

Thank You



to Rod Fitzgerald for sharing in the workload for Hope Outside the Walls Crusade!



to Neal Spurlock and his team for a Pastor's Appreciation Gift as Pastors Bob and Phylis traveled to Ecuador.



GARAGE SALE
491 RIVER BLUFF ROAD
SEP 30 & OCT 1

This sale will benefit the children's orphanage in Guatemala. If you have items that can help bring them to Rod's.

Elijah

FAITH AND FIRE
BY PRISCILLA SHIRER

Kick-off **THURSDAY**
SEPTEMBER 15 @ 7:00 PM

A 7-week video Bible study on the life of Elijah. You'll discover how Elijah's obedience kept him anchored, sharpened his faith, and broadened his impact.



GUEST SPEAKER

Bishop Mike Lane  Pastor: Place of Praise
Lexington, North Carolina

will be at JCC on October 9 @ 10:00 AM

DIVINE RESET

Aug 07 » Times You Need a Reset
Aug 14 » Reset Your Relationships
Aug 21 » Reset Your Emotions
Aug 28 » Reset Your Energy

Prayer REQUESTS

► SALVATION

- Walter Miner III Gearen Family Tom M. Stein Family

► HEALTH ISSUES

- | | |
|--|---|
| <input type="checkbox"/> Ruth H. » Health Issues | <input type="checkbox"/> Armando » Back Issues |
| <input type="checkbox"/> Jean G. » Health Issues | <input type="checkbox"/> Randy F. » Autoimmune |
| <input type="checkbox"/> Art B. » Health Issues | <input type="checkbox"/> Angela A. » Upcoming eye surgery |
| <input type="checkbox"/> Dan A. » Broken Tibia | <input type="checkbox"/> Carlos V. » Leukemia |
| <input type="checkbox"/> Emma G. » Health Issues | <input type="checkbox"/> Larry D. » Heart Issues |
| <input type="checkbox"/> Sergio P. » Needs Donor | <input type="checkbox"/> Karla D. » Cancer Recovery |
| <input type="checkbox"/> Laura A. » Fractured Back | |
| <input type="checkbox"/> Carolyn » Cancer | |

QUOTE OF THE WEEK

“When you become too big to care about the small, you have probably become too small to be entrusted with the big.” —Charlotte Gambill

METRICS THAT MATTER (08/14/22)

ATTENDANCE ► 27 GIVING ► \$1,200 GUESTS ► 0
VOLUNTEERS ► 10 DECISIONS FOR CHRIST ► 0

FRUIT OF SPIRIT:

(NIV) But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, gentleness and self-control. Against such things there is no law. Those who belong to Christ Jesus have crucified the flesh with its passions and desires. Since we live by the Spirit, let us keep in step with the Spirit. Let us not become conceited, provoking and envying each other.

Love Joy Peace:

Your emotions toward God/reflects your relationship.

Kindness Goodness Forbearance:

Reflection of relationship with others.

Faithfulness Gentleness Self-Control:

Indicates relationship with self.

Scientifically, Emotions are associated with bodily reactions activated by neurotransmitters and hormones. They are a mental state brought on by neurophysiological changes associated with thoughts, feelings, behavior responses and the degree of pleasure or displeasure.

Feelings are **subjective, evaluative, and independent of the sensations, thoughts, or images evoking them.** They are inevitably evaluated as pleasant or unpleasant.

What Causes These Emotions—these reactions and outpouring of hormones and neurotransmitters? **Thoughts, Interpretation of Events, personal experiences, beliefs, memories, values.**

Coping • Keep a journal.
• Meditate/Pray/Read the Word

- Acknowledge the Sovereignty of God in Worship
- Become Aware of those deep-seated emotions
- Exercise, and make sure you are eating healthy, regular meals.
- Stick to a sleep routine, and make sure you are getting enough sleep.
- Avoid drinking excess caffeine such as soft drinks or coffee.
- Identify and challenge your negative and unhelpful thoughts.
- Reach out to your friends or family members who help you cope in a positive way.

Elijah I Kings 19

Elijah was afraid and ran for his life...He...prayed that he might die. "I have had enough, LORD," he said. "Take my life; I am no better than my ancestors." Then he lay down under the bush and fell asleep. The angel of the LORD came back a second time and touched him and said, "Get up and eat, for the journey is too much for you." So he got up and ate and drank... "I am the only one left, and now they are trying to kill me too." The LORD said, "Go out and stand on the mountain in the presence of the LORD, for the LORD is about to pass by."

- ELIJAH RAN
- TALKED TO GOD, DEPRESSED
- ANGEL APPEARED, TWICE
- ELIJAH ATE AND DRANK, TWICE



THE LORD SAYS: GO STAND
IN MY PRESENCE!! (He Did!)

- GOD GAVE HIM MARCHING ORDERS:
 - TO ANOINT A KING,
 - TO RECRUIT ELISHA
- GOD REASSURED HIM HE WAS NOT ALONE



MORE THAN
COPING

Take it to God to Heal!! Draw nigh to Him
and He will Draw nigh to you.



*True peace is not the absence of trouble, but resting
in the sovereignty of God in the midst of it.*





Dear Friends—

Bishop Mike Lane was with us in September of 2021. His visit was memorable for a number of reasons:

1. His visit was a Sunday designated as Miracle Sunday.
2. Miracles unfolded as he called forth our faith.
3. People were healed, encouraged, and challenged.

Bishop Lane was with us as we were about to cross the threshold out of the pandemic. He shared some solid truth that served us well.

He plans to be with us again. I'm asking you to clear your calendar for this event we are calling, **The Next Step**. It is not just another Sunday service. It is a venue where God will reveal "next steps" for people who have been wrestling with anxiety, fear, and apprehension about their futures.

If you are looking for a pathway that is God-approved and brimming with God's favor regarding your future, you won't want to miss this celebration!

THE NEXT STEP

sunday **OCTOBER 9**

JUBILEE CHRISTIAN CENTRE
677 Luda Street | Elgin 60120
www.jccelgin.org



**BISHOP
MIKE LANE**

Pastor: Place of Praise
Lexington, North Carolina