

Our Lives, Our Limits, and the Conflict That
it Brings | Psalm 103:15-19
March 17 2024

Tips and Tricks:

The sermon notes are designed to be used as a guide for discussion. Don't feel like you have to use every question. Some questions will take a while to work through and others will be over in a few seconds.

Don't teach the lesson. The sermon was just preached. Just ask the questions and let everyone else talk.

Let other people ask questions. It's OK to go "off topic" for a while. Sometimes those conversations are more interesting anyway! Have fun. Don't forget to laugh and crack up. Relationships, not curriculum, are the heartbeat of our ministry. Remember: We have to build a relational bridge strong enough to hold the truth!

Agenda for Group Time

Ice Breaker - Lighthearted ice breaker question (10 minutes)
Discussion - Bible study, sharing and application. (25 Minutes)
Prayer - Pray together (5 minutes)
Planning - Remember to talk about what's coming up.

Icebreaker have you ever cared for a little pet before (hamster, fish, or the like)? What was that like? What happened to the pet? Note: your children and younger siblings should not be counted as pets

Read Psalm 103:15-19

God is more pro-human than we are

What is the primary contrast in this passage of scripture?

How does this contrast draw attention to God's love for humans?

Question: What does God's love for humanity mean for how I:

- understand myself?
- understand my relation to others?
- understand humanity in general?
- understand my relation to God?

The Sooner you learn your limits, the happier you'll be

Limits are human- they were in the garden and they are with us now. What are some ways human limits might have changed?

What are some ways they have probably been consistent from the beginning?

What does this mean for how we should understand our limits?

Sometimes, we idolize the future and sacrifice the present to appease it. Have you seen this influence happen? What did it look like?

How do we make sure we prepare for the future, without idolizing it?

We should learn our limits so we can say yes to what matters.

As you run from your limits, you might actually be running from God.

Our desire to deny our limitations and accomplish everything is like the first sin- we want to be like God.

Question: How does God's accomplishment for us affect how we view:

- our work?
- our families?
- our sanctification?
- our worship?
- Other: _____

Work It Out!

One thing I'll do differently because of this sermon:
