

CATALYZE CAPE MAY // 2026

The ABCs of Disciple-Making

START HERE

If you're new to following Jesus, it's important to establish something right up front: *this can feel overwhelming at first*. That's normal.

Anytime we talk about prayer, Scripture, redemptive relationships, and mission all at once, it can sound like a checklist – or worse, a religious burden. That is not the goal of this packet.

This guide is not about doing more for God. It's about learning how to **walk with God in a way that overflows into disciple-making**.

If you are new to these things, here's our encouragement to you: for this first month, we recommend that you do only one thing: **Read the Word and pray**.

Stay on the first page. Don't worry about the rest yet. Let God establish a simple, healthy rhythm of abiding with Him – hearing, obeying, and growing in trust. Real disciple-making begins with healthy discipleship.

We are not interested in producing more religious activity, but in cultivating transformative habits, and you can't start too many new habits at once.

That being said, if you already have a consistent rhythm of being in the Word and prayer, be encouraged to know that everything else will grow organically from that foundation. Relationships deepen. Conversations open naturally. Obedience becomes a response to the love that God is sowing in your own heart.

This packet is designed to help you establish habits this year. Faithfulness comes first. Fruit follows in God's timing. The Word and prayer... when those habits begin to take root, you'll be ready for the next step, and it won't feel overwhelming.

We're grateful you're on this journey with us.

A — ABIDE (John 15:1-11)

Know who you are in Christ. Stay close to Jesus.

Disciple-making begins with identity before activity.

We don't produce fruit by trying harder—we produce fruit by staying connected to the Vine.

Your Identity in Christ

Check the ones you need to remind yourself of regularly:

- ☐ I am a **new creation** in Christ (2 Cor. 5:17)
- ☐ I am a **child of God** (Rom. 8:15–17)
- ☐ I am **sent with purpose** (John 20:21)
- ☐ God desires to use me to bless others

Your Abiding Plan

Be realistic. Simple obedience beats big intentions. Begin with daily Bible reading and prayer, adding other disciplines in after those two practices are a habit of life.

Daily (circle two or more):

- Prayer
- Scripture reading ([Revolve NT Reading Plan](#))
- Journaling
- Silence / Listening
- Fasting
- Worship

When & where will this happen?

Weekly rhythm of rest & renewal:

“Apart from me you can do nothing.” — John 15:5

B — BUILD RELATIONSHIPS (2 Cor 5:14-21)

Love people. Be present. Pray intentionally.

God works through relationships.

Every person you know belongs to a network God wants to reach.

Identify People Where You Live, Work, Learn, and Play

Write first names only. Assume you will also be praying for family members and do not necessarily include them on this list.

People I am praying for who don't yet follow Jesus:

1. _____
2. _____
3. _____
4. _____
5. _____

Believers I can encourage or sharpen this year:

1. _____
2. _____
3. _____
4. _____
5. _____

Call to Prayer

- ☐ I will pray for these people **by name** (one person from each list) each day
- ☐ I will look for natural ways to spend time together
- ☐ I will ask God for open doors and open hearts

Relational Practices

Check what you will practice intentionally:

- ☐ Asking good questions
- ☐ Listening well
- ☐ Hospitality (coffee, meals, shared activities)
- ☐ Serving needs as they arise

"People don't care how much you know until they know you care." - Theodore Roosevelt

C — CONNECT TO CHRIST

Bring conversations to Jesus and people to the Word.

You don't have to have all the answers.

Your role is to guide people to discover truth for themselves.

Connecting Conversations

When appropriate, I will:

- ☐ Share how Jesus shapes my perspective
- ☐ Respond with grace and truth
- ☐ Offer prayer naturally
- ☐ Invite others to explore Scripture together using the Discovery Bible Study

Discovery Bible Study (DBS)

For a FULL list of DBS questions and Bible reading journeys please visit our website at:

<https://www.revolvechurchnj.com/resources>

Basic DBS Questions:

1. What does this passage say about **God**?
2. What does it say about **people**?
3. What will I **obey** from this passage?
4. Who can I **share** this with?

Who might I prayerfully invite into a DBS who does not yet follow Jesus? (It's always better to ask a group of friends and have non-followers outnumber Christ-followers.)

Where could it happen?

- ☐ Home
- ☐ Coffee shop
- ☐ Workplace
- ☐ Other: _____

We want groups of lost people encountering Jesus (DBS) and groups of believers sharpening one another.

"As iron sharpens iron, so one man sharpens another." – Proverbs 27:17

PRAYER & ACTION COMMITMENT

This week, my next step is:

I commit to pray:

- ☐ For God's power to move in Revolve and the churches in our county
 - ☐ For open doors to share the gospel in my social circles
 - ☐ For 100 Discovery Bible Studies that will multiply into more groups
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Guide for Prayer Walk / Prayer Drive

- Choose a street, neighborhood, or town
- Pray for homes, schools, and workplaces
- Ask God to reveal people of peace who will open doors to spread the gospel
- Pray for spiritual openness and renewal
- As you walk, be available to engage with the people around you

Area I will pray for:

After you pray...

- Highlight the streets on the map in the foyer on Sunday morning.

COACHING IS ALWAYS AVAILABLE

We love to coach disciple-makers and people doing their part to try and live out the Great Commandment and the Great Commission in our county. If you ever desire advice, prayers, or just need encouragement, you can always email Pastor Bill at pastorbill@revolvechurchnj.com.

If enough people desire coaching, we will try to establish a weekly coaching call on Zoom.