

Recommended Reading on Grief

** Starred Books are highly recommended

Personal Stories of Grief:

1. Grief Transformed: One Man's Journey by Elliott Rosselet (his journey through grief after the sudden loss of his wife, Beth. Written by a former Deacon of Potomac Hills)
2. The Hardest Peace, Just Show Up, and anditwasbeautiful by Kara Tippetts
3. A Place Called Grief: Finding my Way through the Death of our Son by Rudy Hoggard
4. Heaven's Comforts for the Grieving Soul by Candyce Magee (written by a family friend who lost her son to suicide)
5. ** When Breath Becomes air by Paul Kalanithi (secular, a neurosurgeon writes of his impending death from lung cancer)
6. Tracks of a Fellow Struggler: Living and Growing through Grief by John Claypool

Entry-Level:

7. ** Grief: Finding Hope Again by Paul David Tripp (short, concise, helpful booklet).
8. ** What Grieving People Wish You Knew (This should be the first book you get!), Holding On To Hope, and Hearing Jesus Speak into Your Sorrow all by Nancy Guthrie
9. ** Does Grace Grow Best in Winter? by Ligon Duncan
10. Please Be Patient, I'm Grieving: How to Care For and Support the Grieving Heart by Gary Roe (one of about a dozen books he's written on grief, covering many special situations)

Intermediate Level:

11. Why does it have to hurt?: The Meaning of Christian Suffering by Dan McCartney
12. Fear Not! Death and the Afterlife from a Christian Perspective by Ligon Duncan
13. Comfort those who grieve: Ministering God's Grace in times of loss by Paul Tautges (written for pastors, helpful for everyone)
14. Being There: How to Love Those Who Are Hurting by Dave Furman
15. I Wasn't Ready To Say Goodbye and Living with Grief: A Guide for Your First Year of Grieving both by Brook Noel & Pamela Blair (secular, practical)
16. It's OK that you're NOT OK: Meeting Grief and Loss in a Culture that Doesn't Understand by Megan Devine (written by a secular counselor, filled with common sense)

Academic Level:

17. ** Walking with God through Pain and Suffering by Tim Keller
18. How Long, O Lord?: Reflections on Suffering and Evil by D.A. Carson
19. The God I Don't Understand: Reflections on Tough Questions of Faith by Christopher Wright
20. Ambiguous Loss: Learning to Live with Unresolved Grief by Pauline Boss (secular, though filled with wisdom)
21. ** Being Mortal: Medicine and What Matters in the End by Atul Gawande (secular, brilliant)