



REDEEMER

WINTER HAVEN

*"Be still, and know that I am God.
I will be exalted among the nations,
I will be exalted in the earth!"*

Psalm 46:10 (ESV)

WELLNESS

BUILDING FOR RESILIENCY

August 2, 2026 – Tenth Sunday after Pentecost

Season of the Cross: Green for Ordinary Time

Ordinary Time is the long season that takes up three quarters of the church year. This portion of Ordinary Time runs between Pentecost and Advent. Ordinary Time has traditionally been devoted to seeking our Lord in the simple, ordinary day-in and day-out rhythms of life. It is a time in which we are all invited to order our lives around Christ's life and teaching.

Call to Worship: Psalm 104

We read God's Word, the Bible, together. It reminds us of who God is and what He expects from us.

Leader: O Lord my God, you are very great! You are clothed with splendor and majesty, covering yourself with light as with a garment, stretching out the heavens like a tent.

People: Bless the Lord, O my soul!

Leader: From your lofty abode you water the mountains; the earth is satisfied with the fruit of your work.

People: Bless the Lord, O my soul!

Leader: You cause the grass to grow for the livestock and plants for man to cultivate, that he may bring forth good from the earth, and wine to gladden the heart of man...

People: Bless the Lord, O my soul!

Leader: These all look to you, to give them their needs in due season. When you give it to them, they gather it up; when you open your hand, they are filled with good things. When you hide your face, they are dismayed; when you take away their breath, they die, and return to their dust. When you send forth your Spirit, they are created, and you renew the face of the ground.

People: May the glory of the Lord endure forever; may the Lord rejoice in his works!

Song of Ascent

The first song we sing together guides us as we "go up" or approach the presence of God to worship Him. This song is meant to rouse us to worship and awaken our hearts.

Come Ye Sinners

Reading of the Law: 1 Timothy 4:4; 6:17-19

While the law cannot justify us or make us righteous; it is a teacher given to lead us to Christ, the fulfiller of the law.

4:4 For everything created by God is good, and nothing is to be rejected if it is received with thanksgiving... 6:17 As for the rich in this present age, charge them not to be haughty, nor to set their hopes on the uncertainty of riches, but on God, who richly provides us with everything to enjoy. 18 They are to do good, to be rich in good works, to be generous and ready to share, 19 thus storing up treasure for themselves as a good foundation for the future, so that they may take hold of that which is truly life.

Prayer of Adoration and Confession

We pray together, praising God for who He really is (Adoration) and admitting our inability to live up to what He expects of us (Confession).

Assurance of Pardon: John 1:14, 16

We read God's Word together and are reminded that grace and mercy are freely given to all who have faith in Jesus Christ.

14 And the Word became flesh and dwelt among us, and we have seen his glory, glory as of the only Son from the Father, full of grace and truth... 16 For from his fullness we have all received, grace upon grace.

Greeting

In Jesus, we have not only been reconciled to God, we have also been reconciled to one another. Therefore, we greet one another as brothers and sisters.

Songs of Praise and Celebration

Our response to God's free grace is celebratory worship. We express our praise to God for who He is and what He has done to save us

This is My Father's World
Thy Lovely Source of True Delight

Worship Through Giving: Give Online at redeemerwh.org/give

We respond to the good news of God's mercy and grace for us in Jesus by giving generously to the work of this church and the kingdom of God.

Kids' Worship Dismissal

Children **through first grade** are dismissed for kids' worship.

Prayer of Thanksgiving & Intercession

We again express in prayer our gratitude to God for what he has done and ask him to continue to act for our good and the good of others in our community and the world.

The Lord's Prayer

Jesus taught this prayer to guide His people in how to pray (Gospel of Matthew 6:9–13). When we pray it together, we address God as our Father, ask for His kingdom to come, depend on Him for daily provision, seek forgiveness, and look to Him for strength to walk in faithfulness.

Proclamation of God's Word

A small portion of God's Word is explained to us and applied to our own lives.

Ecclesiastes 1:2-3; 2:1-2, 22-26; 5:18-6:2; 9:7-9; 11:9-10

Confession of Faith: The Apostles' Creed

As an expression of our faith in Jesus Christ in solidarity with his people, we declare the substance of what we believe.

I believe in God the Father Almighty, Maker of heaven and earth. I believe in Jesus Christ, His only Son, our Lord, who was conceived by the Holy Spirit, and born of the virgin Mary. He suffered under Pontus Pilate, was crucified dead and buried; He descended into hell...

...The third day He rose again from the dead. He ascended into heaven and is seated at the right hand of God the Father Almighty. From there He will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic (universal) church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

Sacrament of Communion

The ritual meal of Communion is a sign and seal of the grace we have in Jesus. That is, it symbolizes the work Christ did for our salvation (sign) and communicates the grace and mercy we have been given (seal) as a result of His death and resurrection.

O Lord My Rock and My Redeemer

Mercy Offering: Give Online at redeemerwh.org/give

We respond to the good news of God's mercy and grace for us in Jesus by giving generously to the work of this church and the kingdom of God.

Brad Scholten — Mission Fund

Song of Response & Sending

We respond to the good news of God's mercy and grace by singing again of His goodness and greatness.

Satisfied

Benediction

Because the hand of God's wrath was raised against Jesus, we now receive the hand of God's blessing as we are sent out to live our lives to the glory of God.

May the LORD bless you and keep you;
May the LORD make His face to shine upon you and be gracious to you;
May the LORD turn His face toward you and give you His peace,
Both now and forevermore

There is a prayer team available following the worship service for anyone in need of prayer.

Sermon Series: Wellness: Building for Resiliency

Sermon Title: Enjoyment

Date: August 2, 2026

Hook: *What's on your bucket list?*

I. THE SIN OF MISERY

"There is an evil that I have seen under the sun: a man to whom God gives wealth, possessions, and honor, so that he lacks nothing of all he desires, yet God does not give him the power to enjoy them. This is vanity; it is a grievous evil" (Ecclesiastes 6:1-2)

II. GIFT NOT GAIN

"Enjoy life... because that is your portion in life" (Ecclesiastes 9:9).

III. GOD-GIVEN ENJOYMENT

"There is nothing better for a person than that he should eat and drink and find enjoyment in his toil. This also, I saw, is from the hand of God, for apart from him who can eat or who can have enjoyment?" (Ecclesiastes 2:24-25)

Takeaway: *Avoid both the prosperity gospel and the severity gospel.*

Proclamation of God's Word

A small portion of God's Word is explained to us and applied to our own lives.

1:2 Vanity of vanities, says the Preacher, vanity of vanities! All is vanity. 3 What does man gain by all the toil at which he toils under the sun?

Ecclesiastes 1:2-3 (ESV)

2:1 I said in my heart, "Come now, I will test you with pleasure; enjoy yourself." But behold, this also was vanity. 2 I said of laughter, "It is mad," and of pleasure, "What use is it?"... 22 What has a man from all the toil and striving of heart with which he toils beneath the sun? 23 For all his days are full of sorrow, and his work is a vexation. Even in the night his heart does not rest. This also is vanity. 24 There is nothing better for a person than that he should eat and drink and find enjoyment in his toil. This also, I saw, is from the hand of God, 25 for apart from him who can eat or who can have enjoyment? 26 For to the one who pleases him God has given wisdom and knowledge and joy, but to the sinner he has given the business of gathering and collecting, only to give to one who pleases God. This also is vanity and a striving after wind.

Ecclesiastes 2:1-2, 22-26 (ESV)

5:18 Behold, what I have seen to be good and fitting is to eat and drink and find enjoyment in all the toil with which one toils under the sun the few days of his life that God has given him, for this is his lot. 19 Everyone also to whom God has given wealth and possessions and power to enjoy them, and to accept his lot and rejoice in his toil—this is the gift of God. 20 For he will not much remember the days of his life because God keeps him occupied with joy in his heart.

6:1 There is an evil that I have seen under the sun, and it lies heavy on mankind: 2 a man to whom God gives wealth, possessions, and honor, so that he lacks nothing of all that he desires, yet God does not give him power to enjoy them, but a stranger enjoys them. This is vanity; it is a grievous evil.

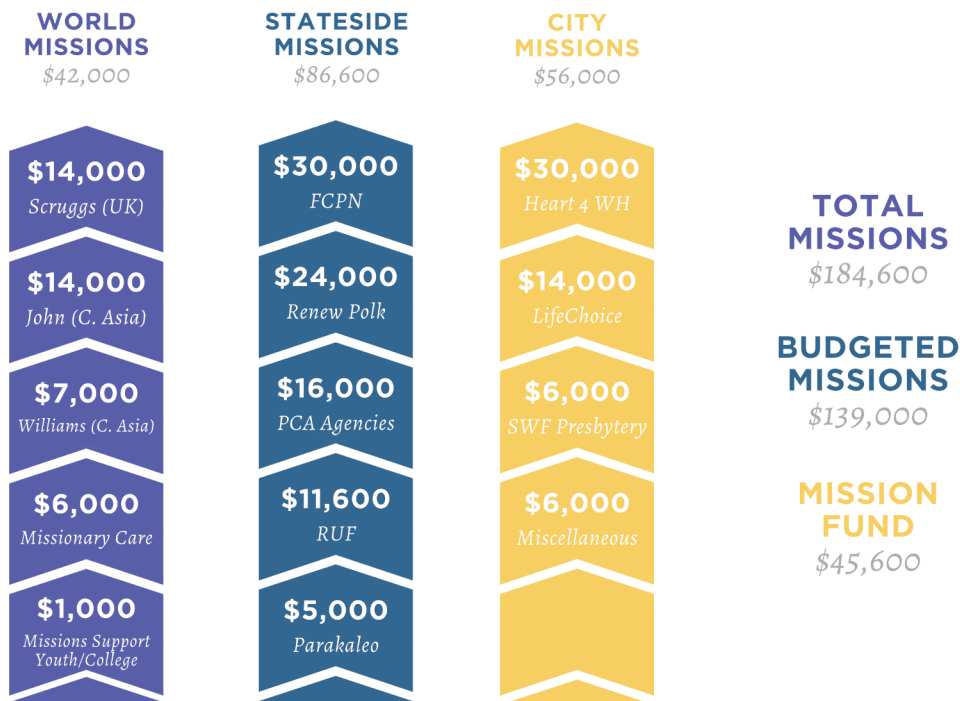
Ecclesiastes 5:18-6:2 (ESV)

9:7 Go, eat your bread with joy, and drink your wine with a merry heart, for God has already approved what you do. 8 Let your garments be always white. Let not oil be lacking on your head. 9 Enjoy life with the wife whom you love, all the days of your vain life that he has given you under the sun, because that is your portion in life and in your toil at which you toil under the sun.

Ecclesiastes 9:7-9 (ESV)

11:9 Rejoice, O young man, in your youth, and let your heart cheer you in the days of your youth. Walk in the ways of your heart and the sight of your eyes. But know that for all these things God will bring you into judgment. 10 Remove vexation from your heart, and put away pain from your body, for youth and the dawn of life are vanity.

Ecclesiastes 11:9-10 (ESV)



Discussion Questions

1. What's on your bucket list?
2. Why might the inability to enjoy God's gifts be called "a grievous evil"? Where do you see this "sin of misery" in our culture—or in your own heart?
3. What is the difference between receiving life as a gift and using life as a way to gain control, status, comfort, or identity? How might that change the way you approach work, food, friendship, marriage, money, or recreation?
4. What does your enjoyment of your life or lack thereof reflect what you believe about God? How does the gospel correct your wrong ideas of what God is like?
5. Are you more prone to over-enjoy or under-enjoy God's gifts? What might repentance look like in that area of your life?

Resources

David Gibson, *Living Life Backward*
 Bobby Jamieson, *Everything is Never Enough*
 Alan Noble, *To Live Well*
 Ray Ortlund, *Eat, Drink, and Be Merry*

Announcements

Summer Children's Ministry: During the summer our children's ministry is hosting monthly events for children and their parents.

• **August 8, 9:30-11:30am** | Splash Bash at Lake Eva Aquatic Park

BUILD: BUILD is a time to gather as a church family, share a meal, and get trained in our gospel tools. **We will meet on Wednesday nights August 19 through September 9.** Dinner begins at 5:30pm, classes begin at 6:30pm.

- 0-3 yrs | Childcare
- Infants-PreK | Catechism
- K-5th Grade | Catechism
- Youth | Youth Group
- Adults | Redeemer's Gospel Tools

Membership Course: Redeemer's membership course is divided into five parts, corresponding to the parts of our theological vision – Gospel, City, Movement – our distinctives, and membership vows. The classes will be **Sundays after church from 11:45am- 1:00pm (Aug 16, Sep 20, Oct 18, Nov 15, Dec 20) in the Cypress Room.** Lunch will be provided, as well as childcare if needed. Contact the office for membership class booklets. redeemerwh.org/membership

Hearing Assistance: If you are in need of hearing assistance during the service, please join our "Redeemer Guest" Wifi and download the Listen Wifi App at redeemerwh.org/listen.

Get Connected: The best way to stay up-to-date with what's happening at Redeemer is through our online newsletter (redeemerwh.org/newsletter) and our mobile app (redeemerwh.org/app).

Worship Playlists: Follow our weekly set list on Spotify and Apple Music so that you can become familiar with the songs that we'll be singing on Sundays. You can find the playlist on the "RedeemerWH" app (above) or at: (redeemerwh.org/worship).

Our Mission | Mandate

Sending leaders for a Gospel Movement in the City

Our Values | Motives

Gospel centrality | *calling sinners and the "righteous" to repentance*

Gracious community | *making Redeemer a safe place for sinners*

Earnest spirituality | *grace is opposed to earning but not effort*

Institutional integrity | *building trust for formative belonging through excellence*

Side-by-side ministry | *equipping the saints for the works of ministry*

Sending capacity | *growing through multiplication*

MISSION
FUND

2026 GOAL: \$50,000

RECEIVED: \$9,520

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