IVIDG POPE COMMUNITY CHURCH September 29, 2024

沙出 UNTANGLING UNRESOLVED PAINS & TRAUMAS REAL CONVERSATIONS

LIVING HOPE COMMUNITY CHURCH

WORSHIP SERVICES
8:00 AM | 9:30AM | 11:30AM
September 29, 2024

PRELUDE

CALL TO WORSHIP

Pastor Chris Chi

SONGS OF PRAISE

Abigail Won

SCRIPTURE READING

Ashley Lee

MESSAGE

Real Conversations, Part 3
Real Conversations on Pain
"The Gift of Pain"
John 4:4-15; 28-29, 39
Jeff Hyun

SONGS OF REFLECTION AND OFFERING

CLOSING PRAYER

Pastor Chris Chi

Ving hope

September 29, 2024

S10 for lunch \$10 for lunch \$10 for lunch \$10 for lacked \$15 for 2 packed \$15 for 2 packed

IRST CELL



SIGN-UP TODAY Starts September 22 1:00 pm. Chapel 1

ANNOUNCEMENTS

1. Real Conversations Series Update | Today

We are excited to have Jeff Hyun as the guest speaker for Sunday, Sep 29, as we continue the Real Conversations series on the topic of pain. Jeff is an experienced pastor who has been overcoming some great pains God has allowed in his life. Please note that some portions of the service will not be streamed. Also, please be sure to check out the series page we regularly update for helpful resources on each topic!

2. First Cell Fall Season | Open Enrollment

Exciting news! First Cell sign-ups are now officially open, offering a wonderful opportunity to connect with others and deepen your relationship with God and His Word. First Cell Groups have launched on Sep 22, but you are able to sign up for the first 3 weeks until the week of Oct 6 to join a group - the groups will close then. <u>FIRST CELL SIGN UPS</u>

3. Lunch Sale For Missions | Today

Lunch Sale on 9/29! Support Philippines missions by buying Udon in the Porch after 2nd and 3rd service. Extra packets are available to take home. \$10 for lunch, \$10 to take a packet home, \$15 for two packets.

4. Prayer Chapel | Oct 1

We will be dedicating the next monthly Prayer Chapel for our youth! Tuesday, October 1 at 830pm in Chapel 1. Let's pray for our teens as they go back to school and head to a retreat.

5. First Lunch | Oct 6

Are you new? Have you been at Living Hope for some time and feel ready to take some further steps? Please join us for First Lunch! It's a casual time of food and getting to know the church.

Sunday, October 6 at 11am in the upstairs Common Room. We provide the food for everyone, and you will get to meet some church leaders and hear a brief presentation on what Living Hope is all about. Registration is helpful for us to prepare but walk-ins are welcome! For assistance, please contact Pastor James Lee (james.lee@livinghopecc.org).

FIRST LUNCH REGISTRATION

6. 31st Anniversary Service | Oct 20

We will be celebrating 31 years of God's faithfulness to Living Hope Community Church on Sunday, Oct. 20. Join us as we worship our God with our guest preacher, Joel Kim and a special song from our Living Hope Choir. Lunch will not be served this year but we have prepared a special gift for all who join us.

SOMMUNITY CHURCH

September 29, 2024

this week afterservice.

PARENT & ME WHAT: PARENT & ME PLAY DATE

WHAT: PARENT & ME PLAY DATE
WHO: MOMS&DADS AND BABIES OF NURSERY-AGED
CHILDREN (0-23 MONTHS)
WHEN: 9AM-11AM, 2ND SATURDAYS OF EVERY EVEN
MONTH

WHERE: LHCC NURSERY ROOM

SERMON NOTES

Real Conversations, Part 3
Real Conversations on Pain
"The Gift of Pain"

John 4:4-15; 28-29, 39

Jeff Hyun

What does the Bible say about pain?

- 1. Pain originated with the Fall
- 2. Pain is a consequence of sin
- 3. God has a plan for our pain

How do we cope with pain?

- 1. We hide our pain
- 2. We try to run away from our pain
- 3. We try to numb our pain

There has got to be a better way...

Good News #1 – Jesus can touch and heal our pain

Good News #2 - Jesus can redeem our pain by turning it into a gift

COMMUNITY CHURCH

September 29

Cell Group Discussion Questions

- 1. In last Sunday's teaching, P. Jeff talked about the three most common ways of how people cope with pain in their lives. Which of the three do you identify with the most and why?
- 2. Can you think about a time in your life where Christ had transformed your pain into a "gift"? If so, please share with your small group.
- 3. What is one pain that you are currently carrying in this season of your life?
- 4. Now that we have taken the time to listen and hold each other in the different pains that we may be carrying, please close this small group time by praying for each other and inviting Jesus to engage us even in the pain-filled areas of our lives.

