're not required to set yourself on fire to keep others warm.” —**Unknown**



Scriptures RELATED TO Boundaries

*Above all else, guard your heart, for everything you do flows from it. **Proverbs 4:23***

*Whoever has no rule over his own spirit is like a city broken down, without walls. **Proverbs 25:28***

Do not give dogs what is sacred; do not throw your pearls to pigs. If you do, they may trample them under their feet, and turn and tear you to pieces.

Matthew 7:6

*I urge you, brothers and sisters, to watch out for those who cause divisions and put obstacles in your way that are contrary to the teaching you have learned. Keep away from them. For such people are not serving our Lord Christ, but their own appetites. By smooth talk and flattery they deceive the minds of naive people. **Romans 16:17-18***

*But the fruit of the Spirit is...self-control. **Galatians 5:23***

PHYSICAL *Boundaries* (TIME, MATERIAL THINGS)

COMPLIANCE Take on too many responsibilities and set too few boundaries, not by choice, but because one is afraid.

EFFECTS OF BEHAVIOR ON SELF AND OTHERS

Identity / Future Identity (**next generation**) / DNA – Genes – Epigenetics.

EMOTIONAL BOUNDARIES Distorted ideas about one's own responsibility. Taking responsibility that belongs to others. Rescuing – enabling **Proverbs 15:10** – Stern discipline awaits him who leaves the path.

MENTAL BOUNDARIES II Cor 10:5 “Casting down imaginations, and every high thing that exalteth itself against the knowledge of God, and bringing into captivity every thought to the obedience of Christ;

SPIRITUAL BOUNDARIES

”The Lord considers our spiritual well-being to be the most important process. The human soul, like a ball of yarn, tangled, crumbled, needs a slow process of healing and maturing. God dedicates Himself to the process of restoring our soul, patiently and delicately untying and untying all the knots of our soul so that the thread does not break. And it is only under the power of the Creator of the human soul. “And at first it wasn't like that” —**Natalia Schedrivaya**

