

## Forget Not All His Benefits: Psalm 103: 1-4

*Bless the LORD, O my soul, and all that is within me, bless his holy name!  
2 Bless the LORD, O my soul, and forget not all his benefits, who forgives  
all your iniquity, who heals all your diseases, who redeems your life from  
the pit, who crowns you with steadfast love and mercy, who satisfies you  
with good so that your youth is renewed like the eagle's.*

### What Was Lost

1. Intimacy
2. Immortality
3. Internal Compass
4. Identity
5. Innocence
  - Colossians 1:13      Dominion of darkness
  - Ephesians 2:3      By nature children of wrath
  - 1 John 5:19      Whole world is under the sway of the evil one
  - Romans 3:23      All have sinned and fallen short of the glory of God
  - Luke 4:5      All these are mine (kingdoms of the world) – Satan
  - Ephesians 2:1      Spiritually dead in trespasses and sin

### Three Rebellions

- |              |                |   |
|--------------|----------------|---|
| • Genesis 3  | Adam and Eve   | Sin/death enter and expulsion from Garden |
| • Genesis 6  | Days of Noah   | Evil, corruption, fallen angels, Flood    |
| • Genesis 11 | Tower of Babel | Division of the nations (Duet 32:8-9)     |

### God's Covenants

#### 1. Adamic Covenant

- a. Genesis 3:15 – seed of the woman (Incarnation), Isaiah 7:14, Luke 1: 27-33
- b. Romans 5:12 – first Adam
- c. I Corinthians 15:45 – Second Adam

#### 2. Covenant with Noah

- a. Genesis 6: 17-22
- b. Genesis 9: 11

#### 3. Abrahamic Covenant

- a. Genesis 12 - great nation
- b. Genesis 15:18 – land grant
- c. Genesis 17 – Circumcision
- d. Genesis 22 – Covenant tested

- e. Renewed with Isaac, not Ishmael
- f. Renewed with Jacob, not Esau
- g. Tribe of Judah – Messianic line – Genesis 49:10

#### **4. The Covenant with Moses**

- a. Exodus 12 – the Passover
- b. Exodus 20 – Ten Commandments
- c. Temple Construction
- d. High Priest
- e. Animal Sacrifices – Book of Leviticus
- f. Ordinances, Statutes, Law (Torah)
- g. Mandatory Festivals
- h. Civil and Criminal Matters
- i. Slaves, Widows, Orphans
- j. Cities of Refuge
- k. Dietary Restrictions – clean and unclean
- l. Pagan Practices forbidden
- m. Sexual Immorality
- n. Sabbath Year
- o. Jubilee Year
- p. ETC.....
- q. Duet. 28 – Blessings and Curses

#### **5. The Davidic Covenant**

- a. I Samuel 16: 12- 13     David Anointed King
- b. 2 Samuel 7: 16         Your throne and kingdom is established forever
- c. Jeremiah 33:17        Descendant of David will always be on the throne of Israel
- d. Matthew 1:1             Jesus Christ, the son of David
- e. Luke 1:32-33            And He shall sit on the throne of His father David
- f. Revelation 22:16        I am the root and offspring of David

#### **6. The New Covenant**

- a. Jeremiah 31:31-34     Promise of a New Covenant
- b. Old Covenant
  - i. Limited to only Israel
  - ii. Repetitive System – repeated annually.
  - iii. Sacrifices only covered the sin
  - iv. Did not transform human sinful nature
  - v. Did not defeat Satan

#### **7. Pre-existent Covenant**

- a. Ephesians 1:3-7

## **Forget Not All His Benefits**

1. Forgiveness of Sins
2. Eternal Life
3. Adaption into the Family of God (John 1:12; Eph 1:5)
4. Infilling of the Holy Spirit (John 3, Acts 1:8, Act 2)
5. Righteousness, Sanctification, Justification and Glorification
6. Access to the Father through Jesus
7. Power over sin and Satan
8. Healing: body, soul, and spirit
9. Revelation and Understanding

## **The Great Exchange:**

2 Corinthians 5:21 *For our sake he made him to be sin who knew no sin, so that in him we might become the righteousness of God.*

| <b>Humanity</b> | <b>Jesus</b>        |
|-----------------|---------------------|
| ○ Guilty        | Innocent            |
| ○ Unrighteous   | Righteous           |
| ○ Profane       | Holy                |
| ○ Sinful        | Sinless             |
| ○ Disobedient   | Obedient            |
| ○ Unfaithful    | Faithful            |
| ○ Self-Willed   | Surrendered         |
| ○ Prideful      | Humble              |
| ○ Greedy        | Giving and Generous |
| ○ Hateful       | Loving              |
| ○ Unforgiving   | Forgiving           |
| ○ Vengeful      | Merciful            |
| ○ Violent       | Peaceful            |
| ○ Dishonest     | Truthful            |
| ○ Immoral       | Pure                |