



ORIGINS

Genesis 1-11

Discussion Guide: **Humanity- Made with Limits**

Passage: Genesis 2:10-17

Summary: As God places the first humans, Adam and Eve, in a beautiful garden, he gives them everything they could possibly need. They live with abundance. But He also gives them limits...life-giving boundaries that they must trust Him with. Part of being human is being limited. How do we honor those limits and resist the temptation to transcend them?

Discussion Questions

1. What are the “limits of place” that God has currently given you? Where has He placed you? What are the ways you’re tempted to transcend those limits (e.g.- Digital distraction and “omnipresence”)?
2. How connected are you with the knowing and honoring the limits of your physical body? What are ways you ignore these?
3. Why do you think it’s hard to stop working and embrace your need to rest?
4. We were made by God to receive our identity, purpose, and definition of good and evil from Him; not to figure it out by ourselves. Yet, we have “declared our autonomy” just like Adam and Eve did when they took the fruit. What has that looked like for you? (This is an opportunity to be a little more vulnerable...don’t be afraid to be open. We’re all in this boat together!)
5. How does Jesus Christ help us become human again and embrace the good limits God has given us? Reflect on how Jesus willingly took on “limits” for us to bring redemption and help to us.

At the end, take some time to pray for one another in smaller groups.