

Occult Practice Self Assessment. *Circle all relevant past or present practices.*

Divination

- Tarot, oracle, or angel cards
- Palm reading
- Tea leaf or coffee grind reading
- Runes
- Astrology, Horoscopes, Zodiac
- Numerology
- Pendulum dowsing
- Scrying
- Automatic writing
- Spirit boards (Ouija)
- Divination rods
- Dream interpretation for divination
- Channeling “prophetic destinies”

Sorcery & Witchcraft

- Casting spells
- Curse sending / hexes
- Candle magick
- Sigil drawing
- Potion brewing for spiritual effect
- Wicca practices
- Santería or Brujería
- Voodoo or Hoodoo
- Black magic or white magic
- Participating in covens or witchcraft
- Using voodoo dolls
- Spiritual “binding” or “cord cutting” rituals (outside biblical deliverance)

Mediumship & Necromancy

- Consulting mediums
- Spirit channeling
- “Talking” to deceased relatives
- Attending séances

- Spirit photography
- Ancestral worship or veneration
- “Grave soaking” for blessing

Spiritism & Spirit Guides

- Seeking “spirit guides,” “power animals,” or “ascended masters”
- Shamanism
- Imaginary Friends
- Vision quests to receive guidance
- “Astral projection” or soul travel
- Lucid dreaming for spiritual travel
- Communication with angelic beings for direction
- Channeling energies from “higher beings”

New Age & Eastern Mysticism

- Yoga as a spiritual practice (kundalini awakening, chakra alignment)
- Reiki
- Energy healing (including pranic healing, quantum healing)
- Chakra cleansing
- Crystal for healing, protection, or guidance
- Eastern Meditation
- Breathwork for spiritual consciousness
- Tuning forks or sound bowls for clearing
- Labyrinth walking for spiritual revelation
- Participation in New Age festivals

Occult Rituals & Idolatry

- Participation in pagan ceremonies
- Using pagan symbols
- Building altars to idols or ancestors
- Making offerings to idols, spirits, or gods
- Carrying amulets, talismans, or fetishes

- Burning sage for cleansing (“smudging”)
- Carrying “evil eye” jewelry for protection
- Praying to or invoking false gods

Occult Objects

- Possessing occult books
- “Holy” objects from other religions
- Dream catchers
- Spirit masks
- Statues of false gods
- Spiritually charged jewelry
- Totem poles

Drug Use for Spiritual Purposes (Witchcraft / Pharmakeia)

- Ayahuasca, Peyote, or Psilocybin
- LSD for spiritual visions
- Marijuana used for spiritual connection
- Any hallucinogen used to “open the mind” or for spiritual travel

Other Related Practices

- Manifestation / Law of Attraction
- Using affirmations to control reality spiritually
- Secret societies with oaths
- Blood oaths
- Swearing curses upon oneself or others
- Participation in cults with spiritual manipulation
- Engaging in “spiritual games” (Bloody Mary, Light as a Feather)