

Better 2gether

DISCIPLESHIP PROGRAM

PROGRAM OVERVIEW

1. PRECEPT

- A. Matthew 28:19-20
- B. Titus 2:1, 3-5

2. PURPOSE

- A. The purpose of Better 2gether (B2) Discipleship is for spiritually mature women to share the truth of Scripture and their lives with younger women, in order to encourage and equip them to glorify God as they learn to think biblically and live holy and pleasing lives by the power of the Holy Spirit to the glory of God.
- B. Three factors to add a formal discipleship program to existing Bible studies and service ministries (From *Women's Ministry in the Local Church* by Ligon Duncan and Susan Hunt -page 160)
 - i. An awareness of the need to intentionally equip women to understand and live out biblical principles of womanhood in all of life.
 - ii. A desire to enfold women who are not involved in a women's Bible study.
 - iii. A growing congregation with many women who want friendships with other women.

Better Together

DISCIPLESHIP PROGRAM

C. Stated goals

- i. Women to be deeper worshippers of God, lovers of the Word, and faithful to prayer – primary focus of discipleship relationships is the Word of God and prayer.
- ii. Women to be equipped to apply the principles of biblical womanhood to all of life as they study the Word of God together and learn how to practically apply it to personal life – not about information, but transformation.
- iii. Women to be equipped to spiritually mother other women and to show and tell the next generation the biblical principles of womanhood – to create a culture of discipleship from children’s ministry to Legacy ministry.
- iv. Women to be strengthened in their love for and service to the church – use spiritual gifts to build up the body.
- v. Women to be encouraged to build relationships with spiritually mature, godly women – example of 2 trees tethered together - stand next to and point to Jesus.
- vi. Women to be supporting the counseling ministry of LBC as they help one another deal with walking out their faith in the challenges of life.

3. PARTICIPANTS

- A. Elder Led – commitment to oversight and protection of church leadership
- B. Discipleship Team – this group of women have direct oversight over the B2 program – keep current with curriculum, train and support the approved disciplers, match disciplers with women who apply to be discipled, follow up with discipler/disciples when the program year is completed, maintain the B2 Discipleship program as needed.
- C. Older Women (Discipler) to Younger Women (Disciple) – not just age, but spiritual maturity.

Better Together

DISCIPLESHIP PROGRAM

4. PROGRAM

A. Component of Women of Excellence ministry – not a stand alone ministry

- i. Always within the context of sound doctrine
- ii. Three forms of discipleship -
 1. **Formal** – This is what the B2 Discipleship program is - a structure to help promote organic discipleship where
 2. **Informal** – B2 Discipleship supports and encourages ALL biblical forms of discipleship among the women at LBC - “It is important to recognize and celebrate the women who are spontaneously and informally involved in spiritual mothers relationships without participating in this program.”
Women’s Ministry in the Local Church: Appendix 2, page 162
 3. **Peer-to-Peer** – spiritual friendships that focus on Hebrews 10:24-25 mandate.

B. Curriculum

- i. *Better Together* by The Daily Grace Co. – all participants are required to complete this introductory discipleship curriculum.
- ii. After completion of *Better Together* curriculum, the discipler and disciple are encouraged to choose another resource to go through together – recommended resources are available.

C. Specifics

- i. Sign up – fill out application at lakesidebiblechurch.org under women’s ministry.
- ii. Agree to a one year commitment, to meet 1-2 times a month.
- iii. Discipleship team utilizes a confidential application to pair women who desire to be disciplined with a trained and spiritually mature discipler.
- iv. Discipler and disciple – meet at least once a month, preferably twice a month.
 1. Focus of time is discussing the Word and praying – using accountability questions to help direct this.

Better Together

DISCIPLESHIP PROGRAM

2. Start with “Better Together” (workbook and journal) – this should take 6-10 months to complete based on how often you meet.
3. Move to other material, but always stick with journal and accountability questions. (We will have a list of recommended material)