



REDEEMER

WINTER HAVEN

*"Be still, and know that I am God.
I will be exalted among the nations,
I will be exalted in the earth!"*

Psalm 46:10 (ESV)

WELLNESS

BUILDING FOR RESILIENCY

July 12, 2026 – Seventh Sunday after Pentecost

Season of the Cross: Green for Ordinary Time

Ordinary Time is the long season that takes up three quarters of the church year. This portion of Ordinary Time runs between Pentecost and Advent. Ordinary Time has traditionally been devoted to seeking our Lord in the simple, ordinary day-in and day-out rhythms of life. It is a time in which we are all invited to order our lives around Christ's life and teaching.

Call to Worship: Psalm 46:1-2, 10-11

We read God's Word, the Bible, together. It reminds us of who God is and what He expects from us.

People: God is our refuge and strength, a very present help in trouble. Therefore, we will not fear, though the earth gives way, though the mountains be moved into the heart of the sea.

Leader: Be still, and know that I am God. I will be exalted among the nations, I will be exalted in all the earth.

People: The Lord of hosts is with us; God is our fortress.

Song of Ascent

The first song we sing together guides us as we "go up" or approach the presence of God to worship Him. This song is meant to rouse us to worship and awaken our hearts.

Come Behold the Wondrous Mystery

Reading of the Law: Galatians 6:7-10

While the law cannot justify us or make us righteous; it is a teacher given to lead us to Christ, the fulfiller of the law.

7 Do not be deceived: God is not mocked, for whatever one sows, that will he also reap. 8 For the one who sows to his own flesh will from the flesh reap corruption, but the one who sows to the Spirit will from the Spirit reap eternal life. 9 And let us not grow weary of doing good, for in due season we will reap, if we do not give up. 10 So then, as we have opportunity, let us do good to everyone, and especially to those who are of the household of faith.

Prayer of Adoration and Confession

We pray together, praising God for who He really is (Adoration) and admitting our inability to live up to what He expects of us (Confession).

Song of Repentance

In this song of repentance we acknowledge our sin and our need of a Savior.

Child of the King

Assurance of Pardon: 1 Corinthians 15:50-58

We read God's Word together and are reminded that grace and mercy are freely given to all who have faith in Jesus Christ.

50 I tell you this, brothers: flesh and blood cannot inherit the kingdom of God, nor does the perishable inherit the imperishable. 51 Behold! I tell you a mystery. We shall not all sleep, but we shall all be changed, 52 in a moment, in the twinkling of an eye, at the last trumpet. For the trumpet will sound, and the dead will be raised imperishable, and we shall be changed...

...53 For this perishable body must put on the imperishable, and this mortal body must put on immortality. 54 When the perishable puts on the imperishable, and the mortal puts on immortality, then shall come to pass the saying that is written: "Death is swallowed up in victory." 55 "O death, where is your victory? O death, where is your sting?"

56 The sting of death is sin, and the power of sin is the law. 57 But thanks be to God, who gives us the victory through our Lord Jesus Christ. 58 Therefore, my beloved brothers, be steadfast, immovable, always abounding in the work of the Lord, knowing that in the Lord your labor is not in vain.

Greeting

In Jesus, we have not only been reconciled to God, we have also been reconciled to one another. Therefore, we greet one another as brothers and sisters.

Songs of Praise and Celebration

Our response to God's free grace is celebratory worship. We express our praise to God for who He is and what He has done to save us

He Will Be
All Sufficient Merit

Receiving New Members

As was the case for believers in the Old and New Testaments, we are called to publicly confess our faith in the grace of God, to participate in the rituals of entrance into the people of God (circumcision in the Old and baptism in the New), and to acknowledge our membership with His people.

Geri Haight
Bonnie Helms

Worship Through Giving: Give Online at redeemerwh.org/give

We respond to the good news of God's mercy and grace for us in Jesus by giving generously to the work of this church and the kingdom of God.

Kids' Worship Dismissal

*Children **through fifth grade** are dismissed for kids' worship.*

Prayer of Thanksgiving & Intercession

We again express in prayer our gratitude to God for what he has done and ask him to continue to act for our good and the good of others in our community and the world.

The Lord's Prayer

Jesus taught this prayer to guide His people in how to pray (Gospel of Matthew 6:9–13). When we pray it together, we address God as our Father, ask for His kingdom to come, depend on Him for daily provision, seek forgiveness, and look to Him for strength to walk in faithfulness.

Proclamation of God's Word

A small portion of God's Word is explained to us and applied to our own lives.

Selections from Proverbs & Ecclesiastes

Song of Response & Sending

We respond to the good news of God's mercy and grace by singing again of His goodness and greatness.

Abide

Benediction

Because the hand of God's wrath was raised against Jesus, we now receive the hand of God's blessing as we are sent out to live our lives to the glory of God.

May the LORD bless you and keep you;
May the LORD make His face to shine upon you and be gracious to you;
May the LORD turn His face toward you and give you His peace,
Both now and forevermore

There is a prayer team available following the worship service for anyone in need of prayer.

Proclamation of God's Word

A small portion of God's Word is explained to us and applied to our own lives.

11:24 One gives freely, yet grows all the richer; another withholds what he should give, and only suffers want. 25 Whoever brings blessing will be enriched, and one who waters will himself be watered.

12:11 Whoever works his land will have plenty of bread, but he who follows worthless pursuits lacks sense. 12 Whoever is wicked covets the spoil of evildoers, but the root of the righteous bears fruit... 14 From the fruit of his mouth a man is satisfied with good, and the work of a man's hand comes back to him.

14:14 The backslider in heart will be filled with the fruit of his ways, and a good man will be filled with the fruit of his ways.

15:19 The way of a sluggard is like a hedge of thorns, but the path of the upright is a level highway.

19:15 Slothfulness casts into a deep sleep, and an idle person will suffer hunger.

21:5 The plans of the diligent lead surely to abundance, but everyone who is hasty comes only to poverty... 21 Whoever pursues righteousness and kindness will find life, righteousness, and honor... 25 The desire of the sluggard kills him, for his hands refuse to labor. 26 All day long he craves and craves, but the righteous gives and does not hold back.

24:30 I passed by the field of a sluggard, by the vineyard of a man lacking sense, 31 and behold, it was all overgrown with thorns; the ground was covered with nettles, and its stone wall was broken down. 32 Then I saw and considered it; I looked and received instruction. 33 A little sleep, a little slumber, a little folding of the hands to rest, 34 and poverty will come upon you like a robber, and want like an armed man.

26:13 The sluggard says, "There is a lion in the road! There is a lion in the streets!" 14 As a door turns on its hinges, so does a sluggard on his bed. 15 The sluggard buries his hand in the dish; it wears him out to bring it back to his mouth.

Proverbs 11:24-25; 12:11-12,14; 14:14; 15:19; 19:15;
21:5,21,25-26; 24:30-34; 26:13-15 (ESV)

5:18 Behold, what I have seen to be good and fitting is to eat and drink and find enjoyment in all the toil with which one toils under the sun the few days of his life that God has given him, for this is his lot. 19 Everyone also to whom God has given wealth and possessions and power to enjoy them, and to accept his lot and rejoice in his toil—this is the gift of God.

Ecclesiastes 5:18-19 (ESV)

Sermon Series: Wellness: Building for Resiliency

Sermon Title: Plodding

Date: July 12, 2026

Hook: *Is calling someone a "plodder" a compliment? Or is it derogatory?*

I. THE LONG GAME

"Steady plodding brings prosperity..." (Prov 21:5 TLB)

II. ACEDIA

"The way of the sluggard is like a hedge of thorns" (Prov 15:19).

III. SOWING & REAPING

"... a good man will be filled with the fruit of his ways." (Proverbs 14:14)

Take-away: *Grace is opposed to merit; not effort.*

Discussion Questions

1. When you hear “plodder,” is that positive or negative for you? How do Proverbs 21:5 and Ecclesiastes 5:18–19 reshape your view of slow, steady faithfulness?
2. Where do you see “acedia” (spiritual laziness or avoidance) in your own life (Prov 15:19; 19:15; 26:13–15)? What does the image of a “hedge of thorns” practically mean?
3. Looking at the sowing/reaping verses (Prov 12:11, 14; 14:14; 24:30–34), what’s one area where you need to trust that today’s small, unseen obedience will bear fruit over time?
4. How does the idea “Grace is opposed to merit, not effort” help you distinguish between earning God’s favor and faithfully plodding in response to his grace?
5. In a culture that prizes speed and constant novelty, what is one practical way you could choose “steady plodding” this week—in work, relationships, or spiritual life?

Resources

Oliver Burkeman, ***Four Thousand Weeks***

Arthur Brooks, ***The Happiness Files***

Andy Crouch, ***The Life We're Looking For***

Tish Harrison Warren, ***What Grows in Weary Lands***

Announcements

Summer Children's Ministry: During the summer our children's ministry is hosting monthly events for children and their parents.

• **August 8, 9:30-11:30am** | Splash Bash at Lake Eva Aquatic Park

The Commons: This summer we've launched a new ministry for young singles in our church community. If you'd like more information about the group, reach out to **Dale (863.508.9807)** or **Misty McCracken (863.289.0735)**.

• **July 31** | Movie & Dinner | The Joinery in Lakeland

Men's Night: Join us for a "top golf" experience and complimentary dinner on **July 24, 6-8pm, at Southern Dunes**. Friendly competition with a few prizes. No program, just fun fellowship.

Membership Course: Redeemer's membership course is divided into five parts, corresponding to the parts of our theological vision – Gospel, City, Movement – our distinctives, and membership vows. The classes will be **Sundays after church from 11:45am- 1:00pm (Aug 16, Sep 20, Oct 18, Nov 15, Dec 20) in the Cypress Room**. Lunch will be provided, as well as childcare if needed. Contact the office for membership class booklets. redeemerwh.org/membership

Hearing Assistance: If you are in need of hearing assistance during the service, please join our "Redeemer Guest" Wifi and download the Listen Wifi App at redeemerwh.org/listen.

Get Connected: The best way to stay up-to-date with what's happening at Redeemer is through our online newsletter (redeemerwh.org/newsletter) and our mobile app (redeemerwh.org/app).

Worship Playlists: Follow our weekly set list on Spotify and Apple Music so that you can become familiar with the songs that we'll be singing on Sundays. You can find the playlist on the "RedeemerWH" app (above) or at: (redeemerwh.org/worship).

Our Mission | Mandate

Sending leaders for a Gospel Movement in the City

Our Values | Motives

Gospel centrality | *calling sinners and the "righteous" to repentance*

Gracious community | *making Redeemer a safe place for sinners*

Earnest spirituality | *grace is opposed to earning but not effort*

Institutional integrity | *building trust for formative belonging through excellence*

Side-by-side ministry | *equipping the saints for the works of ministry*

Sending capacity | *growing through multiplication*

MISSION
FUND

2026 GOAL: \$50,000

RECEIVED: \$8,947

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