

# Morning to Evening Prayer

But I say, walk by the Spirit, and you will not gratify the desires of the flesh... <sup>22</sup> But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, <sup>23</sup> gentleness, self-control.”

Galatians 5:16, 22-23



*Seeking the renewing of lives through God's compelling  
love in Lynchburg and the world*

## **Introduction to Morning to Evening Prayer**

Before Jesus' death on the cross, He encouraged His disciples that when He leaves, He will send another Helper, the Holy Spirit. Jesus taught that this Spirit will remind them of all His teaching, empower them for mission, and give them words to say as they proclaim the good news that Christ is risen. Ordinary Time is that time after Resurrection where we focus on the ongoing work of the Spirit, who sanctifies and sends the church on mission into the world to declare Christ is King!

Psalm 92 encourages a regular rhythm of prayer from morning to evening. "It is good to give thanks to the Lord, to sing praises to Your name, O Most High; <sup>2</sup> to declare Your steadfast love in the morning, and Your faithfulness by night. <sup>3</sup> to the music of the lute and the harp, to the melody of the lyre. <sup>4</sup> For You, O Lord, have made me glad by Your work; at the works of Your hands I sing for joy."

As we pray in the morning, we pray with the assurance of God's love and seek His loving guidance each day. We seek direction from the Word of God as a lamp to our feet and a light to our path (Psalm 119:105). This Word of God dwells richly inside us as we pray it in the morning. Midday we continue to seek the Lord in order to make the most of our remaining time with insight and wisdom.

We end the evening with thankfulness for God's faithfulness, reflecting on all His work throughout the day. Remembering God's faithfulness, we often realize our unfaithfulness. As we confess our sins, God forgives and cleanses us through Christ's atoning work, His sacrifice for our sin. We respond with thankfulness for His mercy.

In the Rhythm for Morning to Evening Prayer, you will see the different elements of the Morning, Midday, and Evening Prayer Guides. The bullet points under each element describes how to practice each one. There is a new guide for each week of the month to follow each day: morning, midday, and evening. Daily there is a new morning and evening Psalm, morning Scripture, and midday Proverb. The Sunday Catechism can be found in the index section in the back (pg. 35ff). You may use this guide individually or with a group by having a leader read the plain text and everyone read the bold. This pattern of prayer helps us to be glad in the work of the Lord and to sing for joy in His presence as we seek His guidance.

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# Rhythm for Morning to Evening Prayer

## Morning Prayer Guide:<sup>1</sup>

- † **PSALM PRAYER:** Ephesians 5:18-20 (*see Psalm Index*)
- Praise God for His character and work in the Psalm.
  - Seek God based on the words of the Psalm.
- † **SCRIPTURE READING** 2 Timothy 3:16-17 (*see Scripture Index*)
- *Meditation:* Read and consider key phrases, prepositions, people, plots, connections, and redemptive themes.
  - *Adoration:* Read and adore God for His great character and kingdom clarified in the verse.
  - *Confession:* Read and confess ways you do not reflect God's character and kingdom in the verse.
  - *Thanksgiving:* Read and give thanks for God's grace, forgiveness, and help in or around the verse (foreshadowed/promised in OT & fulfilled in Christ's life, death and resurrection in NT).
  - *Application:* Read and seek God's guidance in applying the text. Write down the application.
- † **THE GLORIA** Ephesians 1:3
- Sing praise to our Triune God for His holiness, greatness, and presence.
- † **THE CREED** Titus 1:9
- Hold firm to the trustworthy Word and sound doctrine taught.
- † **THE LORD'S PRAYER** Luke 11:1-4
- Recite the Lord's Prayer so that your personal prayer might be shaped by the structure of the Lord's Prayer.
- † **PERSONAL PRAYER** Colossians 4:2  
(Pray Forward into the day)
- Pray forward into the day, focusing on your schedule, concerns of the day, and updated prayer list.
- † **PROMISE FOR THE DAY** 2 Corinthians 1:20
- Trust in God's promise of His daily presence and provision as you live out God's mission for the day.

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<sup>1</sup> For Shortened Prayer: Scripture Reading, Lord's Prayer, Personal Prayer, Promise for the Day

## Midday Prayer Guide

- † **PSALM PRAYER** Ephesians 5:18-20 (*see Psalm Index*)  
- *Praise for God's character/work & seek God based on the Psalm.*
- † **PROVERBS PRAYER**  
- *Pray for God's wisdom to guide you for the rest of the day.*

## Evening Prayer Guide<sup>2</sup>

- † **PSALM PRAYER** Ephesians 5:18-20 (*see Psalm Index*)  
- *Praise for God's character/work & seek God based on the Psalm.*
- † **CONFESSION** 1 John 1:9  
- *Consider your daily activities, attitudes, and interactions and confess any sinful ways you broke God's law or failed to fully obey God's law.*
- † **GOSPEL PROMISE** Psalm 32:5  
- *Remember the promise of Christ's forgiveness through His life, death, and resurrection.*
- † **THANKSGIVING PRAYERS** Psalm 136:1  
- *Rejoice in Christ's forgiveness, reflect on your day, and give thanks for the many blessings and opportunities of the day.*
- † **SONG OF PRAISE** Psalm 103:1-3  
- *Sing praise to God because all blessings come from Him.*
- † **SUNDAY CATECHISM** Titus 1:9 (*see Catechism Index*)  
- *Hold firm to the trustworthy Word and sound doctrine taught.*
- † **PERSONAL PRAYER** Colossians 4:2  
(*Pray Backward over the day*)  
- *Pray back over your day concerning events and interactions you experienced throughout the day.*
- † **PROMISE FOR THE NIGHT** 2 Corinthians 1:20  
- *Trust in God's promise of rest and care for the night hours.*

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<sup>2</sup> For Shortened Prayer: Psalm Prayer & Personal Prayer

## Morning Prayer Guide 07/26-08/01

### † PSALM PRAYER *(see Psalm Index)*

Blessed be the God and Father of our Lord Jesus Christ,  
**for You have blessed us in Christ with every spiritual blessing  
in the heavenly places.**

O Lord, open our lips,  
**and our mouths will declare Your praise.**  
*(Read Psalm and pray)*

### † SCRIPTURE READING *(see Scripture Index)*

Sovereign Spirit, as we with unveiled face behold the glory of  
the Lord, transform us and conform us to the image of Christ.  
**Open our eyes, that we may behold wondrous things out of  
Your law.**

*(Read Scripture: Meditate, Adore, Confess, Give Thanks, Apply)*

### † THE GLORIA “Alleluia! Alleluia” *(Ebenezer)*

**Alleluia! Alleluia! Glory be to God on high;  
Alleluia to the Savior, Who has won the victory;  
Alleluia to the Spirit, fount of love and sanctity.  
Alleluia! Alleluia to the Triune Majesty.**

### † THE CREED Titus 3:3-5

<sup>3</sup>For we ourselves were once foolish, disobedient, led astray,  
slaves to various passions and pleasures, passing our days in  
malice and envy, hated by others and hating one another. <sup>4</sup>But  
when the goodness and loving kindness of God our Savior  
appeared, <sup>5</sup>He saved us, not because of works done by us in  
righteousness, but according to His own mercy, by the washing  
of regeneration and renewal of the Holy Spirit, <sup>6</sup>Whom He  
poured out on us richly through Jesus Christ our Savior, <sup>7</sup>so  
that being justified by His grace we might become heirs  
according to the hope of eternal life.

## † THE LORD'S PRAYER

**Our Father, Who art in heaven: hallowed be Thy name; Thy kingdom come; Thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our debts as we forgive our debtors. And lead us not into temptation, but deliver us from evil, for Thine is the kingdom and the power and the glory, forever. Amen.**

## † PERSONAL PRAYER Psalm 25:6

“Lead me in Your truth and teach me,  
**for You are the God of my salvation; for You I wait all the day long.”**  
*(Pray Forward into the day)*

## † PROMISE FOR THE DAY Psalm 18:28-30

Spirit, empower us as Christ's witnesses to the end of the earth!  
“<sup>1</sup> <sup>28</sup> **For it is You who light my lamp; the Lord my God lightens my darkness. <sup>29</sup> For by You I can run against a troop, and by my God I can leap over a wall. <sup>30</sup> This God—His way is perfect; the word of the Lord proves true; He is a shield for all those who take refuge in him.”**

### Midday Prayer Guide 07/26-08/01

## † PSALM PRAYER *(see Psalm Index-Morning Psalm)*

Be gracious to us, O Lord, for to You do we cry all the day.  
**Gladden the soul of Your servants, for to You, O Lord, do I lift up my soul.**  
*(Read portion of Morning Psalm and pray)*

## † PROVERBS PRAYER *(see Proverbs Index)*

So teach us to number our days  
**that we may get a heart of wisdom.**  
*(Read Proverbs and pray)*

## Evening Prayer Guide 07/26-08/01

### † PSALM PRAYER *(see Psalm Index)*

By day the LORD commands His steadfast love,  
**and at night His song is with me, a prayer to the God of my life.**

*(Read Psalm and pray)*

### † CONFESSION

Lord, You search and know everything around us, inside of us, and ahead of us. You determine the end from the beginning.

Your knowledge and wisdom should encourage our trust.

**We confess that we hide from You and cover our sin. In pride we act as if we know better than You. Lord, have mercy on us.**

Lord, You hem us in behind and before, giving us the assurance of Your protection and Your peace. You lay Your hand over us to care for us.

**We confess that we reject Your care and cast off Your comfort.**

**We seek comfort in food, friendships, entertainment, sexual pleasure, and life management. Lord, have mercy on us.**

Lord, there is nowhere we can go from Your Spirit. You are high above us and down below us. Even the darkness is not too dark for You. You made us wonderfully and lead us carefully.

**We confess that we run from You and pursue our own path.**

**We despise Your good creation and envy other people's bodies, families, and circumstances. Lord, have mercy on us.**

*(Confess personal sin)*

Search us, O God, and know our hearts! Try us and know our anxious thoughts!

**See if there be any grievous way in us, and lead us in the way everlasting! In Christ, our Savior, we pray. Amen.**

### † GOSPEL PROMISE Hebrews 10:12-14

### † THANKSGIVING PRAYERS

† **SONG OF PRAISE** *There is a Fountain Filled with Blood 1, 3, 5*

**There is a fountain filled with blood,**

**Drawn from Immanuel's veins;**

**And sinners, plunged beneath that flood,**

**Lose all their guilty stains.**

**E'er since by faith I saw the stream  
Your flowing wounds supply,  
Redeeming love has been my theme,  
And shall be till I die.**

**Dear dying Lamb, Your precious blood  
Shall never lose its power,  
Till all the ransomed church of God  
Be saved, to sin no more.**

**SUNDAY CATECHISM** (*see Catechism Index*)

† **PERSONAL PRAYER** Psalm 25:6

“Lead me in Your truth and teach me,  
**for You are the God of my salvation; for You I wait all the day  
long.”**

*(Pray Backward over the day)*

† **PROMISE FOR THE NIGHT** Psalm 4:7-8

“<sup>7</sup> You have put more joy in my heart  
than they have when their grain and wine abound.

**<sup>8</sup> In peace I will both lie down and sleep;  
for You alone, O Lord, make me dwell in safety.”**



## Morning Prayer Guide 08/02-08/08

### † PSALM PRAYER (*see Psalm Index*)

Blessed be the God and Father of our Lord Jesus Christ,  
**for You have blessed us in Christ with every spiritual blessing in  
the heavenly places.**

O Lord, open our lips,  
**and our mouths will declare Your praise.**

*(Read Psalm and pray)*

### † SCRIPTURE READING (*see Scripture Index*)

Sovereign Spirit, as we with unveiled face behold the glory of the  
Lord, transform us and conform us to the image of Christ.

**Open our eyes, that we may behold wondrous things out of Your  
law.**

*(Read Scripture: Meditate, Adore, Confess, Give Thanks, Apply)*

### † THE GLORIA “Gloria Patri” (*Greatorex*)

**Glory be to the Father, and to the Son, and to the Holy Ghost;  
As it was in the beginning, is now, and ever shall be,  
World without end! A—men, A—men!**

### † THE CREED The Nicene Creed

**We believe in one God, the Father Almighty, Maker of heaven  
and earth and of all things visible and invisible;  
And in one Lord Jesus Christ, the only-begotten Son of God,  
begotten of His Father before all worlds, God of God, Light of  
Light, very God of very God, begotten, not made, being of one  
substance with the Father; by Whom all things were made; Who,  
for us and our salvation, came down from heaven, and was  
incarnate by the Holy Spirit of the virgin Mary, and was made  
man; and was crucified also for us under Pontius Pilate; He  
suffered and was buried; and the third day He rose again  
according to the Scriptures, and ascended into heaven, and is  
seated at the right hand of the Father; and He shall come again,  
with glory, to judge both the living and the dead; Whose kingdom  
shall have no end.**

**And we believe in the Holy Spirit, the Lord and giver of life,  
Who proceeds from the Father and the Son; Who with the  
Father and the Son together is worshiped and glorified;**

**Who spoke by the prophets; and we believe in one holy catholic and apostolic church; we acknowledge one baptism for the remission of sins; and we look for the resurrection of the dead, and the life of the world to come. Amen**

† **THE LORD'S PRAYER**

**Our Father, Who art in heaven: hallowed be Thy name; Thy kingdom come; Thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our debts as we forgive our debtors. And lead us not into temptation, but deliver us from evil, for Thine is the kingdom and the power and the glory, forever. Amen.**

† **PERSONAL PRAYER** Psalm 69:13

“But as for me, my prayer is to You, O LORD.

**At an acceptable time, O God, in the abundance of Your steadfast love answer me in Your saving faithfulness.”**

*(Pray Forward into the day)*

† **PROMISE FOR THE DAY 2** Timothy 1:6-7

Spirit, empower us as Christ's witnesses to the end of the earth!

**“6 For this reason I remind you to fan into flame the gift of God, which is in you through the laying on of my hands, 7 for God gave us a spirit not of fear but of power and love and self-control.”**

**Midday Prayer Guide 08/02-08/08**

† **PSALM PRAYER** *(see Psalm Index-Morning Psalm)*

Be gracious to us, O Lord, for to You do we cry all the day.

**Gladden the soul of Your servants, for to You, O Lord, do we lift up our souls.**

*(Read portion of Morning Psalm and pray)*

† **PROVERBS PRAYER** *(see Proverbs Index)*

So teach us to number our days

**that we may get a heart of wisdom.**

*(Read Proverbs and pray)*

## Evening Prayer Guide 08/02-08/08

### † PSALM PRAYER *(see Psalm Index)*

By day the LORD commands His steadfast love,  
**and at night His song is with me, a prayer to the God of my life.**

*(Read Psalm and pray)*

### † CONFESSION

Glorious God, You call us to boast in the Lord. We rejoice that we understand and know You, that You are the Lord Who practices steadfast love, justice, and righteousness in the earth.

**But we confess that we have boasted in our wisdom, in our might, and in our riches. We even boasted of evil. Our tongue plots destruction rather than praising the Lord. We love evil more than good, and lying more than speaking what is right. We love words that devour and deceive. We confess that we have not made the Lord our refuge, but have trusted in the abundance of our riches and have sought refuge in those things which destroy. Lord, have mercy on us.**

*(Confess personal sin)*

But far be it from me to boast except in the cross of our Lord Jesus Christ, by which the world has been crucified to me, and I to the world.

**Make us like the green olive tree in the house of God. Help us to trust in the steadfast love of God forever and ever. In Christ, our Savior, we pray. Amen.**

### † GOSPEL PROMISE 1 John 2:1-2

### † THANKSGIVING PRAYERS

#### † SONG OF PRAISE *All Hail the Power of Jesus' Name 1- 3*

**All hail the power of Jesus' Name!**

**Let angels prostrate fall;**

**Bring forth the royal diadem,**

**And crown Him Lord of all.**

**Crown him, ye martyrs of your God**

**Who from His altar call;**

**Extol the Stem of Jesse's rod,**

**And crown Him Lord of all.**

**Ye seed of Israel's chosen race,  
Ye ransomed of the fall,  
Hail Him who saves you by His grace,  
And crown Him Lord of all.**

† **SUNDAY CATECHISM** (*see Catechism Index*)

† **PERSONAL PRAYER** Psalm 69:13

“But as for me, my prayer is to You, O LORD.

**At an acceptable time, O God, in the abundance of Your steadfast  
love answer me in Your saving faithfulness.”**

*(Pray Backward over the day)*

† **PROMISE FOR THE NIGHT** Psalm 4:7-8

“<sup>7</sup>You have put more joy in my heart  
than they have when their grain and wine abound.

**<sup>8</sup>In peace I will both lie down and sleep;  
for You alone, O Lord, make me dwell in safety.”**

## Morning Prayer Guide 08/09-08/15

### † PSALM PRAYER *(see Psalm Index)*

Blessed be the God and Father of our Lord Jesus Christ,  
**for You have blessed us in Christ with every spiritual blessing  
in the heavenly places.**

O Lord, open our lips,  
**and our mouths will declare Your praise.**

*(Read Psalm and pray)*

### † SCRIPTURE READING *(see Scripture Index)*

Sovereign Spirit, as we with unveiled face behold the glory of  
the Lord, transform us and conform us to the image of Christ.  
**Open our eyes, that we may behold wondrous things out of  
Your law.**

*(Read Scripture: Meditate, Adore, Confess, Give Thanks, Apply)*

† **THE GLORIA** “Praise and Glory to the Father” *(Regent Square)*  
**Praise and glory to the Father, praise and glory to the Son,  
Praise and glory to the Spirit: ever Three and ever One;  
One in might and One in glory, while unending ages run!**

### † THE CREED Philippians 2:4-11

“<sup>4</sup> Let each of you look not only to his own interests, but also to the interests of others. <sup>5</sup> Have this mind among yourselves, which is yours in Christ Jesus, <sup>6</sup> Who, though He was in the form of God, did not count equality with God a thing to be grasped, <sup>7</sup> but emptied Himself, by taking the form of a servant, being born in the likeness of men. <sup>8</sup> And being found in human form, He humbled Himself by becoming obedient to the point of death, even death on a cross. <sup>9</sup> Therefore God has highly exalted Him and bestowed on Him the name that is above every name, <sup>10</sup> so that at the name of Jesus every knee should bow, in heaven and on earth and under the earth, <sup>11</sup> and every tongue confess that Jesus Christ is Lord, to the glory of God the Father.”

## † THE LORD'S PRAYER

**Our Father, Who art in heaven: hallowed be Thy name; Thy kingdom come; Thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our debts as we forgive our debtors. And lead us not into temptation, but deliver us from evil, for Thine is the kingdom and the power and the glory, forever. Amen.**

## † PERSONAL PRAYER Psalm 20:1-2

<sup>1</sup> May the Lord answer you in the day of trouble!

May the name of the God of Jacob protect you!

**<sup>2</sup> May He send you help from the sanctuary  
and give you support from Zion!**

† (*Pray Forward into the day*)

## † PROMISE FOR THE DAY 2 Timothy 1:8-9

Spirit, empower us as Christ's witnesses to the end of the earth!

**“<sup>8</sup> Therefore do not be ashamed of the testimony about our Lord, nor of me his prisoner, but share in suffering for the gospel by the power of God, <sup>9</sup> Who saved us and called us to a holy calling, not because of our works but because of His own purpose and grace, which He gave us in Christ Jesus before the ages began.”**

### Midday Prayer Guide 08/09-08/15

## † PSALM PRAYER (*see Psalm Index-Morning Psalm*)

Be gracious to us, O Lord, for to You do we cry all the day.

**Gladden the soul of Your servants, for to You, O Lord, do we lift up our souls.**

(*Read portion of Morning Psalm and pray*)

## † PROVERBS PRAYER (*see Proverbs Index*)

So teach us to number our days

**that we may get a heart of wisdom.**

(*Read Proverbs and pray*)

## Evening Prayer Guide 08/09-08/15

### † PSALM PRAYER *(see Psalm Index)*

By day the LORD commands His steadfast love,  
**and at night His song is with me, a prayer to the God of my life.**

*(Read Psalm and pray)*

### † CONFESSION

Gracious King, You dwell in a high and holy place and rule over us in Your might, compassion, and love. Who can dwell on Your holy hill?

**We bow before Your mercy, humbled by our sin because we have not lived blameless lives nor done what is right.**

You welcome those who use their lips to promote righteousness.

**But we speak lies from our heart, falsely accuse with our words, and slander with our tongue.**

You welcome those who commit no matter the cost, who do not demand interest, and take no bribe against the innocent.

**But our love for money has spoiled our love for others. We fail to follow through on our promises and take advantage of others for our own benefit. Lord, have mercy on us.**

*(Confess personal sin)*

Though we are unworthy to come before You, You make us worthy through Christ's perfect sacrifice.

**Forgive us our sins and ground us in the Gospel that we may never be moved. In Christ, our Savior, we pray. Amen.**

### † GOSPEL PROMISE Isaiah 54:4-5

### † THANKSGIVING PRAYERS

#### † SONG OF PRAISE *Cast Thy Burden on the Lord*

**Cast your burden on the Lord,  
Only lean upon His word;  
You will soon have cause to bless  
His eternal faithfulness.**

**He sustains you by His hand,  
He enables you to stand;  
Those whom Jesus once has loved  
From His grace are never moved.**

**Human counsels come to naught;  
That shall stand which God has wrought;  
His compassion love, and power  
Are the same for evermore.**

**Heav'n and earth may pass away,  
God's free grace shall not decay;  
He has promised to fulfil  
All the pleasure of His will.**

**Jesus, Guardian of Your flock,  
Be Yourself our constant rock;  
Make us, by Your powerful hand,  
Strong as Zion's mountain stand.**

† **SUNDAY CATECHISM** (*see Catechism Index*)

† **PERSONAL PRAYER** Psalm 20:1-2

“<sup>1</sup> May the Lord answer you in the day of trouble!

May the name of the God of Jacob protect you!

**<sup>2</sup> May He send you help from the sanctuary  
and give you support from Zion!**

† (*Pray Backward over the day*)

† **PROMISE FOR THE NIGHT** Psalm 4:7-8

“<sup>7</sup> You have put more joy in my heart

than they have when their grain and wine abound.

**<sup>8</sup> In peace I will both lie down and sleep;  
for You alone, O Lord, make me dwell in safety.”**



## Morning Prayer Guide 08/16-08/22

### † PSALM PRAYER *(see Psalm Index)*

Blessed be the God and Father of our Lord Jesus Christ,  
**for You have blessed us in Christ with every spiritual blessing  
in the heavenly places.**

O Lord, open our lips,  
**and our mouths will declare Your praise.**

*(Read Psalm and pray)*

### † SCRIPTURE READING *(see Scripture Index)*

Sovereign Spirit, as we with unveiled face behold the glory of  
the Lord, transform us and conform us to the image of Christ.  
**Open our eyes, that we may behold wondrous things out of  
Your law.**

*(Read Scripture: Meditate, Adore, Confess, Give Thanks, Apply)*

### † THE GLORIA “Glorify Your Name” *(Adkins)*

**FATHER, we love You, we praise You, we adore You: Glorify  
Your name in all the earth! Glorify Your name, glorify Your  
name, glorify Your name in all the earth!**

*(Repeat, using: JESUS and SPIRIT)*

### † THE CREED 1 Corinthians 15:1-6

**Now I would remind you, brothers, of the gospel I preached  
to you, which you received, in which you stand, <sup>2</sup> and by which  
you are being saved, if you hold fast to the word I preached to  
you—unless you believed in vain.**

**<sup>3</sup>For I delivered to you as of first importance what I also  
received: that Christ died for our sins in accordance with the  
Scriptures, <sup>4</sup> that He was buried, that He was raised on the third  
day in accordance with the Scriptures, <sup>5</sup> and that He appeared  
to Cephas, then to the twelve. <sup>6</sup> Then He appeared to more than  
five hundred brothers at one time, most of whom are still alive,  
though some have fallen asleep.**

## † THE LORD’S PRAYER

**Our Father, Who art in heaven: hallowed be Thy name; Thy kingdom come; Thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our debts as we forgive our debtors. And lead us not into temptation, but deliver us from evil, for Thine is the kingdom and the power and the glory, forever. Amen.**

## † PERSONAL PRAYER Matthew 6:33-34

“<sup>33</sup> But seek first the kingdom of God and His righteousness, and all these things will be added to you.

<sup>34</sup> **“Therefore do not be anxious about tomorrow, for tomorrow will be anxious for itself. Sufficient for the day is its own trouble.”**

*(Pray Forward into the day)*

## † PROMISE FOR THE DAY John 14:12-14

Spirit, empower us as Christ’s witnesses to the end of the earth!

“<sup>12</sup> Truly, truly, I say to you, whoever believes in Me will also do the works that I do; and greater works than these will he do, because I am going to the Father. <sup>13</sup> Whatever you ask in My name, this I will do, that the Father may be glorified in the Son. <sup>14</sup> If you ask Me anything in My name, I will do it.”

### Midday Prayer Guide 08/16-08/22

## † PSALM PRAYER *(see Psalm Index-Morning Psalm)*

Be gracious to us, O Lord, for to You do we cry all the day.

**Gladden the soul of Your servants, for to You, O Lord, do we lift up our souls.**

*(Read portion of Morning Psalm and pray)*

## † PROVERBS PRAYER *(see Proverbs Index)*

So teach us to number our days

**that we may get a heart of wisdom.**

*(Read Proverbs and pray)*

## Evening Prayer Guide 08/16-08/22

### † PSALM PRAYER *(see Psalm Index)*

By day the LORD commands His steadfast love,  
**and at night His song is with me, a prayer to the God of my life.**

*(Read Psalm and pray)*

### † CONFESSION

The heavens declare the glory of God, and the sky above  
proclaim Your handiwork. Day to day pours out speech, and  
night to night reveals knowledge.

**Forgive us, for we have not beheld Your glory nor spoken of  
Your beauty. Though we see Your glory on earth and in sky  
and know Your greatness, we do not honor You as God or give  
thanks to You. We have become futile in our thinking and  
darkened in our understanding. We have exchanged the glory  
of the immortal God for images resembling mortal man and  
birds and animals and creeping things. Forgive us for  
exchanging the truth about God for a lie and for worshipping  
the creature rather than the Creator, who is blessed forever.**

*(Confess Personal Sins)*

The law of the LORD is perfect, the testimony of the LORD is  
sure, the precepts of the LORD are right, and the  
commandment of the LORD is pure.

**Revive our soul, make us wise, rejoice our heart, and enlighten  
our eyes. In Christ, our Savior, we pray. Amen.**

### † GOSPEL PROMISE Isaiah 54:10

### † THANKSGIVING PRAYERS

#### † SONG OF PRAISE *How Firm a Foundation*

**How firm a foundation, you saints of the Lord,  
Is laid for your faith in His excellent Word!  
What more can He say than to you He has said,  
To you who for refuge to Jesus have fled?**

**Fear not, I am with you, O be not dismayed;  
I am your God, and will still give you aid;  
I'll strengthen you, help you, and cause you to stand,  
Upheld by My righteous, omnipotent hand.**

**When through the deep waters I call you to go,  
The rivers of sorrow shall not overflow;  
For I will be with you your troubles to bless,  
And sanctify to you your deepest distress.**

**The soul that on Jesus has leaned for repose,  
I will not, I will not desert to his foes;  
That soul, though all hell should endeavor to shake,  
I'll never, no, never, no, never forsake.**

† **SUNDAY CATECHISM** (*see Catechism Index*)

† **PERSONAL PRAYER** Matthew 6:33-34

“<sup>33</sup> But seek first the kingdom of God and His righteousness,  
and all these things will be added to you.

<sup>34</sup> **“Therefore do not be anxious about tomorrow, for tomorrow  
will be anxious for itself. Sufficient for the day is its own  
trouble.”**

*(Pray Backward over the day)*

† **PROMISE FOR THE NIGHT** Psalm 4:7-8

“<sup>7</sup> You have put more joy in my heart  
than they have when their grain and wine abound.

<sup>8</sup> **In peace I will both lie down and sleep;  
for You alone, O Lord, make me dwell in safety.”**

## Morning Prayer Guide 08/23-08/29

### † PSALM PRAYER *(see Psalm Index)*

Blessed be the God and Father of our Lord Jesus Christ,  
**for You have blessed us in Christ with every spiritual blessing  
in the heavenly places.**

O Lord, open our lips,  
**and our mouths will declare Your praise.**

*(Read Psalm and pray)*

### † SCRIPTURE READING *(see Scripture Index)*

Sovereign Spirit, as we with unveiled face behold the glory of  
the Lord, transform us and conform us to the image of Christ.  
**Open our eyes, that we may behold wondrous things out of  
Your law.**

*(Read Scripture: Meditate, Adore, Confess, Give Thanks, Apply)*

### † THE GLORIA “Gloria Patri” *(Creatorex)*

**Glory be to the Father, and to the Son, and to the Holy Ghost;  
As it was in the beginning, is now, and ever shall be,  
World without end! A—men, A—men!**

### † THE CREED The Apostles Creed

**I believe in God the Father Almighty, Maker of heaven and  
earth; and in Jesus Christ His only Son our Lord; Who was  
conceived by the Holy Ghost, born of the virgin Mary, suffered  
under Pontius Pilate, was crucified, dead, and buried; He  
descended into hell; the third day He rose again from the dead;  
He ascended into heaven and sitteth on the right hand of God  
the Father Almighty; from thence He shall come to judge the  
quick and the dead. I believe in the Holy Ghost; the holy  
catholic church; the communion of saints; the forgiveness of  
sins; the resurrection of the body; and the life everlasting.  
Amen.**

### † THE LORD’S PRAYER

**Our Father, Who art in heaven: hallowed be Thy name; Thy  
kingdom come; Thy will be done, on earth as it is in heaven. Give  
us this day our daily bread; and forgive us our debts as we  
forgive our debtors. And lead us not into temptation, but deliver  
us from evil, for Thine is the kingdom and the power and the  
glory, forever. Amen.**

† **PERSONAL PRAYER** Jeremiah 33:2-3

“<sup>2</sup>“Thus says the Lord who made the earth, the Lord Who formed it to establish it—the Lord is His name:

**<sup>3</sup> Call to Me and I will answer you, and will tell you great and hidden things that you have not known.”**

*(Pray Forward into the day)*

† **PROMISE FOR THE DAY** Isaiah 50:10

Spirit, empower us as Christ’s witnesses to the end of the earth!

**“<sup>10</sup> Who among you fears the Lord and obeys the voice of His servant? Let him who walks in darkness and has no light trust in the name of the Lord and rely on his God.”**

**Midday Prayer Guide 08/23-08/29**

**PSALM PRAYER** *(see Psalm Index-Morning Psalm)*

Be gracious to us, O Lord, for to You do we cry all the day.

**Gladden the soul of Your servant, for to You, O Lord, do we lift up our souls.**

*(Read portion of Morning Psalm and pray)*

† **PROVERBS PRAYER** *(see Proverbs Index)*

So teach us to number our days

**that we may get a heart of wisdom.**

*(Read Proverbs and pray)*

## Evening Prayer Guide 08/23-08/29

### † PSALM PRAYER *(see Psalm Index)*

By day the LORD commands His steadfast love,  
**and at night His song is with me, a prayer to the God of my life.**

*(Read Psalm and pray)*

### † CONFESSION

Lord, You are our Light and our salvation, the stronghold of our life. Therefore we should not live in constant fear, but wait for You with strength and courage.

**We confess that our fear reveals our self-reliance, our desire for control, and our unbelief in Your enduring support.**

**Forgive us for walking by the light of our fire and for managing our life apart from You. We run ahead of You impatiently, rather than waiting in peace.**

Our hearts long to gaze upon Your beauty, to meditate in Your temple, and to behold Your face. Surely we will look upon the goodness of the LORD in the land of the living.

**We confess that we have turned our gaze from You to the world, we have meditated on our concerns rather than Your care, and have forgotten Your goodness and Your grace. Have mercy on us for our forgetfulness and unfaithfulness.**

*(Confess personal sins)*

Hide us in Your shelter on the day of trouble.

**Teach us Your way, O Lord, and lead us on a level path. In Christ, our Savior, we pray. Amen.**

**GOSPEL PROMISE** Psalm 130:7-8

### † THANKSGIVING PRAYERS

#### † SONG OF PRAISE *God Be Merciful to Me 1-3*

**God, be merciful to me,  
On Thy grace I rest my plea;  
Plenteous in compassion Thou,  
Blot out my transgressions now;  
Wash me, make me pure within,  
Cleanse, O cleanse me from my sin.**

**My transgressions I confess,  
Grief and guilt my soul oppress;  
I have sinned against Thy grace  
And provoked Thee to Thy face;  
I confess Thy judgment just,  
Speechless, I Thy mercy trust.**

**I am evil, born in sin;  
Thou desirest truth within.  
Thou alone my Saviour art,  
Teach Thy wisdom to my heart;  
Make me pure, Thy grace bestow,  
Wash me whiter than the snow.**

† **SUNDAY CATECHISM** (*see Catechism Index*)

† **PERSONAL PRAYER** Jeremiah 33:2-3

“<sup>2</sup>“Thus says the Lord who made the earth, the Lord Who  
formed it to establish it—the Lord is His name:

**<sup>3</sup> Call to Me and I will answer you, and will tell you great and  
hidden things that you have not known.”**

*(Pray Backward over the day)*

† **PROMISE FOR THE NIGHT** Psalm 4:7-8

“<sup>7</sup> You have put more joy in my heart  
than they have when their grain and wine abound.

**<sup>8</sup> In peace I will both lie down and sleep;  
for You alone, O Lord, make me dwell in safety.”**



## Morning Prayer Guide 08/30-09/05

### † PSALM PRAYER *(see Psalm Index)*

Blessed be the God and Father of our Lord Jesus Christ,  
**for You have blessed us in Christ with every spiritual blessing  
in the heavenly places.**

O Lord, open our lips,  
**and our mouths will declare Your praise.**

*(Read Psalm and pray)*

### † SCRIPTURE READING *(see Scripture Index)*

Sovereign Spirit, as we with unveiled face behold the glory of  
the Lord, transform us and conform us to the image of Christ.  
**Open our eyes, that we may behold wondrous things out of  
Your law.**

*(Read Scripture: Meditate, Adore, Confess, Give Thanks, Apply)*

### † THE GLORIA “Alleluia! Alleluia” *(Ebenezer)*

**Alleluia! Alleluia! Glory be to God on high;  
Alleluia to the Savior, Who has won the victory;  
Alleluia to the Spirit, fount of love and sanctity.  
Alleluia! Alleluia to the Triune Majesty.**

### † THE CREED Colossians 1:15-20

**“<sup>15</sup> He is the image of the invisible God, the firstborn of all  
creation. <sup>16</sup> For by Him all things were created, in heaven and  
on earth, visible and invisible, whether thrones or dominions  
or rulers or authorities—all things were created through Him  
and for Him. <sup>17</sup> And He is before all things, and in Him all  
things hold together. <sup>18</sup> And He is the head of the body, the  
church. He is the beginning, the firstborn from the dead, that  
in everything He might be preeminent. <sup>19</sup> For in Him all the  
fullness of God was pleased to dwell, <sup>20</sup> and through Him to  
reconcile to Himself all things, whether on earth or in heaven,  
making peace by the blood of His cross.”**

† **THE LORD'S PRAYER**

**Our Father, Who art in heaven: hallowed be Thy name; Thy kingdom come; Thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our debts as we forgive our debtors. And lead us not into temptation, but deliver us from evil, for Thine is the kingdom and the power and the glory, forever. Amen.**

† **PERSONAL PRAYER** Jeremiah 29:12-13

“<sup>12</sup>Then you will call upon Me and come and pray to Me, and I will hear you.

<sup>13</sup>**You will seek Me and find Me, when you seek Me with all your heart. <sup>14</sup>I will be found by you, declares the LORD”**  
*(Pray Forward into the day)*

† **PROMISE FOR THE DAY** Jeremiah 29:11

Spirit, empower us as Christ's witnesses to the end of the earth!

“<sup>11</sup>**For I know the plans I have for you, declares the Lord, plans for welfare and not for evil, to give you a future and a hope.”**

**Midday Prayer Guide 08/30-09/05**

† **PSALM PRAYER** *(see Psalm Index-Morning Psalm)*

Be gracious to us, O Lord, for to You do we cry all the day.

**Gladden the soul of Your servants, for to You, O Lord, do we lift up our souls.**

*(Read portion of Morning Psalm and pray)*

† **PROVERBS PRAYER** *(see Proverbs Index)*

So teach us to number our days

**that we may get a heart of wisdom.**

*(Read Proverbs and pray)*

## Evening Prayer Guide 08/30-09/05

### † PSALM PRAYER *(see Psalm Index)*

By day the LORD commands His steadfast love,  
**and at night His song is with me, a prayer to the God of my life.**

*(Read Psalm and pray)*

### † CONFESSION

You have called us to ascribe to the LORD glory and strength, the glory due Your name. We should worship the LORD in the splendor of holiness.

**But we have failed to worship You. We have disregarded Your glory, refused Your strength, and forgotten Your name. Forgive us, Lord.**

The voice of the Lord is powerful and full of majesty. By Your Word You create life and take life, You break down and build up, You stop the waters and cause to skip. You sit enthroned as king forever.

**But we have covered our eyes that we might not see Your Word. We have rejected Your Word in rebellion. We make loud demands and command You to follow our way. We exalt ourselves as king. Forgive us, Lord.**

*(Confess personal sin)*

In Your temple all cry, “Glory!” because You are full of grace. **May the LORD strengthen us, His people, and bless us with peace. In Christ, our Savior, we pray. Amen..**

### † GOSPEL PROMISE 1 Peter 1:3-5

### † THANKSGIVING PRAYERS

#### † SONG OF PRAISE *My Hope is Built on Nothing Less*

**My hope is built on nothing less  
Than Jesus' blood and righteousness;  
I dare not trust the sweetest frame,  
But wholly lean on Jesus' name.**

*Chorus:*

**On Christ, the solid Rock, I stand;  
All other ground is sinking sand.  
All other ground is sinking sand.**

**When darkness veils his lovely face,  
I rest upon unchanging grace;  
In ev'ry rough and stormy gale  
My anchor holds within the veil.**

*Chorus*

**His oath, His covenant, His blood  
Support me in the whelming flood;  
When all around my soul gives way,  
He then is all my hope and stay.**

*Chorus*

† **SUNDAY CATECHISM** (*see Catechism Index*)

† **PERSONAL PRAYER** Jeremiah 29:12-13

“<sup>12</sup>Then you will call upon Me and come and pray to Me, and  
I will hear you.

<sup>13</sup>**You will seek Me and find Me, when you seek Me with all  
your heart. <sup>14</sup>I will be found by you, declares the LORD”**

*(Pray Backward over the day)*

† **PROMISE FOR THE NIGHT** Psalm 4:7-8

“<sup>7</sup>You have put more joy in my heart  
than they have when their grain and wine abound.

<sup>8</sup>**In peace I will both lie down and sleep;  
for You alone, O Lord, make me dwell in safety.”**

## Morning Prayer Guide 09/06-09/12

### † PSALM PRAYER *(see Psalm Index)*

Blessed be the God and Father of our Lord Jesus Christ,  
**for You have blessed us in Christ with every spiritual blessing  
in the heavenly places.**

O Lord, open our lips,  
**and our mouths will declare Your praise.**  
*(Read Psalm and pray)*

### † SCRIPTURE READING *(see Scripture Index)*

Sovereign Spirit, as we with unveiled face behold the glory of  
the Lord, transform us and conform us to the image of Christ.  
**Open our eyes, that we may behold wondrous things out of  
Your law.**

*(Read Scripture: Meditate, Adore, Confess, Give Thanks, Apply)*

### † THE GLORIA “Praise and Glory to the Father” *(Regent Square)*

**Praise and glory to the Father, praise and glory to the Son,  
Praise and glory to the Spirit: ever Three and ever One;  
One in might and One in glory, while unending ages run!**

### † THE CREED Titus 3:3-5

**<sup>3</sup> For we ourselves were once foolish, disobedient, led astray,  
slaves to various passions and pleasures, passing our days in  
malice and envy, hated by others and hating one another. <sup>4</sup> But  
when the goodness and loving kindness of God our Savior  
appeared, <sup>5</sup> He saved us, not because of works done by us in  
righteousness, but according to His own mercy, by the washing  
of regeneration and renewal of the Holy Spirit, <sup>6</sup> Whom He  
poured out on us richly through Jesus Christ our Savior, <sup>7</sup> so  
that being justified by His grace we might become heirs  
according to the hope of eternal life.**

### † THE LORD’S PRAYER

**Our Father, Who art in heaven: hallowed be Thy name; Thy  
kingdom come; Thy will be done, on earth as it is in heaven. Give  
us this day our daily bread; and forgive us our debts as we  
forgive our debtors. And lead us not into temptation, but deliver  
us from evil, for Thine is the kingdom and the power and the  
glory, forever. Amen.**

† **PERSONAL PRAYER** Ephesians 6:17-18

“<sup>17</sup> and take the helmet of salvation, and the Sword of the Spirit, which is the Word of God,

<sup>18</sup> **praying at all times in the Spirit, with all prayer and supplication. To that end, keep alert with all perseverance, making supplication for all the saints”**

*(Pray Forward into the day)*

† **PROMISE FOR THE DAY** Psalm 84:11-12

Spirit, empower us as Christ’s witness to the end of the earth!

“<sup>11</sup> **For the Lord God is a sun and shield; the Lord bestows favor and honor. No good thing does He withhold from those who walk uprightly.** <sup>12</sup> **O Lord of hosts, blessed is the one who trusts in You!”**

### **Midday Prayer Guide 09/06-09/12**

† **PSALM PRAYER** *(see Psalm Index-Morning Psalm)*

Be gracious to us, O Lord, for to You do we cry all the day.

**Gladden the soul of Your servants, for to You, O Lord, do we lift up our souls.**

*(Read portion of Morning Psalm and pray)*

† **PROVERBS PRAYER** *(see Proverbs Index)*

So teach us to number our days

**that we may get a heart of wisdom.**

*(Read Proverbs and pray)*

## Evening Prayer Guide 09/06-09/12

### † PSALM PRAYER *(see Psalm Index)*

By day the LORD commands His steadfast love,  
**and at night His song is with me, a prayer to the God of my life.**

*(Read Psalm and pray)*

### † CONFESSION

How lovely is Your dwelling place, O Lord of hosts! Our soul longs, yes, faints for the courts of the Lord; Our heart and flesh sing for joy to the living God.

**Forgive us for our joyless worship and our empty praise. We pursue You out of heartless discipline rather than heart filled delight. We have abandoned the love we had at first and have exchanged burning passion for burned out apathy. Lord, have mercy on us.**

Blessed are those whose strength is in You, in whose heart are the highways to Zion. As they go through the Valley of Baca they make it a place of springs; the early rain also covers it with pools. They go from strength to strength; each one appears before God in Zion.

**Forgive us for living by our own strength and seeking our own way. We have turned to the highways of self-improvement and self-glory. Our sorrows have multiplied because we have run after other gods and have rejected Your Law. Lord, have mercy on us.**

*(Confess personal sin)*

Even the sparrow finds a home, and the swallow a nest for herself, where she may lay her young, at Your altars, O Lord of hosts, my King and my God.

**Help us to rest in the finished work of Christ and enjoy the comforts of home in fellowship with our God. In Christ, our Savior, we pray. Amen.**

### † GOSPEL PROMISE Hebrews 9:13-14

### † THANKSGIVING PRAYERS

† **SONG OF PRAISE** *Nothing But the Blood of Jesus*

**What can wash away my sin?  
Nothing but the blood of Jesus;  
What can make me whole again?  
Nothing but the blood of Jesus.**

*Chorus:*

**O precious is the flow  
That makes me white as snow;  
No other fount I know,  
Nothing but the blood of Jesus.**

**For my cleansing this I see—  
Nothing but the blood of Jesus;  
For my pardon this my plea—  
Nothing but the blood of Jesus.**

*Chorus*

**Nothing can for sin atone—  
Nothing but the blood of Jesus;  
Naught of good that I have done—  
Nothing but the blood of Jesus.**

*Chorus*

† **SUNDAY CATECHISM** (*see Catechism Index*)

† **PERSONAL PRAYER** Ephesians 6:17-18

“<sup>17</sup> and take the helmet of salvation, and the Sword of the Spirit, which is the Word of God,

<sup>18</sup> **praying at all times in the Spirit, with all prayer and supplication. To that end, keep alert with all perseverance, making supplication for all the saints”**

*(Pray Backward over the day)*

† **PROMISE FOR THE NIGHT** Psalm 4:7-8

“<sup>7</sup> You have put more joy in my heart than they have when their grain and wine abound.

<sup>8</sup> **In peace I will both lie down and sleep;  
for You alone, O Lord, make me dwell in safety.”**



## Morning Prayer Guide 09/13-09/19

### † PSALM PRAYER *(see Psalm Index)*

Blessed be the God and Father of our Lord Jesus Christ,  
**for You have blessed us in Christ with every spiritual blessing  
in the heavenly places.**

O Lord, open our lips,  
**and our mouths will declare Your praise.**

*(Read Psalm and pray)*

### † SCRIPTURE READING *(see Scripture Index)*

Sovereign Spirit, as we with unveiled face behold the glory of  
the Lord, transform us and conform us to the image of Christ.  
**Open our eyes, that we may behold wondrous things out of  
Your law.**

*(Read Scripture: Meditate, Adore, Confess, Give Thanks, Apply)*

### † THE GLORIA “Alleluia! Alleluia” *(Ebenezer)*

**Alleluia! Alleluia! Glory be to God on high;  
Alleluia to the Savior, Who has won the victory;  
Alleluia to the Spirit, fount of love and sanctity.  
Alleluia! Alleluia to the Triune Majesty.**

### † THE CREED 1 Corinthians 15:1-6

Now I would remind you, brothers, of the gospel I preached  
to you, which you received, in which you stand, <sup>2</sup> and by which  
you are being saved, if you hold fast to the word I preached to  
you—unless you believed in vain.

<sup>3</sup> For I delivered to you as of first importance what I also  
received: that Christ died for our sins in accordance with the  
Scriptures, <sup>4</sup> that He was buried, that He was raised on the third  
day in accordance with the Scriptures, <sup>5</sup> and that He appeared  
to Cephas, then to the twelve. <sup>6</sup> Then He appeared to more than  
five hundred brothers at one time, most of whom are still alive,  
though some have fallen asleep.

† **THE LORD'S PRAYER**

**Our Father, Who art in heaven: hallowed be Thy name; Thy kingdom come; Thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our debts as we forgive our debtors. And lead us not into temptation, but deliver us from evil, for Thine is the kingdom and the power and the glory, forever. Amen.**

† **PERSONAL PRAYER** Psalm 17:6-7

“<sup>6</sup>I call upon You, for You will answer me, O God;  
incline Your ear to me; hear my words.

**<sup>7</sup>Wondrously show Your steadfast love, O Savior of those who seek refuge from their adversaries at Your right hand.”**

*(Pray Forward into the day)*

† **PROMISE FOR THE DAY** Isaiah 64:4

Spirit, empower us as Christ's witnesses to the end of the earth!

**“<sup>4</sup>From of old no one has heard or perceived by the ear, no eye has seen a God besides You, Who acts for those who wait for Him.”**

**Midday Prayer Guide 09/13-09/19**

† **PSALM PRAYER** *(see Psalm Index-Morning Psalm)*

Be gracious to us, O Lord, for to You do we cry all the day.

**Gladden the soul of Your servants, for to You, O Lord, do I lift up my soul.**

*(Read portion of Morning Psalm and pray)*

† **PROVERBS PRAYER** *(see Proverbs Index)*

So teach us to number our days

**that we may get a heart of wisdom.**

*(Read Proverbs and pray)*

## Evening Prayer Guide 09/13-09/19

### † PSALM PRAYER *(see Psalm Index)*

By day the LORD commands His steadfast love,  
**and at night His song is with me, a prayer to the God of my life.**

*(Read Psalm and pray)*

### † CONFESSION

You made us to sing aloud to You our strength, to shout for joy to the God of Jacob. When we are in distress, You deliver us.

When we cry out in need, You respond with help.

**But we often do not listen to Your voice, nor do we submit to Your guidance. We stubbornly shrug off Your leadership and follow our own counsel. Forgive us our sin.**

You relieve our shoulder of the burden of our sin and the burdens of our suffering. You free us from our slavery to sin.

**But we quickly return to those deeds that leave us dry. We reject Your deliverance and chain ourselves to sin. We are led astray from a sincere and pure devotion to Christ and follow empty lies. Forgive us our sin.**

*(Confess personal sins)*

You are the LORD our God who delivers us from the land of slavery.

**We open wide our mouth that you might feed us with Your abundant grace and fill us with Your satisfying love. In Christ, our Savior, we pray. Amen**

### † GOSPEL PROMISE John 8:34-36

### † THANKSGIVING PRAYERS

#### † SONG OF PRAISE *Rock of Ages Cleft for Me*

Rock of Ages, cleft for me

Let me hide myself in Thee;

Let the water and the blood,

From Thy riven side which flowed,

Be of sin the double cure,

Cleanse me from its guilt and pow'r.

Not the labors of my hands  
Can fulfil Thy law's demands;  
Could my zeal no respite know,  
Could my tears for ever flow,  
All for sin could not atone;  
Thou must save, and thou alone.

Nothing in my hand I bring,  
Simply to Thy cross I cling;  
Naked, come to Thee for dress,  
Helpless, look to Thee for grace;  
Foul, I to the Fountain fly;  
Wash me, Saviour, or I die.

While I draw this fleeting breath,  
When mine eyelids close in death,  
When I soar to worlds unknown,  
See Thee on thy judgment throne,  
Rock of Ages, cleft for me,  
Let me hide myself in Thee.

#### SUNDAY CATECHISM (*see Catechism Index*)

† **PERSONAL PRAYER** Psalm 17:6-7

“<sup>6</sup> I call upon You, for You will answer me, O God;  
incline Your ear to me; hear my words.

<sup>7</sup> **Wondrously show Your steadfast love, O Savior of those who  
seek refuge from their adversaries at Your right hand.”**

*(Pray Backward over the day)*

† **PROMISE FOR THE NIGHT** Psalm 4:7-8

“<sup>7</sup> You have put more joy in my heart  
than they have when their grain and wine abound.

<sup>8</sup> **In peace I will both lie down and sleep;  
for You alone, O Lord, make me dwell in safety.”**

## Morning Prayer Guide 09/20-09/26

### † PSALM PRAYER (*see Psalm Index*)

Blessed be the God and Father of our Lord Jesus Christ,  
**for You have blessed us in Christ with every spiritual blessing  
in the heavenly places.**

O Lord, open our lips,  
**and our mouths will declare Your praise.**

*(Read Psalm and pray)*

### † SCRIPTURE READING (*see Scripture Index*)

Sovereign Spirit, as we with unveiled face behold the glory of  
the Lord, transform us and conform us to the image of Christ.  
**Open our eyes, that we may behold wondrous things out of  
Your law.**

*(Read Scripture: Meditate, Adore, Confess, Give Thanks, Apply)*

### † THE GLORIA “Gloria Patri” (*Greatorex*)

**Glory be to the Father, and to the Son, and to the Holy Ghost;  
As it was in the beginning, is now, and ever shall be,  
World without end! A—men, A—men!**

### † THE CREED The Apostles Creed

**I believe in God the Father Almighty, Maker of heaven and  
earth; and in Jesus Christ His only Son our Lord; Who was  
conceived by the Holy Ghost, born of the virgin Mary, suffered  
under Pontius Pilate, was crucified, dead, and buried; He  
descended into hell; the third day He rose again from the dead;  
He ascended into heaven and sitteth on the right hand of God  
the Father Almighty; from thence He shall come to judge the  
quick and the dead. I believe in the Holy Ghost; the holy  
catholic church; the communion of saints; the forgiveness of  
sins; the resurrection of the body; and the life everlasting.  
Amen.**

### † THE LORD’S PRAYER

**Our Father, Who art in heaven: hallowed be Thy name; Thy  
kingdom come; Thy will be done, on earth as it is in heaven. Give  
us this day our daily bread; and forgive us our debts as we  
forgive our debtors. And lead us not into temptation, but deliver  
us from evil, for Thine is the kingdom and the power and the  
glory, forever. Amen.**

† **PERSONAL PRAYER** Colossians 4:2

“<sup>2</sup> Continue steadfastly in prayer,

**being watchful in it with thanksgiving.”**

*(Pray Forward into the day)*

† **PROMISE FOR THE DAY** Lamentations 3:25-26

Spirit, empower us as Christ’s witnesses to the end of the earth!

“<sup>25</sup> **The Lord is good to those who wait for Him, to the soul who seeks Him. <sup>26</sup> It is good that one should wait quietly for the salvation of the Lord.**”

### **Midday Prayer Guide 09/20-09/26**

† **PSALM PRAYER** *(see Psalm Index-Morning Psalm)*

Be gracious to us, O Lord, for to You do we cry all the day.

**Gladden the soul of Your servants, for to You, O Lord, do I lift up my soul.**

*(Read portion of Morning Psalm and pray)*

† **PROVERBS PRAYER** *(see Proverbs Index)*

So teach us to number our days

**that we may get a heart of wisdom.**

*(Read Proverbs and pray)*

## Evening Prayer Guide 09/20-09/26

### † PSALM PRAYER *(see Psalm Index)*

By day the LORD commands His steadfast love,  
**and at night His song is with me, a prayer to the God of my life.**

*(Read Psalm and pray)*

### † CONFESSION

Those who trust in the Lord are like Mount Zion, which cannot be moved, but abides forever. As the mountains surround Jerusalem, so the Lord surrounds His people, from this time forth and forevermore.

**Forgive us, for we have not trusted in the Lord with all of our heart. We have often leaned on our own understanding and have not sought Your ways. We have not acknowledged Your character or Your presence with us. Though You surround us with Your secure love, we run from You and reject Your embrace. We have stretched out our hands to do wrong rather than reaching for Your help. Lord have mercy on us and forgive our sin.**

*(Confess personal sins)*

Peace be upon God's people!

**Let Your peace guard our hearts and our minds in Christ Jesus, our Savior. Amen.**

### † GOSPEL PROMISE 2 Corinthians 5:18-20

### † THANKSGIVING PRAYERS

#### † SONG OF PRAISE *To God Be the Glory*

**To God be the glory, great things He has done!  
So loved He the world that He gave us His Son,  
Who yielded His life an atonement for sin,  
And opened the life gate that we may go in.**

*Chorus:*

**Praise the Lord, praise the Lord,  
Let the earth hear His voice!  
Praise the Lord, praise the Lord,  
Let the people rejoice!  
O come to the Father through Jesus the Son,  
And give Him the glory, great things He has done!**

**O perfect redemption, the purchase of blood!  
To ev'ry believer the promise of God;  
The vilest offender who truly believes,  
That moment from Jesus forgiveness receives.**

*Chorus*

**Great things He has taught us, great things He has done,  
And great our rejoicing through Jesus the Son;  
But purer, and higher, and greater will be  
Our wonder, our transport, when Jesus we see.**

*Chorus*

**SUNDAY CATECHISM** (*see Catechism Index*)

† **PERSONAL PRAYER** Colossians 4:2

“<sup>2</sup> Continue steadfastly in prayer,

**being watchful in it with thanksgiving.”**

*(Pray Backward over the day)*

† **PROMISE FOR THE NIGHT** Psalm 4:7-8

“<sup>7</sup> You have put more joy in my heart

than they have when their grain and wine abound.

**<sup>8</sup> In peace I will both lie down and sleep;**

**for You alone, O Lord, make me dwell in safety.”**



## Psalm Index<sup>3</sup>

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E: Evening Psalm

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## Catechism Index

### Westminster Confession of Faith

**Instructions:** The Westminster Confession of Faith is divided by multiple topics (e.g. Of the Holy Scripture) indicated by the chapter number. The theology is then explained in confession statements broken down into different Roman numeral points. For each Roman numeral confession statement you will find various Bible texts which support the statement. Read the whole chapter for the Sunday date then explore any supporting verses.

#### **07/26 Chapter 27** **Of the Sacraments**

1. Sacraments are holy signs and seals of the covenant of grace,<sup>a</sup> immediately instituted by God,<sup>b</sup> to represent Christ and His benefits; and to confirm our interest in Him;<sup>c</sup> as also, to put a visible difference between those that belong unto the Church, and the rest of the world;<sup>d</sup> and solemnly to engage them to the service of God in Christ, according to His Word.<sup>e</sup>

a) Rom 4:11; Gen 17:7,10.

b) Matt 28:19; 1 Cor 11:23.

c) 1 Cor 10:16; 1 Cor 11:25-26; Gal 3:17.

d) Rom 15:8; Exod 12:48; Gen 34:14.

e) Rom 6:3-4; 1 Cor 10:16,21.

2. There is in every sacrament a spiritual relation, or sacramental union, between the sign and the thing signified: whence it comes to pass, that the names and effects of the one are attributed to the other.<sup>f</sup>

f) Gen 17:10; Matt 26:27-28; Tit 3:5.

3. The grace which is exhibited in or by the sacraments rightly used, is not conferred by any power in them: neither doth the efficacy of a sacrament depend upon the piety or intention of him that doth administer it:<sup>g</sup> but upon the work of the Spirit,<sup>h</sup> and the word of institution, which contains, together with a precept authorizing the use thereof, a promise of benefit to worthy receivers.<sup>i</sup>

(g) Rom 2:28-29; 1 Pet 3:21.

(h) Matt 3:11; 1 Cor 12:13.

(i) Matt 26:27-28; Matt 28:19-20.

4. There be only two sacraments ordained by Christ our Lord in the gospel; that is to say, Baptism and the Supper of the Lord: neither of which may be dispensed by any but by a minister of the Word lawfully ordained.<sup>k</sup>

k) Matt 28:19; 1 Cor 11:20,23; 1 Cor 4:1; Heb 5:4.

5. The sacraments of the Old Testament, in regard of the spiritual things thereby signified and exhibited, were, for substance, the same with those of the New.<sup>l</sup>

l) Cor 10:1-4.

## **08/02 Chapter 28**

### **Of Baptism**

1. Baptism is a sacrament of the New Testament, ordained by Jesus Christ,<sup>a</sup> not only for the solemn admission of the party baptized into the visible Church;<sup>b</sup> but also, to be unto him a sign and seal of the covenant of grace,<sup>c</sup> of his ingrafting into Christ,<sup>d</sup> of regeneration,<sup>e</sup> of remission of sins,<sup>f</sup> and of his giving up unto God through Jesus Christ, to walk in newness of life.<sup>g</sup> Which sacrament is, by Christ's own appointment, to be continued in His Church until the end of the world.<sup>h</sup>

a) Matt 28:19.

b) 1 Cor 12:13.

c) Rom 4:11 with Col 2:11-12.

d) Gal 3:27; Rom 6:5.

e) Tit 3:5.

f) Mark 1:4.

g) Rom 6:3-4.

h) Matt 28:19-20.

2. The outward element to be used in this sacrament is water, wherewith the party is to be baptized, in the name of the Father, and of the Son, and of the Holy Ghost, by a minister of the gospel, lawfully called thereunto.<sup>i</sup>

i) Matt 3:11; John 1:33; Matt 28:19-20.

3. Dipping of the person into the water is not necessary: but baptism is rightly administered by pouring or sprinkling water upon the person.<sup>k</sup>

k) Heb 9:10,19-22; Acts 2:41; Acts 16:33; Mark 7:4.

## **08/09 Chapter 28 (Continued)**

### **Of Baptism**

4. Not only those that do actually profess faith in and obedience unto Christ,<sup>l</sup> but also the infants of one or both believing parents, are to be baptized.<sup>m</sup>

l) Mark 16:15-16; Acts 8:37-38.

m) Gen 17:7,9-10 with Gal 3:9,14 and Col 2:11-12 and Acts 2:38-9 and Rom 4:11-12; 1 Cor 7:14; Matt 28:19; Mark 10:13-16; Luke 18:15.

5. Although it be a great sin to contemn or neglect this ordinance,<sup>n</sup> yet grace and salvation are not so inseparably annexed unto it, as that no person can be regenerated or saved without it;<sup>o</sup> or, that all that are baptized are undoubtedly regenerated.<sup>p</sup>

n) Luke 7:30 with Exod 4:24-26.

o) Rom 4:11; Acts 10:2,4,22,31,45,47.

p) Acts 8:13,23.

6. The efficacy of baptism is not tied to that moment of time wherein it is administered;<sup>q</sup> yet notwithstanding, by the right use of this ordinance, the grace promised is not only offered, but really exhibited and conferred, by the Holy Ghost, to such (whether of age or infants) as that grace belongeth unto, according to the counsel of God's own will, in His appointed time.<sup>r</sup>

q) John 3:5,8.

r) Gal 3:27; Tit 3:5; Eph 5:25-26; Acts 2:38,41.

7. The sacrament of baptism is but once to be administered unto any person.<sup>s</sup>

s) Tit 3:5.

## **08/16 Chapter 29**

### **Of the Lord's Supper**

1. Our Lord Jesus, in the night wherein He was betrayed, instituted the sacrament of His body and blood, called the Lord's Supper, to be observed in His Church, unto the end of the world, for the perpetual remembrance of the sacrifice of Himself in His death; the sealing all benefits thereof unto true believers, their spiritual nourishment and growth in Him, their further engagement in and to all duties which they owe unto Him; and to be a bond and pledge of their communion with Him, and with each other, as members of His mystical body.<sup>a</sup>

a) 1 Cor 11:23-26; 1 Cor 10:16-17,21; 1 Cor 12:13.

2. In this sacrament, Christ is not offered up to His Father; nor any real sacrifice made at all for remission of sins of the quick or dead;<sup>b</sup> but only a commemoration of that one offering up of Himself, by Himself, upon the cross, once for all: and a spiritual oblation of all possible praise unto God for the same:<sup>c</sup> so that the Popish sacrifice of the mass (as they call it) is most abominably injurious to Christ's one, only sacrifice, the alone propitiation for all the sins of His elect.<sup>d</sup>

b) Heb 9:22,25-26,28.

c) 1 Cor 11:24-26; Matt 26:26-27.

d) Heb 7:23-24,27; Heb 10:11-12,14,18.

3. The Lord Jesus hath, in this ordinance, appointed His ministers to declare His word of institution to the people; to pray, and bless the elements of bread and wine, and thereby to set them apart from a common to a holy use; and to take and break the bread, to take the cup, and (they communicating also themselves) to give both to the communicants;<sup>e</sup> but to none who are not then present in the congregation.<sup>f</sup>

e) Matt 26:26-28 and Mark 14:22-24 and Luke 22:19-20 with

1 Cor 11:23-26.

f) Acts 20:7; 1 Cor 11:20.

4. Private masses, or receiving this sacrament by a priest or any other alone;<sup>g</sup> as likewise, the denial of the cup to the people,<sup>h</sup> worshipping the elements, the lifting them up or carrying them about for adoration, and the reserving them for any pretended religious use; are all contrary to the nature of this sacrament, and to the institution of Christ.<sup>i</sup>

g) 1 Cor 10:16.

h) Mark 14:23; 1 Cor 11:25-29.

i) Matt 15:9.

### **08/23 Chapter 29 (Continued)**

#### **Of the Lord's Supper**

5. The outward elements in this sacrament, duly set apart to the uses ordained by Christ, have such relation to Him crucified, as that, truly, yet sacramentally only, they are sometimes called by the name of the things they represent, to wit, the body and blood of Christ;<sup>k</sup> albeit in substance and nature they still remain truly and only bread and wine, as they were before.<sup>l</sup>

k) Matt 26:26-28. 1 Cor 11:26-28; Matt 26:29.

6. That doctrine which maintains a change of the substance of bread and wine into the substance of Christ's body and blood (commonly called transubstantiation) by consecration of a priest, or by any other way, is repugnant, not to Scripture alone, but even to common sense and reason; overthroweth the nature of the sacrament, and hath been, and is the cause of manifold superstitions; yea, of gross idolatries.<sup>m</sup>

m) Acts 3:21 with 1 Cor 11:24-26; Luke 24:6,39.

7. Worthy receivers outwardly partaking of the visible elements in this sacrament,<sup>n</sup> do then also, inwardly by faith, really and indeed, yet not carnally and corporally, but spiritually, receive and feed upon Christ crucified, and all benefits of His death: the body and blood of Christ being then, not corporally or carnally, in, with, or under the bread and wine; yet, as really, but spiritually, present to the faith of believers in that ordinance, as the elements themselves are to their outward senses.<sup>o</sup>

n) 1 Cor 11:28.

o) 1 Cor 10:16.

8. Although ignorant and wicked men receive the outward elements in this sacrament: yet they receive not the thing signified thereby, but by their unworthy coming thereunto are guilty of the body and blood of the Lord to their own damnation. Wherefore, all ignorant and ungodly persons, as they are unfit to enjoy communion with Him, so are they unworthy of the Lord's table; and cannot, without great sin against Christ while they remain such, partake of these holy mysteries,<sup>p</sup> or be admitted thereunto.<sup>q</sup>

p) 1 Cor 11:27-29; 2 Cor 6:14-16.

q) 1 Cor 5:6-7,13; 2 Thess 3:6,14-15; Matt 7:6.

## **08/30 Chapter 30**

### **Of Church Censures**

1. The Lord Jesus, as King and Head of His Church, hath therein appointed a government, in the hand of Church officers, distinct from the civil magistrate.<sup>a</sup>

a) Isa 9:6-7; 1 Tim 5:17; 1 Thess 5:12; Acts 20:17,28; Heb 13:7,17,24; 1 Cor 12:28; Matt 28:18-20.

2. To these officers, the keys of the kingdom of heaven are committed: by virtue whereof, they have power respectively to retain, and remit sins; to shut that kingdom against the impenitent, both by the Word and censures; and to open it unto penitent sinners, by the ministry of the gospel, and by absolution from censures, as occasion shall require.<sup>b</sup>

b) Matt 16:19; Matt 18:17-18; John 20:21-23; 2 Cor 2:6-8.



3. Church censures are necessary, for the reclaiming and gaining of offending brethren, for deterring of others from the like offences, for purging out of that leaven which might infect the whole lump, for vindicating the honour of Christ, and the holy profession of the gospel, and for preventing the wrath of God, which might justly fall upon the Church, if they should suffer His covenant and the seals thereof to be profaned by notorious and obstinate offenders.<sup>c</sup>

c) 1 Cor 5; 1 Tim 5:20; Matt 7:6; 1 Tim 1:20; 1 Cor 11:27-34 with Jude 23.

4. For the better attaining of these ends, the officers of the Church are to proceed by admonition; suspension from the sacrament of the Lord's Supper for a season; and by excommunication from the Church; according to the nature of the crime, and demerit of the person.<sup>d</sup>

d) 1 Thess 5:12; 2 Thess 3:6,14-15; 1 Cor 5:4-5,13; Matt 18:17; Tit 3:10.

## **09/06 Chapter 31**

### **Of Synods and Councils**

1. For the better government, and further edification of the Church, there ought to be such assemblies as are commonly called synods or councils.<sup>a</sup>

a) Acts 15:2,4,6.

2. As magistrates may lawfully call a synod of ministers, and other fit persons, to consult and advise with, about matters of religion;<sup>b</sup> so, if magistrates be open enemies to the Church, the ministers of Christ of themselves, by virtue of their office, or they, with other fit persons, upon delegation from their Churches, may meet together in such assemblies.<sup>c</sup>

b) Isa 49:23; 1 Tim 2:1-2; 2 Chron 19:8-11; 2 Chron 29-30; Matt 2:4-5; Prov 11:14.

c) Acts 15:2,4,22-23,25.

3. It belongeth to synods and councils, ministerially to determine controversies of faith and cases of conscience, to set down rules and directions for the better ordering of the public worship of God and government of His Church; to receive complaints in cases of maladministration, and authoritatively to determine the same: which decrees and determinations, if consonant to the Word of God, are to be received with reverence and submission; not only for their agreement with the Word, but also for the power whereby they are made, as being an ordinance of God appointed thereunto in His Word.<sup>d</sup>

d) Acts 15:15,19,24,27-31; Acts 16:4; Matt 18:17-20.

4. All synods or councils, since the Apostles' times, whether general or particular, may err; and many have erred. Therefore they are not to be made the rule of faith or practice; but to be used as a help in both.<sup>e</sup>

e) Eph 2:20; Acts 17:11; 1 Cor 2:5; 2 Cor 1:24.

5. Synods and councils are to handle, or conclude, nothing, but that which is ecclesiastical: and are not to intermeddle with civil affairs which concern the commonwealth; unless by way of humble petition, in cases extraordinary; or by way of advice, for satisfaction of conscience, if they be thereunto required by the civil magistrate.<sup>f</sup>

f) Luke 12:13-14; John 18:36.

### **09/13 Chapter 32**

#### **Of the State of Men After Death, and of the Resurrection of the Dead**

1. The bodies of men, after death, return to dust and see corruption: <sup>a</sup>but their souls (which neither die nor sleep) having an immortal subsistence, immediately return to God who gave them:<sup>b</sup> the souls of the righteous, being then made perfect in holiness, are received into the highest heavens, where they behold the face of God, in light and glory, waiting for the full redemption of their bodies.<sup>c</sup> And the souls of the wicked are cast into hell, where they remain in torments and utter darkness, reserved to the judgment of the great day.<sup>d</sup> Beside these two places, for souls separated from their bodies, the Scripture acknowledgeth none.

a) Gen 3:19; Acts 13:36.

b) Luke 23:43; Ecc1 12:7.

c) Heb 12:23; 2 Cor 5:1,6,8; Phil 1:23 with Acts 3:21 and Eph 4:10.

d) Luke 16:23-24; Acts 1:25; Jude 6-7; 1 Pet 3:19.

2. At the last day, such as are found alive shall not die, but be changed:<sup>e</sup> and all the dead shall be raised up, with the selfsame bodies and none other, although with different qualities, which shall be united again to their souls for ever.<sup>f</sup>

e) 1 Thess 4:17; 1 Cor 15:51-52.

f) Job 19:26-27; 1 Cor 15:42-44.

3. The bodies of the unjust shall, by the power of Christ, be raised to dishonour: the bodies of the just, by His Spirit, unto honour; and be made conformable to His own glorious body.<sup>g</sup>

g) Acts 24:15; John 5:28-29; 1 Cor 15:43; Phil 3:21.

## **09/20 Chapter 33**

### **Of the Last Judgment**

1. God hath appointed a day, wherein He will judge the world in righteousness, by Jesus Christ,<sup>a</sup> to whom all power and judgment is given of the Father.<sup>b</sup> In which day, not only the apostate angels shall be judged,<sup>c</sup> but likewise all persons that have lived upon earth shall appear before the tribunal of Christ, to give an account of their thoughts, words, and deeds; and to receive according to what they have done in the body, whether good or evil.<sup>d</sup>

a) Acts 17:31. b)John 5:22,27.

c) 1 Cor 6:3; Jude 6; 2 Pet 2:4.

d) 2 Cor 5:10; Eccl 12:14; Rom 2:16; Rom 14:10,12; Matt 12:36-37.

2. The end of God's appointing this day is for the manifestation of the glory of His mercy, in the eternal salvation of the elect; and of His justice, in the damnation of the reprobate who are wicked and disobedient. For then shall the righteous go into everlasting life, and receive that fulness of joy and refreshing, which shall come from the presence of the Lord: but the wicked, who know not God, and obey not the gospel of Jesus Christ, shall be cast into eternal torments, and be punished with everlasting destruction from the presence of the Lord, and from the glory of His power.<sup>e</sup>

e) Matt 25:31-46; Rom 2:5-6; Rom 9:22-23; Matt 25:21; Acts 3:19; 2 Thess 1:7-10.

3. As Christ would have us to be certainly persuaded that there shall be a day of judgment, both to deter all men from sin, and for the greater consolation of the godly in their adversity;<sup>f</sup> so will He have that day unknown to men, that they may shake off all carnal security, and be always watchful, because they know not at what hour the Lord will come; and may be ever prepared to say, Come, Lord Jesus, come quickly, Amen.<sup>g</sup>

f) 2 Pet 3:11,14; 2 Cor 5:10-11; 2 Thess 1:5-7; Luke 21:27-28;

Rom 8:23-25.

g) Matt 24:36,42-44; Mark 13:35-37; Luke 12:35-36; Rev 22:20.

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