



Shield of Faith

Scripture: Ephesians 6:16

GETTING STARTED

1. Shields are not something that a modern person regularly encounters. What is the closest thing to a shield that you use on a regular basis?

DIVE IN

1. Faith is trusting God's character and His finished, continued, and ultimate work. Ephesians 6:16 says that we take up the shield of faith to extinguish the arrows of the evil one. How does faith help guard against the lies of the enemy?
2. Read Proverbs 2:6-15. How does this align with Ephesians 6:16?
3. We can defend against the arrows of the enemy (v 16) because we already stand firm in the Gospel of peace (v 15). How does peace with God help believers fight against the enemy?

MAKE IT PERSONAL

1. What do you look to for fulfillment instead of God in your current season?
2. Think of one accusation from the enemy that you struggle with. This could be a feeling about yourself that doesn't align with Scripture. Share that with the group.
3. Talk about a time where you disagreed with something that God showed you. How did God change your mind?

PRAYER FOCUS/HOMEWORK

In your personal time with Jesus this week, pray through your temptations, accusations, and deceptions, and find Scripture that combats each of these. Then, begin to speak these verses out loud when you struggle. (Example: If you struggle with comfort eating, speak out loud 2 Corinthians 1:3-4 when you find yourself in that situation.) Report back to the group next week how it went.