



REDEEMER

WINTER HAVEN

*"Be still, and know that I am God.
I will be exalted among the nations,
I will be exalted in the earth!"*

Psalm 46:10 (ESV)

WELLNESS

BUILDING FOR RESILIENCY

The banner has a blue background with a sunburst pattern at the top and wavy, white-lined patterns at the bottom. The text is centered in the middle.

June 7, 2026 – Second Sunday after Pentecost

Season of the Cross: Green for Ordinary Time

Ordinary Time is the long season that takes up three quarters of the church year. This portion of Ordinary Time runs between Pentecost and Advent. Ordinary Time has traditionally been devoted to seeking our Lord in the simple, ordinary day-in and day-out rhythms of life. It is a time in which we are all invited to order our lives around Christ's life and teaching.

Call to Worship: Psalm 34

We read God's Word, the Bible, together. It reminds us of who God is and what He expects from us.

Leader: "I will bless the Lord at all times; his praise shall continually be in my mouth. My soul makes its boast in the Lord; ... Oh, magnify the Lord with me, and let us exalt his name together.

I sought the Lord, and he answered me and delivered me from all my fears. Those who look to him are radiant, and their faces shall never be ashamed.

O taste and see that the Lord is good! Blessed is the man who takes refuge in him.

Song of Ascent

The first song we sing together guides us as we "go up" or approach the presence of God to worship Him. This song is meant to rouse us to worship and awaken our hearts.

Praise to the Lord the Almighty

Reading of the Law: Hebrews 12:1-13

While the law cannot justify us or make us righteous; it is a teacher given to lead us to Christ, the fulfiller of the law.

1 Therefore, since we are surrounded by so great a cloud of witnesses, let us also lay aside every weight, and sin which clings so closely, and let us run with endurance the race that is set before us, 2 looking to Jesus, the founder and perfecter of our faith, who for the joy that was set before him endured the cross, despising the shame, and is seated at the right hand of the throne of God. 3 Consider him who endured from sinners such hostility against himself, so that you may not grow weary or fainthearted. 4 In your struggle against sin you have not yet resisted to the point of shedding your blood. 5 And have you forgotten the exhortation that addresses you as sons? "My son, do not regard lightly the discipline of the Lord, nor be weary when reproved by him. 6 For the Lord disciplines the one he loves, and chastises every son whom he receives." 7 It is for discipline that you have to endure. God is treating you as sons. For what son is there whom his father does not discipline? 8 If you are left without discipline, in which all have participated, then you are illegitimate children and not sons. 9 Besides this, we have had earthly fathers who disciplined us and we respected them. Shall we not much more be subject to the Father of spirits and live? 10 For they disciplined us for a short time as it seemed best to them, but he disciplines us for our good, that we may share his holiness. 11 For the moment all discipline seems painful rather than pleasant, but later it yields the peaceful fruit of righteousness to those who have been trained by it. 12 Therefore lift your drooping hands and strengthen your weak knees, 13 and make straight paths for your feet, so that what is lame may not be put out of joint but rather be healed.

Prayer of Adoration and Confession

We pray together, praising God for who He really is (Adoration) and admitting our inability to live up to what He expects of us (Confession).

Assurance of Pardon: 1 Peter 5:6-11

We read God's Word together and are reminded that grace and mercy are freely given to all who have faith in Jesus Christ.

6 Humble yourselves, therefore, under the mighty hand of God so that at the proper time he may exalt you, 7 casting all your anxieties on him, because he cares for you. 8 Be sober-minded; be watchful. Your adversary the devil prowls around like a roaring lion, seeking someone to devour. 9 Resist him, firm in your faith, knowing that the same kinds of suffering are being experienced by your brotherhood throughout the world. 10 And after you have suffered a little while, the God of all grace, who has called you to his eternal glory in Christ, will himself restore, confirm, strengthen, and establish you. 11 To him be the dominion forever and ever. Amen.

Greeting

In Jesus, we have not only been reconciled to God, we have also been reconciled to one another. Therefore, we greet one another as brothers and sisters.

Songs of Praise and Celebration

Our response to God's free grace is celebratory worship. We express our praise to God for who He is and what He has done to save us

Christ Is Mine Forevermore
Christ Our Hope in Life and Death

Worship Through Giving: Give Online at redeemerwh.org/give

We respond to the good news of God's mercy and grace for us in Jesus by giving generously to the work of this church and the kingdom of God.

Kids' Worship Dismissal

*Children **through first grade** are dismissed for kids' worship.*

Prayer of Thanksgiving & Intercession

We again express in prayer our gratitude to God for what he has done and ask him to continue to act for our good and the good of others in our community and the world.

The Lord's Prayer

Jesus taught this prayer to guide His people in how to pray (Gospel of Matthew 6:9-13). When we pray it together, we address God as our Father, ask for His kingdom to come, depend on Him for daily provision, seek forgiveness, and look to Him for strength to walk in faithfulness.

Proclamation of God's Word

A small portion of God's Word is explained to us and applied to our own lives.

Psalm 94:12-15; 119:65-71; 34:19-22;
Proverbs 3:11-12; 12:1

Confession of Faith: The Apostles' Creed

As an expression of our faith in Jesus Christ in solidarity with his people, we declare the substance of what we believe.

I believe in God the Father Almighty, Maker of heaven and earth. I believe in Jesus Christ, His only Son, our Lord, who was conceived by the Holy Spirit, and born of the virgin Mary. He suffered under Pontus Pilate, was crucified dead and buried; He descended into hell. The third day He rose again from the dead. He ascended into heaven and is seated at the right hand of God the Father Almighty. From there He will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic (universal) church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

Sacrament of Communion

The ritual meal of Communion is a sign and seal of the grace we have in Jesus. That is, it symbolizes the work Christ did for our salvation (sign) and communicates the grace and mercy we have been given (seal) as a result of His death and resurrection.

Mercy Offering: Give Online at redeemerwh.org/give

We respond to the good news of God's mercy and grace for us in Jesus by giving generously to the work of this church and the kingdom of God.

Recognition of Connie Lear

Song of Response & Sending

We respond to the good news of God's mercy and grace by singing again of His goodness and greatness.

Is He Worthy?

Benediction

Because the hand of God's wrath was raised against Jesus, we now receive the hand of God's blessing as we are sent out to live our lives to the glory of God.

May the LORD bless you and keep you;
May the LORD make His face to shine upon you and be gracious to you;
May the LORD turn His face toward you and give you His peace,
Both now and forevermore

There is a prayer team available following the worship service for anyone in need of prayer.

Proclamation of God's Word

A small portion of God's Word is explained to us and applied to our own lives.

12 Blessed is the man whom you discipline, O Lord, and whom you teach out of your law, 13 to give him rest from days of trouble, until a pit is dug for the wicked. 14 For the Lord will not forsake his people; he will not abandon his heritage; 15 for justice will return to the righteous, and all the upright in heart will follow it.

Psalm 94:12-15 (ESV)

65 You have dealt well with your servant, O Lord, according to your word. 66 Teach me good judgment and knowledge, for I believe in your commandments. 67 Before I was afflicted I went astray, but now I keep your word. 68 You are good and do good; teach me your statutes. 69 The insolent smear me with lies, but with my whole heart I keep your precepts; 70 their heart is unfeeling like fat, but I delight in your law. 71 It is good for me that I was afflicted, that I might learn your statutes.

Psalm 119:65-71 (ESV)

19 Many are the afflictions of the righteous, but the Lord delivers him out of them all. 20 He keeps all his bones; not one of them is broken. 21 Affliction will slay the wicked, and those who hate the righteous will be condemned. 22 The Lord redeems the life of his servants; none of those who take refuge in him will be condemned.

Psalm 34:19-22 (ESV)

11 My son, do not despise the Lord's discipline or be weary of his reproof, 12 for the Lord reproves him whom he loves, as a father the son in whom he delights.

Proverbs 3:11-12 (ESV)

1 Whoever loves discipline loves knowledge, but he who hates reproof is stupid.

Proverbs 12:1 (ESV)

Resources

Christopher Ash, *Psalms*

David Gibson, *Living Life Backward*

Martyn Lloyd-Jones, *Spiritual Depression*

Bruce Waltke, *Proverbs*

Sermon Series: Wellness: Building for Resiliency

Sermon Title: Suffering

Date: June 7, 2026

Hook: *What is the hardest thing in your life right now?*

I. FATHERLY LOVE

"The Lord reproveth him whom he loves, as a father the son in whom he delights" (Proverbs 3:12).

II. TRAINING

"For the moment disciplines seems painful not pleasant, but later it yields the peaceful fruit of righteousness to those who have been trained by it" (Hebrews 12:11).

III. THE BLESSING

"It is good for me that I was afflicted" (Ps 119:71)

Take-away: *Don't waste your suffering.*



THE GOSPEL IN

Colossians

Christ's Supremacy and Sufficiency

Of all the books in the Bible, Colossians may rightly be considered the most Christ-centered. In this short letter Paul goes to great lengths to proclaim the supremacy and sufficiency of Christ in all things and for all people. The good news of Christ's lordship over creation as well as his redemption for his people rings forth from start to finish in this epistle.

Paul focuses on these themes because the world, both that of the early Christians and our own, undermines the truth of Christ's supremacy and sufficiency for all of life. In the hearts and minds of unsuspecting Christians, this can cause uncertainty about Christ truly being our all in all. This can lead to doubts about God's sovereignty and salvation, despair when life seems confusing and out of control, and outright destruction of the foundations of our faith.

Paul writes this letter as an effective antidote to these very real dangers. He strengthens our gospel defense by fixing our eyes on who Jesus is. We are strengthened to combat the temptations to capitulate to worldly ambitions and desires, reduce the gospel to mere religious maxims, or separate our belief in Christ from our behavior for Christ.

Throughout the entire letter Paul redirects Christians' often-distracted focus back to Christ, who is the Creator of all things, Savior of all peoples, and Victor over all enemies because of his life, death, resurrection, and exaltation. Knowing and focusing on Christ builds a strong defense and forms a strategic offense against enemies both inside and outside the church. As clearly as any book of the Bible, Colossians rivets us on who Christ is and what he has accomplished—the very motivation and power believers need to live by faith, walk in obedience, and glorify God.

From *The Gospel Transformation Bible*,
"Colossians"

Announcements

Campaign Town Hall: We're hosting our first Town Hall regarding the *Growing Deep for Greater Reach* campaign on **June 14 following the worship service**. This will be a time to hear more details and ask questions as we head into our public launch on August 23. More information about the campaign can be found at: redeemerwh.org/campaign.

Summer Children's Ministry: During the summer our children's ministry is hosting monthly events for children and their parents.

- **June 27, 9:30-11am** | Water Day at Redeemer
- **July 11, 12:30-2pm** | Bowling at Incredibowl
- **August 8, 9:30-11:30am** | Splash Bash at Lake Eva Aquatic Park

Summer Women's Bible Study: Ladies, we're excited to offer a Women's Bible Study this summer. We'll meet **Thursday mornings from 9:30-11am (through August 13) in the Lakes Room**. The study is based on *"Esther: The Hidden Hand of God"* by Lydia Brownback.

Hearing Assistance: If you are in need of hearing assistance during the service, please join our "Redeemer Guest" Wifi and download the Listen Wifi App at redeemerwh.org/listen.

Get Connected: The best way to stay up-to-date with what's happening at Redeemer is through our online newsletter (redeemerwh.org/newsletter) and our mobile app (redeemerwh.org/app).

Worship Playlists: Follow our weekly set list on Spotify and Apple Music so that you can become familiar with the songs that we'll be singing on Sundays. You can find the playlist on the "RedeemerWH" app (above) or at: (redeemerwh.org/worship).

Our Mission

Our mission is to make Jesus' invisible kingdom visible in Winter Haven, Polk County, and the world.

Church Planting

One of the ways we hope to accomplish our mission is by planting new churches throughout Polk County. We proudly partner with Renew Polk (renewpolk.org) and the Florida Church Planting Network (flchurchplanting.org).

MISSION
FUND

2026 GOAL: \$50,000
RECEIVED: \$7,721

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