

# Morning to Evening Prayer

But I say, walk by the Spirit, and you will not gratify the desires of the flesh... <sup>22</sup> But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, <sup>23</sup> gentleness, self-control.”

Galatians 5:16, 22-23



*Seeking the renewing of lives through God's compelling  
love in Lynchburg and the world*

## **Introduction to Morning to Evening Prayer**

Before Jesus' death on the cross, He encouraged His disciples that when He leaves, He will send another Helper, the Holy Spirit. Jesus taught that this Spirit will remind them of all His teaching, empower them for mission, and give them words to say as they proclaim the good news that Christ is risen. Ordinary Time is that time after Resurrection where we focus on the ongoing work of the Spirit, who sanctifies and sends the church on mission into the world to declare Christ is King!

Psalm 92 encourages a regular rhythm of prayer from morning to evening. "It is good to give thanks to the Lord, to sing praises to Your name, O Most High; <sup>2</sup> to declare Your steadfast love in the morning, and Your faithfulness by night. <sup>3</sup> to the music of the lute and the harp, to the melody of the lyre. <sup>4</sup> For You, O Lord, have made me glad by Your work; at the works of Your hands I sing for joy."

As we pray in the morning, we pray with the assurance of God's love and seek His loving guidance each day. We seek direction from the Word of God as a lamp to our feet and a light to our path (Psalm 119:105). This Word of God dwells richly inside us as we pray it in the morning. Midday we continue to seek the Lord in order to make the most of our remaining time with insight and wisdom.

We end the evening with thankfulness for God's faithfulness, reflecting on all His work throughout the day. Remembering God's faithfulness, we often realize our unfaithfulness. As we confess our sins, God forgives and cleanses us through Christ's atoning work, His sacrifice for our sin. We respond with thankfulness for His mercy.

In the Rhythm for Morning to Evening Prayer, you will see the different elements of the Morning, Midday, and Evening Prayer Guides. The bullet points under each element describes how to practice each one. There is a new guide for each week of the month to follow each day: morning, midday, and evening. Daily there is a new morning and evening Psalm, morning Scripture, and midday Proverb. The Sunday Catechism can be found in the index section in the back (pg. 35ff). You may use this guide individually or with a group by having a leader read the plain text and everyone read the bold. This pattern of prayer helps us to be glad in the work of the Lord and to sing for joy in His presence as we seek His guidance.

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# Rhythm for Morning to Evening Prayer

## Morning Prayer Guide:<sup>1</sup>

- † **PSALM PRAYER:** Ephesians 5:18-20 (*see Psalm Index*)
- Praise God for His character and work in the Psalm.
  - Seek God based on the words of the Psalm.
- † **SCRIPTURE READING** 2 Timothy 3:16-17 (*see Scripture Index*)
- *Meditation:* Read and consider key phrases, prepositions, people, plots, connections, and redemptive themes.
  - *Adoration:* Read and adore God for His great character and kingdom clarified in the verse.
  - *Confession:* Read and confess ways you do not reflect God's character and kingdom in the verse.
  - *Thanksgiving:* Read and give thanks for God's grace, forgiveness, and help in or around the verse (foreshadowed/promised in OT & fulfilled in Christ's life, death and resurrection in NT).
  - *Application:* Read and seek God's guidance in applying the text. Write down the application.
- † **THE GLORIA** Ephesians 1:3
- Sing praise to our Triune God for His holiness, greatness, and presence.
- † **THE CREED** Titus 1:9
- Hold firm to the trustworthy Word and sound doctrine taught.
- † **THE LORD'S PRAYER** Luke 11:1-4
- Recite the Lord's Prayer so that your personal prayer might be shaped by the structure of the Lord's Prayer.
- † **PERSONAL PRAYER** Colossians 4:2  
(Pray Forward into the day)
- Pray forward into the day, focusing on your schedule, concerns of the day, and updated prayer list.
- † **PROMISE FOR THE DAY** 2 Corinthians 1:20
- Trust in God's promise of His daily presence and provision as you live out God's mission for the day.

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<sup>1</sup> For Shortened Prayer: Scripture Reading, Lord's Prayer, Personal Prayer, Promise for the Day

## Midday Prayer Guide

- † **PSALM PRAYER** Ephesians 5:18-20 (*see Psalm Index*)  
- *Praise for God's character/work & seek God based on the Psalm.*
- † **PROVERBS PRAYER**  
- *Pray for God's wisdom to guide you for the rest of the day.*

## Evening Prayer Guide<sup>2</sup>

- † **PSALM PRAYER** Ephesians 5:18-20 (*see Psalm Index*)  
- *Praise for God's character/work & seek God based on the Psalm.*
- † **CONFESSION** 1 John 1:9  
- *Consider your daily activities, attitudes, and interactions and confess any sinful ways you broke God's law or failed to fully obey God's law.*
- † **GOSPEL PROMISE** Psalm 32:5  
- *Remember the promise of Christ's forgiveness through His life, death, and resurrection.*
- † **THANKSGIVING PRAYERS** Psalm 136:1  
- *Rejoice in Christ's forgiveness, reflect on your day, and give thanks for the many blessings and opportunities of the day.*
- † **SONG OF PRAISE** Psalm 103:1-3  
- *Sing praise to God because all blessings come from Him.*
- † **SUNDAY CATECHISM** Titus 1:9 (*see Catechism Index*)  
- *Hold firm to the trustworthy Word and sound doctrine taught.*
- † **PERSONAL PRAYER** Colossians 4:2  
(*Pray Backward over the day*)  
- *Pray back over your day concerning events and interactions you experienced throughout the day.*
- † **PROMISE FOR THE NIGHT** 2 Corinthians 1:20  
- *Trust in God's promise of rest and care for the night hours.*

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<sup>2</sup> For Shortened Prayer: Psalm Prayer & Personal Prayer

## Morning Prayer Guide 09/27-10/03

### † PSALM PRAYER *(see Psalm Index)*

Blessed be the God and Father of our Lord Jesus Christ,  
**for You have blessed us in Christ with every spiritual blessing  
in the heavenly places.**

O Lord, open our lips,  
**and our mouths will declare Your praise.**

*(Read Psalm and pray)*

### † SCRIPTURE READING *(see Scripture Index)*

Sovereign Spirit, as we with unveiled face behold the glory of  
the Lord, transform us and conform us to the image of Christ.  
**Open our eyes, that we may behold wondrous things out of  
Your law.**

*(Read Scripture: Meditate, Adore, Confess, Give Thanks, Apply)*

### † THE GLORIA “Alleluia! Alleluia” *(Ebenezer)*

**Alleluia! Alleluia! Glory be to God on high;  
Alleluia to the Savior, Who has won the victory;  
Alleluia to the Spirit, fount of love and sanctity.  
Alleluia! Alleluia to the Triune Majesty.**

### † THE CREED Titus 3:3-5

**<sup>3</sup>For we ourselves were once foolish, disobedient, led astray,  
slaves to various passions and pleasures, passing our days in  
malice and envy, hated by others and hating one another. <sup>4</sup>But  
when the goodness and loving kindness of God our Savior  
appeared, <sup>5</sup>He saved us, not because of works done by us in  
righteousness, but according to His own mercy, by the washing  
of regeneration and renewal of the Holy Spirit, <sup>6</sup>Whom He  
poured out on us richly through Jesus Christ our Savior, <sup>7</sup>so  
that being justified by His grace we might become heirs  
according to the hope of eternal life.**

† **THE LORD'S PRAYER**

**Our Father, Who art in heaven: hallowed be Thy name; Thy kingdom come; Thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our debts as we forgive our debtors. And lead us not into temptation, but deliver us from evil, for Thine is the kingdom and the power and the glory, forever. Amen.**

† **PERSONAL PRAYER** Matthew 6:6

“**6** But when you pray, go into your room and shut the door and pray to your Father Who is in secret.

**And your Father Who sees in secret will reward you.**

*(Pray Forward into the day)*

† **PROMISE FOR THE DAY** Philippians 4:19-20

Spirit, empower us as Christ's witnesses to the end of the earth!

**<sup>19</sup> And my God will supply every need of yours according to his riches in glory in Christ Jesus. <sup>20</sup> To our God and Father be glory forever and ever. Amen.**

**Midday Prayer Guide 09/27-10/03**

**PSALM PRAYER** *(see Psalm Index-Morning Psalm)*

Be gracious to us, O Lord, for to You do we cry all the day.

**Gladden the soul of Your servants, for to You, O Lord, do I lift up my soul.**

*(Read portion of Morning Psalm and pray)*

† **PROVERBS PRAYER** *(see Proverbs Index)*

So teach us to number our days

**that we may get a heart of wisdom.**

*(Read Proverbs and pray)*

## Evening Prayer Guide 09/27-10/03

### † PSALM PRAYER *(see Psalm Index)*

By day the LORD commands His steadfast love,  
**and at night His song is with me, a prayer to the God of my life.**

*(Read Psalm and pray)*

### † CONFESSION

Merciful Lord, If You, O Lord, should mark iniquities,  
O Lord, who could stand? But You do not deal with us  
according to our sins, nor repay us according to our iniquities.

**Out of the depths of our sin we cry out to You. Forgive us for our unsatisfied appetites. For we have wandered from sin to sin, hungry and thirsty for sensual pleasure. But You alone satisfy the longing soul and fill us with good things.**

Your ears are attentive to our cry, O Lord! You hear the voice of our pleas for mercy

**We have sat in darkness, prisoners in affliction because of our sin. We have rebelled against You, our Lord, and spurned the counsel of the Most High. But You bring us out of darkness by the Light of Your Son. You burst our bonds apart and deliver us through Jesus.**

Our soul waits for You Lord as the watchmen for the morning.  
We look diligently for Your mercy, O Lord.

**We have been fools through our sinful ways and because of our iniquities we have suffered affliction. Our sin sickness is incurable and we are helpless. But You send out Your Word and heal us and deliver us from destruction.**

*(Confess personal sin)*

Hope in the Lord! For with the Lord there is steadfast love,  
and with Him is plentiful redemption.

**We thank You for Your steadfast love, Your wondrous works to the children of men. In Christ, our Savior, we pray. Amen.**

### † GOSPEL PROMISE Ephesians 2:4-7

### † THANKSGIVING PRAYERS

† **SONG OF PRAISE** *Immortal, Invisible, God only Wise*  
**Immortal, invisible, God only wise,  
In light inaccessible hid from our eyes,  
Most blessed, most glorious, the Ancient of Days,  
Almighty, victorious, Thy great Name we praise.**

**Unresting, unchanging, and silent as light,  
Nor wanting, nor wasting, Thou rulest in might;  
Thy justice like mountains high soaring above  
Thy clouds which are fountains of goodness and love.**

**Great Father of Glory, pure Father of Light,  
Thine angels adore Thee, all veiling their sight;  
All praise we would render; O help us to see  
'Tis only the splendor of light hideth Thee!**

**SUNDAY CATECHISM** (*see Catechism Index*)

† **PERSONAL PRAYER** Matthew 6:6

“<sup>6</sup>But when you pray, go into your room and shut the door and  
pray to your Father Who is in secret.

**And your Father Who sees in secret will reward you.**

*(Pray Backward over the day)*

† **PROMISE FOR THE NIGHT** Psalm 4:7-8

“<sup>7</sup>You have put more joy in my heart  
than they have when their grain and wine abound.

**<sup>8</sup>In peace I will both lie down and sleep;  
for You alone, O Lord, make me dwell in safety.”**



## **Morning Prayer Guide 10/04-10/10**

### **† PSALM PRAYER** (*see Psalm Index*)

Blessed be the God and Father of our Lord Jesus Christ,  
**for You have blessed us in Christ with every spiritual blessing in the heavenly places.**

O Lord, open our lips,  
**and our mouths will declare Your praise.**

*(Read Psalm and pray)*

### **† SCRIPTURE READING** (*see Scripture Index*)

Sovereign Spirit, as we with unveiled face behold the glory of the Lord, transform us and conform us to the image of Christ.

**Open our eyes, that we may behold wondrous things out of Your law.**

*(Read Scripture: Meditate, Adore, Confess, Give Thanks, Apply)*

### **† THE GLORIA** “Gloria Patri” (*Greatorex*)

**Glory be to the Father, and to the Son, and to the Holy Ghost;  
As it was in the beginning, is now, and ever shall be,  
World without end! A—men, A—men!**

### **† THE CREED** The Nicene Creed

**We believe in one God, the Father Almighty, Maker of heaven and earth and of all things visible and invisible;  
And in one Lord Jesus Christ, the only-begotten Son of God, begotten of His Father before all worlds, God of God, Light of Light, very God of very God, begotten, not made, being of one substance with the Father; by Whom all things were made; Who, for us and our salvation, came down from heaven, and was incarnate by the Holy Spirit of the virgin Mary, and was made man; and was crucified also for us under Pontius Pilate; He suffered and was buried; and the third day He rose again according to the Scriptures, and ascended into heaven, and is seated at the right hand of the Father; and He shall come again, with glory, to judge both the living and the dead; Whose kingdom shall have no end.**

**And we believe in the Holy Spirit, the Lord and giver of life, Who proceeds from the Father and the Son; Who with the Father and the Son together is worshiped and glorified;**

**Who spoke by the prophets; and we believe in one holy catholic and apostolic church; we acknowledge one baptism for the remission of sins; and we look for the resurrection of the dead, and the life of the world to come. Amen**

† **THE LORD'S PRAYER**

**Our Father, Who art in heaven: hallowed be Thy name; Thy kingdom come; Thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our debts as we forgive our debtors. And lead us not into temptation, but deliver us from evil, for Thine is the kingdom and the power and the glory, forever. Amen.**

† **PERSONAL PRAYER** Hebrews 4:15-16

“<sup>15</sup>For we do not have a high priest Who is unable to sympathize with our weaknesses, but one Who in every respect has been tempted as we are, yet without sin.

**<sup>16</sup>Let us then with confidence draw near to the throne of grace, that we may receive mercy and find grace to help in time of need.”**

*(Pray Forward into the day)*

† **PROMISE FOR THE DAY** Matthew 28:18-20

Spirit, empower us as Christ's witnesses to the end of the earth!  
**“All authority in heaven and on earth has been given to Me. <sup>19</sup>Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, <sup>20</sup>teaching them to observe all that I have commanded you. And behold, I am with you always, to the end of the age.”**

**Midday Prayer Guide 10/04-10/10**

† **PSALM PRAYER** *(see Psalm Index-Morning Psalm)*

Be gracious to us, O Lord, for to You do we cry all the day.  
**Gladden the soul of Your servants, for to You, O Lord, do we lift up our souls.**

*(Read portion of Morning Psalm and pray)*

† **PROVERBS PRAYER** *(see Proverbs Index)*

So teach us to number our days  
**that we may get a heart of wisdom.**

*(Read Proverbs and pray)*

## Evening Prayer Guide 10/04-10/10

### † PSALM PRAYER *(see Psalm Index)*

By day the LORD commands His steadfast love,  
**and at night His song is with me, a prayer to the God of my life.**

*(Read Psalm and pray)*

### † CONFESSION

Holy God, You have made us for life-giving fellowship with  
You in a flourishing land full of Your loving presence.

**We confess that our sin has displaced us, disrupting our relationship with You and corrupting our character. We have grieved Your Holy Spirit. How long, O LORD? Will You be angry forever? Will Your jealousy burn like fire? Forgive us when we chase after many lovers and forsake Your exclusive covenant.**

Do not remember against us our former iniquities;  
**Let Your compassion come speedily to meet us, for we are brought very low.**

*(Confess personal sin)*

Help us, O God of our salvation, for the glory of Your name;  
**Deliver us, and atone for our sins, for Your name's sake! In Christ, our Savior, we pray. Amen.**

### † GOSPEL PROMISE Romans 7:24-25

### † THANKSGIVING PRAYERS

#### † SONG OF PRAISE *Holy, Holy, Holy*

**Holy, Holy, Holy, Lord God Almighty!  
Early in the morning our song shall rise to Thee;  
Holy, Holy, Holy, merciful and mighty!  
God in three Persons, blessed Trinity!**

**Holy, Holy, Holy, all the saints adore Thee,  
Casting down their golden crowns around the glassy sea;  
Cherubim and seraphim falling down before Thee,  
Who wert, and art, and evermore shalt be.**

**Holy, Holy, Holy, though the darkness hide Thee,  
Though the eye of sinful man Thy glory may not see,  
Only Thou art holy; there is none beside Thee  
Perfect in power, in love, and purity.**

**Holy, Holy, Holy, Lord God Almighty!  
All Thy works shall praise Thy Name, in earth and sky and  
sea;  
Holy, Holy, Holy, merciful and mighty!  
God in three Persons, blessed Trinity!**

† **SUNDAY CATECHISM** (*see Catechism Index*)

† **PERSONAL PRAYER** Hebrews 4:15-16

“<sup>15</sup> For we do not have a high priest Who is unable to  
sympathize with our weaknesses, but one Who in every respect  
has been tempted as we are, yet without sin.

<sup>16</sup> **Let us then with confidence draw near to the throne of grace,  
that we may receive mercy and find grace to help in time of  
need.”**

*(Pray Backward over the day)*

† **PROMISE FOR THE NIGHT** Psalm 4:7-8

“<sup>7</sup> You have put more joy in my heart  
than they have when their grain and wine abound.

<sup>8</sup> **In peace I will both lie down and sleep;  
for You alone, O Lord, make me dwell in safety.”**

## Morning Prayer Guide 10/11-10/17

### † PSALM PRAYER (*see Psalm Index*)

Blessed be the God and Father of our Lord Jesus Christ,  
**for You have blessed us in Christ with every spiritual blessing  
in the heavenly places.**

O Lord, open our lips,  
**and our mouths will declare Your praise.**

*(Read Psalm and pray)*

### † SCRIPTURE READING (*see Scripture Index*)

Sovereign Spirit, as we with unveiled face behold the glory of  
the Lord, transform us and conform us to the image of Christ.  
**Open our eyes, that we may behold wondrous things out of  
Your law.**

*(Read Scripture: Meditate, Adore, Confess, Give Thanks, Apply)*

† **THE GLORIA** “Praise and Glory to the Father” (*Regent Square*)  
**Praise and glory to the Father, praise and glory to the Son,  
Praise and glory to the Spirit: ever Three and ever One;  
One in might and One in glory, while unending ages run!**

### † THE CREED Philippians 2:4-11

“<sup>4</sup>Let each of you look not only to his own interests, but also to  
the interests of others. <sup>5</sup>Have this mind among yourselves,  
which is yours in Christ Jesus, <sup>6</sup>Who, though He was in the  
form of God, did not count equality with God a thing to be  
grasped, <sup>7</sup>but emptied Himself, by taking the form of a  
servant, being born in the likeness of men. <sup>8</sup>And being found in  
human form, He humbled Himself by becoming obedient to the  
point of death, even death on a cross. <sup>9</sup>Therefore God has  
highly exalted Him and bestowed on Him the name that is  
above every name, <sup>10</sup>so that at the name of Jesus every knee  
should bow, in heaven and on earth and under the earth, <sup>11</sup>and  
every tongue confess that Jesus Christ is Lord, to the glory of  
God the Father.”

## † THE LORD’S PRAYER

**Our Father, Who art in heaven: hallowed be Thy name; Thy kingdom come; Thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our debts as we forgive our debtors. And lead us not into temptation, but deliver us from evil, for Thine is the kingdom and the power and the glory, forever. Amen.**

## † PERSONAL PRAYER Colossians 4:2-4

“<sup>2</sup> Continue steadfastly in prayer, being watchful in it with thanksgiving.

<sup>3</sup> **At the same time, pray also for us, that God may open to us a door for the word, to declare the mystery of Christ, on account of which I am in prison—** <sup>4</sup> **that I may make it clear, which is how I ought to speak.**

*(Pray Forward into the day)*

## † PROMISE FOR THE DAY Isaiah 52:7

Spirit, empower us as Christ’s witnesses to the end of the earth!

“<sup>7</sup> **How beautiful upon the mountains are the feet of him who brings good news, who publishes peace, who brings good news of happiness, who publishes salvation, who says to Zion, “Your God reigns.”**

### Midday Prayer Guide 10/11-10/17

## † PSALM PRAYER *(see Psalm Index-Morning Psalm)*

Be gracious to us, O Lord, for to You do we cry all the day.

**Gladden the soul of Your servants, for to You, O Lord, do we lift up our souls.**

*(Read portion of Morning Psalm and pray)*

## † PROVERBS PRAYER *(see Proverbs Index)*

So teach us to number our days

**that we may get a heart of wisdom.**

*(Read Proverbs and pray)*

## Evening Prayer Guide 10/11-10/17

### † PSALM PRAYER (*see Psalm Index*)

By day the LORD commands His steadfast love,  
**and at night His song is with me, a prayer to the God of my life.**

*(Read Psalm and pray)*

### † CONFESSION

You, our God, established a testimony in Jacob and appointed a law in Israel, which You commanded our fathers to teach to their children, that the next generation might know them, the children yet unborn, and arise and tell them to their children.

**But we have broken Your law, rejected Your commands, and neglected Your call to tell them and teach them to the next generation. We have acted stubborn and rebellious because our heart has not been steadfast toward You. Our spirit has not been faithful to You, though You have been faithful to us.**

Throughout history You have practiced glorious deeds toward us, You have proven Your great might, and have demonstrated Your great wonders in our midst.

**But we have forgotten Your wondrous work and forsaken our First Love. We have tested You in our heart, doubted You in our belief, and wrestled with You in the wilderness. We have not believed You, nor trusted in Your saving power. Lord, have mercy on us.**

*(Confess personal sin)*

You being compassionate, atone for our iniquity and do not destroy us, but continue to save us.

**Help us set our hope in You, not forget Your mighty works, but keep Your Commandments. In Christ, our Savior, we pray. Amen.**

### † GOSPEL PROMISE Romans 8:1-2

### † THANKSGIVING PRAYERS

#### † SONG OF PRAISE *Immortal, Invisible, God Only Wise*

**Immortal, invisible, God only wise,  
In light inaccessible hid from our eyes,  
Most blessed, most glorious, the Ancient of Days,  
Almighty, victorious, Thy great Name we praise.**

**Unresting, unhasting, and silent as light,  
Nor wanting, nor wasting, Thou rulest in might;  
Thy justice like mountains high soaring above  
Thy clouds which are fountains of goodness and love.**

**Great Father of Glory, pure Father of Light,  
Thine angels adore Thee, all veiling their sight;  
All praise we would render; O help us to see  
'Tis only the splendor of light hideth Thee!**

† **SUNDAY CATECHISM** (*see Catechism Index*)

† **PERSONAL PRAYER** Colossians 4:2-4

“<sup>2</sup> Continue steadfastly in prayer, being watchful in it with  
thanksgiving.

<sup>3</sup> **At the same time, pray also for us, that God may open to us a  
door for the word, to declare the mystery of Christ, on account  
of which I am in prison—** <sup>4</sup> **that I may make it clear, which is  
how I ought to speak.**

*(Pray Backward over the day)*

† **PROMISE FOR THE NIGHT** Psalm 4:7-8

“<sup>7</sup> You have put more joy in my heart  
than they have when their grain and wine abound.

<sup>8</sup> **In peace I will both lie down and sleep;  
for You alone, O Lord, make me dwell in safety.”**



## Morning Prayer Guide 10/18-10/24

### † PSALM PRAYER (*see Psalm Index*)

Blessed be the God and Father of our Lord Jesus Christ,  
**for You have blessed us in Christ with every spiritual blessing  
in the heavenly places.**

O Lord, open our lips,  
**and our mouths will declare Your praise.**  
(*Read Psalm and pray*)

### † SCRIPTURE READING (*see Scripture Index*)

Sovereign Spirit, as we with unveiled face behold the glory of  
the Lord, transform us and conform us to the image of Christ.  
**Open our eyes, that we may behold wondrous things out of  
Your law.**

(*Read Scripture: Meditate, Adore, Confess, Give Thanks, Apply*)

### † THE GLORIA “Glorify Your Name” (*Adkins*)

**FATHER, we love You, we praise You, we adore You: Glorify  
Your name in all the earth! Glorify Your name, glorify Your  
name, glorify Your name in all the earth!**

(*Repeat, using: JESUS and SPIRIT*)

### † THE CREED 1 Corinthians 15:1-6

**Now I would remind you, brothers, of the gospel I preached  
to you, which you received, in which you stand, <sup>2</sup> and by which  
you are being saved, if you hold fast to the word I preached to  
you—unless you believed in vain.**

**<sup>3</sup> For I delivered to you as of first importance what I also  
received: that Christ died for our sins in accordance with the  
Scriptures, <sup>4</sup> that He was buried, that He was raised on the third  
day in accordance with the Scriptures, <sup>5</sup> and that He appeared  
to Cephas, then to the twelve. <sup>6</sup> Then He appeared to more than  
five hundred brothers at one time, most of whom are still alive,  
though some have fallen asleep.**

† **THE LORD'S PRAYER**

**Our Father, Who art in heaven: hallowed be Thy name; Thy kingdom come; Thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our debts as we forgive our debtors. And lead us not into temptation, but deliver us from evil, for Thine is the kingdom and the power and the glory, forever. Amen.**

† **PERSONAL PRAYER** Psalm 27:7-8

<sup>7</sup> Hear, O Lord, when I cry aloud; be gracious to me and answer me!

<sup>8</sup> **You have said, "Seek my face." My heart says to You, "Your face, Lord, do I seek."**

*(Pray Forward into the day)*

† **PROMISE FOR THE DAY** John 14:12-14

Spirit, empower us as Christ's witnesses to the end of the earth!

<sup>12</sup> **Truly, truly, I say to you, whoever believes in Me will also do the works that I do; and greater works than these will he do, because I am going to the Father. <sup>13</sup> Whatever you ask in My name, this I will do, that the Father may be glorified in the Son. <sup>14</sup> If you ask Me anything in My name, I will do it."**

**Midday Prayer Guide 10/18-10/24**

† **PSALM PRAYER** *(see Psalm Index-Morning Psalm)*

Be gracious to us, O Lord, for to You do we cry all the day.

**Gladden the soul of Your servants, for to You, O Lord, do we lift up our souls.**

*(Read portion of Morning Psalm and pray)*

† **PROVERBS PRAYER** *(see Proverbs Index)*

So teach us to number our days

**that we may get a heart of wisdom.**

*(Read Proverbs and pray)*

## Evening Prayer Guide 10/18-10/24

### † PSALM PRAYER (*see Psalm Index*)

By day the LORD commands His steadfast love,  
**and at night His song is with me, a prayer to the God of my life.**

*(Read Psalm and pray)*

### † CONFESSION

Faithful and true God, You have called us to walk in integrity  
and to trust in the LORD without wavering.

**But we confess we have been unfaithful to You and have lived double lives of devotion to You and devotion to sin. Forgive us for our regular rejection of Your steadfast love.**

You want us to not sit with men of falsehood no consort with hypocrites.

**But we confess that we have been false in our faithfulness and hypocritical in our devotion. We honor You with our lips, but our hearts are far from You. We have too easily been enticed by sinners and followed their voice. We have denied Your love and Your lead. Lord, have mercy on us.**

*(Confess Personal Sins)*

We love the habitation of Your house and the place where  
Your glory dwells.

**We proclaim thanksgiving aloud for Your forgiveness. We tell of Your wondrous deeds. In Christ, our Savior, we pray.  
Amen.**

### † GOSPEL PROMISE Romans 8:3-4

### † THANKSGIVING PRAYERS

#### † SONG OF PRAISE *O Worship the King*

**O worship the king all glorious above,  
O gratefully sing His power and His love;  
Our shield and defender, the ancient of days,  
Pavilioned in splendor, and girded with praise.**

**O tell of His might, O sing of His grace,  
Whose robe is the light, whose canopy space.  
His chariots of wrath the deep thunderclouds form,  
And dark is His path on the wings of the storm.**

**The earth with its store of wonders untold,  
Almighty, Thy pow'r hath founded of old;  
Hath stablished it fast by a changeless decree,  
And round it hath cast, like a mantle, the sea.**

† **SUNDAY CATECHISM** (*see Catechism Index*)

† **PERSONAL PRAYER** Psalm 27:7-8

<sup>7</sup> Hear, O Lord, when I cry aloud; be gracious to me and answer me!

<sup>8</sup> **You have said, “Seek my face.” My heart says to You,  
“Your face, Lord, do I seek.”**

*(Pray Backward over the day)*

† **PROMISE FOR THE NIGHT** Psalm 4:7-8

<sup>7</sup> You have put more joy in my heart  
than they have when their grain and wine abound.

<sup>8</sup> **In peace I will both lie down and sleep;  
for You alone, O Lord, make me dwell in safety.”**

## Morning Prayer Guide 10/25-10/31

### † PSALM PRAYER *(see Psalm Index)*

Blessed be the God and Father of our Lord Jesus Christ,  
**for You have blessed us in Christ with every spiritual blessing  
in the heavenly places.**

O Lord, open our lips,  
**and our mouths will declare Your praise.**

*(Read Psalm and pray)*

### † SCRIPTURE READING *(see Scripture Index)*

Sovereign Spirit, as we with unveiled face behold the glory of  
the Lord, transform us and conform us to the image of Christ.  
**Open our eyes, that we may behold wondrous things out of  
Your law.**

*(Read Scripture: Meditate, Adore, Confess, Give Thanks, Apply)*

### † THE GLORIA “Gloria Patri” *(Creatorex)*

**Glory be to the Father, and to the Son, and to the Holy Ghost;  
As it was in the beginning, is now, and ever shall be,  
World without end! A—men, A—men!**

### † THE CREED The Apostles Creed

**I believe in God the Father Almighty, Maker of heaven and  
earth; and in Jesus Christ His only Son our Lord; Who was  
conceived by the Holy Ghost, born of the virgin Mary, suffered  
under Pontius Pilate, was crucified, dead, and buried; He  
descended into hell; the third day He rose again from the dead;  
He ascended into heaven and sitteth on the right hand of God  
the Father Almighty; from thence He shall come to judge the  
quick and the dead. I believe in the Holy Ghost; the holy  
catholic church; the communion of saints; the forgiveness of  
sins; the resurrection of the body; and the life everlasting.  
Amen.**

### † THE LORD’S PRAYER

**Our Father, Who art in heaven: hallowed be Thy name; Thy  
kingdom come; Thy will be done, on earth as it is in heaven. Give  
us this day our daily bread; and forgive us our debts as we  
forgive our debtors. And lead us not into temptation, but deliver  
us from evil, for Thine is the kingdom and the power and the  
glory, forever. Amen.**

† **PERSONAL PRAYER** Colossians 1:9-10

“<sup>9</sup> And so, from the day we heard, we have not ceased to pray for you, asking that you may be filled with the knowledge of His will in all spiritual wisdom and understanding,

<sup>10</sup> **so as to walk in a manner worthy of the Lord, fully pleasing to Him: bearing fruit in every good work and increasing in the knowledge of God.”**

*(Pray Forward into the day)*

† **PROMISE FOR THE DAY** Romans 8:13-14

Spirit, empower us as Christ’s witnesses to the end of the earth!

“<sup>13</sup> **For if you live according to the flesh you will die, but if by the Spirit you put to death the deeds of the body, you will live.**

<sup>14</sup> **For all who are led by the Spirit of God are sons of God.”**

**Midday Prayer Guide 10/25-10/31**

**PSALM PRAYER** *(see Psalm Index-Morning Psalm)*

Be gracious to us, O Lord, for to You do we cry all the day.

**Gladden the soul of Your servant, for to You, O Lord, do we lift up our souls.**

*(Read portion of Morning Psalm and pray)*

† **PROVERBS PRAYER** *(see Proverbs Index)*

So teach us to number our days

**that we may get a heart of wisdom.**

*(Read Proverbs and pray)*

## Evening Prayer Guide 10/25-10/31

### † PSALM PRAYER *(see Psalm Index)*

By day the LORD commands His steadfast love,  
**and at night His song is with me, a prayer to the God of my life.**

*(Read Psalm and pray)*

### † CONFESSION

You are the LORD, our refuge and strength, a very present help in trouble.

**We confess that when trials come we turn from You and spurn Your name. We doubt Your help and don't heed Your Word. Forgive us for taking refuge in people rather than Your presence, in fleeting pleasures, rather than Your full love, in distraction rather than devotion to You.**

You are in the midst of the storm, therefore we will not be moved. You are our hope when the morning dawns, our help when the waves rise.

**Forgive us for moving away from Your strong support. Forgive us for waking with anxiety rather than hope. Forgive us for helping ourselves, rather than humbly receiving Your aid. Lord, have mercy on us.**

*(Confess personal sin)*

Help us to be still and know that You are God.

**The Lord of hosts is with us; the God of Jacob is our fortress. We shall not be shaken. In Christ, our Savior, we pray. Amen.**

**GOSPEL PROMISE** Romans 8:33-34

### † THANKSGIVING PRAYERS

#### † SONG OF PRAISE *We are God's People*

**We are God's people, the chosen of the Lord,  
Born of His Spirit, established by His Word;  
Our cornerstone is Christ alone, and strong in Him we stand:  
O Let us live transparently, and walk heart to heart and hand in hand.**

**We are God's loved ones, the Bride of Christ our Lord,  
For we have known it, the love of God out-poured;  
Now let us learn how to return the gift of love once given:  
O Let us share each joy and care, and live with a zeal that  
pleases Heaven.**

**We are the Body of which the Lord is Head,  
Called to obey Him, now risen from the dead;  
He wills us be a family, diverse yet truly one:  
O Let us give our gifts to God, and so shall His work on earth  
be done.**

**We are a temple, the Spirit's dwelling place,  
Formed in great weakness, a cup to hold God's grace;  
We die alone, for on its own each ember loses fire:  
Yet joined in one the flame burns on to give warmth and light,  
and to inspire.**

† **SUNDAY CATECHISM** (*see Catechism Index*)

† **PERSONAL PRAYER** Colossians 1:9-10

“<sup>9</sup> And so, from the day we heard, we have not ceased to pray  
for you, asking that you may be filled with the knowledge of  
His will in all spiritual wisdom and understanding,

<sup>10</sup> **so as to walk in a manner worthy of the Lord, fully pleasing  
to Him: bearing fruit in every good work and increasing in the  
knowledge of God.”**

*(Pray Backward over the day)*

† **PROMISE FOR THE NIGHT** Psalm 4:7-8

“<sup>7</sup> You have put more joy in my heart  
than they have when their grain and wine abound.

<sup>8</sup> **In peace I will both lie down and sleep;  
for You alone, O Lord, make me dwell in safety.”**



## Morning Prayer Guide 11/01-11/07

### † PSALM PRAYER (*see Psalm Index*)

Blessed be the God and Father of our Lord Jesus Christ,  
**for You have blessed us in Christ with every spiritual blessing  
in the heavenly places.**

O Lord, open our lips,  
**and our mouths will declare Your praise.**

*(Read Psalm and pray)*

### † SCRIPTURE READING (*see Scripture Index*)

Sovereign Spirit, as we with unveiled face behold the glory of  
the Lord, transform us and conform us to the image of Christ.  
**Open our eyes, that we may behold wondrous things out of  
Your law.**

*(Read Scripture: Meditate, Adore, Confess, Give Thanks, Apply)*

### † THE GLORIA “Alleluia! Alleluia” (*Ebenezer*)

**Alleluia! Alleluia! Glory be to God on high;  
Alleluia to the Savior, Who has won the victory;  
Alleluia to the Spirit, fount of love and sanctity.  
Alleluia! Alleluia to the Triune Majesty.**

### † THE CREED Colossians 1:15-20

**“<sup>15</sup> He is the image of the invisible God, the firstborn of all  
creation. <sup>16</sup> For by Him all things were created, in heaven and  
on earth, visible and invisible, whether thrones or dominions  
or rulers or authorities—all things were created through Him  
and for Him. <sup>17</sup> And He is before all things, and in Him all  
things hold together. <sup>18</sup> And He is the head of the body, the  
church. He is the beginning, the firstborn from the dead, that  
in everything He might be preeminent. <sup>19</sup> For in Him all the  
fullness of God was pleased to dwell, <sup>20</sup> and through Him to  
reconcile to Himself all things, whether on earth or in heaven,  
making peace by the blood of His cross.”**

## † THE LORD’S PRAYER

**Our Father, Who art in heaven: hallowed be Thy name; Thy kingdom come; Thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our debts as we forgive our debtors. And lead us not into temptation, but deliver us from evil, for Thine is the kingdom and the power and the glory, forever. Amen.**

## † PERSONAL PRAYER Psalm 70:4-5

“<sup>4</sup> May all who seek You rejoice and be glad in You! May those who love Your salvation say evermore, “God is great!”

**<sup>5</sup> But I am poor and needy; hasten to me, O God! You are my help and my deliverer; O Lord, do not delay!”**

*(Pray Forward into the day)*

## † PROMISE FOR THE DAY Genesis 12:1-3

Spirit, empower us as Christ’s witnesses to the end of the earth!

**“Now the Lord said to Abram, ‘Go from your country and your kindred and your father’s house to the land that I will show you. <sup>2</sup> And I will make of you a great nation, and I will bless you and make your name great, so that you will be a blessing. <sup>3</sup> I will bless those who bless you, and him who dishonors you I will curse, and in you all the families of the earth shall be blessed.’”**

## Midday Prayer Guide 11/01-11/07

### † PSALM PRAYER *(see Psalm Index-Morning Psalm)*

Be gracious to us, O Lord, for to You do we cry all the day.

**Gladden the soul of Your servants, for to You, O Lord, do we lift up our souls.**

*(Read portion of Morning Psalm and pray)*

### † PROVERBS PRAYER *(see Proverbs Index)*

So teach us to number our days

**that we may get a heart of wisdom.**

*(Read Proverbs and pray)*

## Evening Prayer Guide 11/01-11/07

### † PSALM PRAYER (*see Psalm Index*)

By day the LORD commands His steadfast love,  
**and at night His song is with me, a prayer to the God of my life.**

*(Read Psalm and pray)*

### † CONFESSION

You have made us to praise You, to sing new songs of yYour mercy and grace. You have called us to be glad in our Maker, and to rejoice in our King.

**We confess that our lips have cursed You rather than blessed You. We have not found our gladness in You and our joy in Your providence. We have renounced You as king in our regular rebellion against Your Word. Have mercy on us.**

You take pleasure in Your people and adorn the humble with salvation. We ought to praise You with dancing and make melody with instruments.

**We confess that in pride we have danced to a different tune. Instead of presenting our bodies as instruments for righteousness, we have presented our bodies as instruments for unrighteousness. We have let sin reign in our mortal body and obeyed its passions. Instead of exulting in glory, we have exulted in ourselves. Instead of living for Your glory, we have lived for self. Lord, have mercy on us.**

*(Confess personal sin)*

Stir up a new song of praise to You, God.

**Be glorified by our life and our lips. In Christ, our Savior, we pray. Amen.**

### † GOSPEL PROMISE Romans 8:37-39

### † THANKSGIVING PRAYERS

#### † SONG OF PRAISE *My Hope is Built on Nothing Less*

**My hope is built on nothing less  
Than Jesus' blood and righteousness;  
I dare not trust the sweetest frame,  
But wholly lean on Jesus' name.**

*Chorus:*

**On Christ, the solid Rock, I stand;  
All other ground is sinking sand.  
All other ground is sinking sand.**

**When darkness veils his lovely face,  
I rest upon unchanging grace;  
In ev'ry rough and stormy gale  
My anchor holds within the veil.**

*Chorus*

**His oath, His covenant, His blood  
Support me in the whelming flood;  
When all around my soul gives way,  
He then is all my hope and stay.**

*Chorus*

† **SUNDAY CATECHISM** (*see Catechism Index*)

† **PERSONAL PRAYER** Psalm 70:4-5

“<sup>4</sup> May all who seek You rejoice and be glad in You! May  
those who love Your salvation say evermore, “God is great!”

**<sup>5</sup> But I am poor and needy; hasten to me, O God! You are my  
help and my deliverer; O Lord, do not delay!”**

*(Pray Backward over the day)*

† **PROMISE FOR THE NIGHT** Psalm 4:7-8

“<sup>7</sup> You have put more joy in my heart  
than they have when their grain and wine abound.

**<sup>8</sup> In peace I will both lie down and sleep;  
for You alone, O Lord, make me dwell in safety.”**

## Morning Prayer Guide 11/08-11/14

### † PSALM PRAYER *(see Psalm Index)*

Blessed be the God and Father of our Lord Jesus Christ,  
**for You have blessed us in Christ with every spiritual blessing  
in the heavenly places.**

O Lord, open our lips,  
**and our mouths will declare Your praise.**  
*(Read Psalm and pray)*

### † SCRIPTURE READING *(see Scripture Index)*

Sovereign Spirit, as we with unveiled face behold the glory of  
the Lord, transform us and conform us to the image of Christ.  
**Open our eyes, that we may behold wondrous things out of  
Your law.**

*(Read Scripture: Meditate, Adore, Confess, Give Thanks, Apply)*

† **THE GLORIA** “Praise and Glory to the Father” *(Regent Square)*  
**Praise and glory to the Father, praise and glory to the Son,  
Praise and glory to the Spirit: ever Three and ever One;  
One in might and One in glory, while unending ages run!**

### † THE CREED Titus 3:3-5

<sup>3</sup> For we ourselves were once foolish, disobedient, led astray,  
slaves to various passions and pleasures, passing our days in  
malice and envy, hated by others and hating one another. <sup>4</sup> But  
when the goodness and loving kindness of God our Savior  
appeared, <sup>5</sup> He saved us, not because of works done by us in  
righteousness, but according to His own mercy, by the washing  
of regeneration and renewal of the Holy Spirit, <sup>6</sup> Whom He  
poured out on us richly through Jesus Christ our Savior, <sup>7</sup> so  
that being justified by His grace we might become heirs  
according to the hope of eternal life.

### † THE LORD’S PRAYER

**Our Father, Who art in heaven: hallowed be Thy name; Thy  
kingdom come; Thy will be done, on earth as it is in heaven. Give  
us this day our daily bread; and forgive us our debts as we  
forgive our debtors. And lead us not into temptation, but deliver  
us from evil, for Thine is the kingdom and the power and the  
glory, forever. Amen.**

† **PERSONAL PRAYER** Jude 1:20-21

“<sup>20</sup> But you, beloved, building yourselves up in your most holy faith and praying in the Holy Spirit,

<sup>21</sup> **keep yourselves in the love of God, waiting for the mercy of our Lord Jesus Christ that leads to eternal life.”**

*(Pray Forward into the day)*

† **PROMISE FOR THE DAY** Isaiah 51:1-2

Spirit, empower us as Christ’s witness to the end of the earth!

**“Listen to Me, you who pursue righteousness, you who seek the Lord: look to the rock from which you were hewn, and to the quarry from which you were dug. <sup>2</sup> Look to Abraham your father and to Sarah who bore you; for he was but one when I called him, that I might bless him and multiply him.”**

### **Midday Prayer Guide 11/08-11/14**

† **PSALM PRAYER** *(see Psalm Index-Morning Psalm)*

Be gracious to us, O Lord, for to You do we cry all the day.

**Gladden the soul of Your servants, for to You, O Lord, do we lift up our souls.**

*(Read portion of Morning Psalm and pray)*

† **PROVERBS PRAYER** *(see Proverbs Index)*

So teach us to number our days

**that we may get a heart of wisdom.**

*(Read Proverbs and pray)*

## Evening Prayer Guide 11/08-11/14

### † PSALM PRAYER *(see Psalm Index)*

By day the LORD commands His steadfast love,  
**and at night His song is with me, a prayer to the God of my life.**

*(Read Psalm and pray)*

### † CONFESSION

Blessed is the one You choose and bring near, to dwell in Your courts. We shall be satisfied with the goodness of Your house, the holiness of Your temple.

**Forgive us when we choose to draw away from Your presence and reject Your welcome to Your house. Forgive us for not dwelling with You and for not having Christ word dwell in us. We have dwelt too long on our sin and the worries of this world, so that we have failed to rest in Your presence.**

You visit the earth and water it; You greatly enrich it; the river of God is full of water; You provide their grain, for so You have prepared it.

**Forgive us when we disregard Your providence and do not give thanks for preserving our world and our lives. We are often more full of complaint than full of contentment. Lord, have mercy on us.**

*(Confess personal sin)*

By awesome deeds You answer us with righteousness, O God of our salvation

**When iniquities prevail against us, You atone for our transgressions. In Christ, our Savior, we pray. Amen.**

### † GOSPEL PROMISE Galatians 3:13-14

### † THANKSGIVING PRAYERS

#### † SONG OF PRAISE *Blessed Assurance*

**Blessed assurance, Jesus is mine!**

**O what a foretaste of glory divine!**

**Heir of salvation, purchase of God,**

**Born of His Spirit, washed in His blood**

*Chorus:*

**This is my story, this is my song,  
Praising my Savior all the day long;  
This is my story, this is my song,  
Praising my Savior all the day long.**

**Perfect submission, perfect delight,  
Visions of rapture now burst on my sight;  
Angels descending, bringing from above  
Echoes of mercy, whispers of love.**

*Chorus*

**Perfect submission, all is at rest,  
I in my Savior am happy and blest;  
Watching and waiting, looking above,  
Filled with His goodness, lost in His love.**

*Chorus*

† **SUNDAY CATECHISM** (*see Catechism Index*)

† **PERSONAL PRAYER** Jude 1:20-21

“<sup>20</sup> But you, beloved, building yourselves up in your most holy  
faith and praying in the Holy Spirit,

<sup>21</sup> **keep yourselves in the love of God, waiting for the mercy of  
our Lord Jesus Christ that leads to eternal life.”**

*(Pray Backward over the day)*

† **PROMISE FOR THE NIGHT** Psalm 4:7-8

“<sup>7</sup> You have put more joy in my heart  
than they have when their grain and wine abound.

<sup>8</sup> **In peace I will both lie down and sleep;  
for You alone, O Lord, make me dwell in safety.”**



## Morning Prayer Guide 11/15-11/21

### † PSALM PRAYER *(see Psalm Index)*

Blessed be the God and Father of our Lord Jesus Christ,  
**for You have blessed us in Christ with every spiritual blessing  
in the heavenly places.**

O Lord, open our lips,  
**and our mouths will declare Your praise.**  
*(Read Psalm and pray)*

### † SCRIPTURE READING *(see Scripture Index)*

Sovereign Spirit, as we with unveiled face behold the glory of  
the Lord, transform us and conform us to the image of Christ.  
**Open our eyes, that we may behold wondrous things out of  
Your law.**

*(Read Scripture: Meditate, Adore, Confess, Give Thanks, Apply)*

### † THE GLORIA “Alleluia! Alleluia” *(Ebenezer)*

**Alleluia! Alleluia! Glory be to God on high;  
Alleluia to the Savior, Who has won the victory;  
Alleluia to the Spirit, fount of love and sanctity.  
Alleluia! Alleluia to the Triune Majesty.**

### † THE CREED 1 Corinthians 15:1-6

**Now I would remind you, brothers, of the gospel I preached  
to you, which you received, in which you stand, <sup>2</sup> and by which  
you are being saved, if you hold fast to the word I preached to  
you—unless you believed in vain.**

**<sup>3</sup> For I delivered to you as of first importance what I also  
received: that Christ died for our sins in accordance with the  
Scriptures, <sup>4</sup> that He was buried, that He was raised on the third  
day in accordance with the Scriptures, <sup>5</sup> and that He appeared  
to Cephas, then to the twelve. <sup>6</sup> Then He appeared to more than  
five hundred brothers at one time, most of whom are still alive,  
though some have fallen asleep.**

† **THE LORD'S PRAYER**

**Our Father, Who art in heaven: hallowed be Thy name; Thy kingdom come; Thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our debts as we forgive our debtors. And lead us not into temptation, but deliver us from evil, for Thine is the kingdom and the power and the glory, forever. Amen.**

† **PERSONAL PRAYER** Psalm 28:7-8

“<sup>6</sup> Blessed be the Lord!

For He has heard the voice of my pleas for mercy.

**<sup>7</sup> The Lord is my strength and my shield; in Him my heart trusts, and I am helped; my heart exults, and with my song I give thanks to Him.”**

*(Pray Forward into the day)*

† **PROMISE FOR THE DAY** Galatians 6:9-10

Spirit, empower us as Christ's witnesses to the end of the earth!

**“<sup>9</sup> And let us not grow weary of doing good, for in due season we will reap, if we do not give up. <sup>10</sup> So then, as we have opportunity, let us do good to everyone, and especially to those who are of the household of faith.”**

**Midday Prayer Guide 11/15-11/21**

† **PSALM PRAYER** *(see Psalm Index-Morning Psalm)*

Be gracious to us, O Lord, for to You do we cry all the day.

**Gladden the soul of Your servants, for to You, O Lord, do I lift up my soul.**

*(Read portion of Morning Psalm and pray)*

† **PROVERBS PRAYER** *(see Proverbs Index)*

So teach us to number our days

**that we may get a heart of wisdom.**

*(Read Proverbs and pray)*

## Evening Prayer Guide 11/15-11/21

### † PSALM PRAYER *(see Psalm Index)*

By day the LORD commands His steadfast love,  
**and at night His song is with me, a prayer to the God of my life.**

*(Read Psalm and pray)*

### † CONFESSION

God, our King, You are seated upon a throne, high and lifted up and the train of Your robe fills the temple. All cry, "Holy, holy, holy is the LORD of hosts; the whole earth is full of your glory."

**To You we lift our eyes, O You who are enthroned in the heavens. Have mercy on us, for we have not acknowledged You as king and have not worshiped You as worthy.**

You are the Master and we are Your servants. By Your hand You bless Your people and care for our every need.

**But we have not looked to Your hand of providence. We have fixed our eyes on our need and not on our God. Forgive us for not looking for and longing for Your mercy and Your care.**

*(Confess personal sin)*

Have mercy upon us, O LORD, have mercy upon us.

**Reign over us in love and restore us in hope. Give to us the simple trust of a servant to the master. In Christ, our Savior, we pray. Amen.**

### † GOSPEL PROMISE Galatians 4:4-7

### † THANKSGIVING PRAYERS

#### † SONG OF PRAISE *Come Thou Fount of Every Blessing*

**Come, Thou Fount of ev'ry blessing,  
Tune my heart to sing Thy grace;  
Streams of mercy, never ceasing,  
Call for songs of loudest praise,  
Teach me some melodious sonnet,  
Sung by flaming tongues above;  
Praise the mount! I'm fixed upon it,  
Mount of God's unchanging love.**

**Here I raise my Ebenezer;  
Hither by Thy help I'm come;  
And I hope, by Thy good pleasure,  
Safely to arrive at home.**

**Jesus sought me when a stranger,  
Wand'ring from the fold of God:  
He, to rescue me from danger,  
Interposed His precious blood.**

**O to grace how great a debtor  
Daily I'm constrained to be;  
Let that grace now, like a fetter,  
Bind my wand'ring heart to Thee.  
Prone to wander, Lord, I feel it,  
Prone to leave the God I love;  
Here's my heart, O take and seal it,  
Seal it for Thy courts above.**

#### **SUNDAY CATECHISM** (*see Catechism Index*)

† **PERSONAL PRAYER** Psalm 28:7-8

“<sup>6</sup> Blessed be the Lord!

For He has heard the voice of my pleas for mercy.

<sup>7</sup> **The Lord is my strength and my shield; in Him my heart trusts, and I am helped; my heart exults, and with my song I give thanks to Him.”**

*(Pray Backward over the day)*

† **PROMISE FOR THE NIGHT** Psalm 4:7-8

“<sup>7</sup> You have put more joy in my heart

than they have when their grain and wine abound.

<sup>8</sup> **In peace I will both lie down and sleep;  
for You alone, O Lord, make me dwell in safety.”**

## Morning Prayer Guide 05/31-06/06

### † PSALM PRAYER (*see Psalm Index*)

Blessed be the God and Father of our Lord Jesus Christ,  
**for You have blessed us in Christ with every spiritual blessing  
in the heavenly places.**

O Lord, open our lips,  
**and our mouths will declare Your praise.**

*(Read Psalm and pray)*

### † SCRIPTURE READING (*see Scripture Index*)

Sovereign Spirit, as we with unveiled face behold the glory of  
the Lord, transform us and conform us to the image of Christ.  
**Open our eyes, that we may behold wondrous things out of  
Your law.**

*(Read Scripture: Meditate, Adore, Confess, Give Thanks, Apply)*

### † THE GLORIA “Gloria Patri”

**Glory be to the Father, and to the Son, and to the Holy Ghost;  
As it was in the beginning, is now, and ever shall be,  
World without end! A—men, A—men!**

### † THE CREED Titus 3:3-5

**<sup>3</sup>For we ourselves were once foolish, disobedient, led astray,  
slaves to various passions and pleasures, passing our days in  
malice and envy, hated by others and hating one another. <sup>4</sup>But  
when the goodness and loving kindness of God our Savior  
appeared, <sup>5</sup>He saved us, not because of works done by us in  
righteousness, but according to His own mercy, by the washing  
of regeneration and renewal of the Holy Spirit, <sup>6</sup>Whom He  
poured out on us richly through Jesus Christ our Savior, <sup>7</sup>so  
that being justified by His grace we might become heirs  
according to the hope of eternal life.**

† **THE LORD'S PRAYER**

**Our Father, Who art in heaven: hallowed be Thy name; Thy kingdom come; Thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our debts as we forgive our debtors. And lead us not into temptation, but deliver us from evil, for Thine is the kingdom and the power and the glory, forever. Amen.**

† **PERSONAL PRAYER** Psalm 105:3-4

“<sup>3</sup>Glory in His holy name;

let the hearts of those who seek the Lord rejoice!

**<sup>4</sup>Seek the Lord and His strength;  
seek His presence continually!”**

*(Pray Forward into the day)*

† **PROMISE FOR THE DAY** Acts 1:8

Spirit, empower us as Christ's witnesses to the end of the earth!

**“<sup>8</sup>But you will receive power when the Holy Spirit has come upon you, and you will be My witnesses in Jerusalem and in all Judea and Samaria, and to the end of the earth.”**

**Midday Prayer Guide 11/22-11/28**

† **PSALM PRAYER** *(see Psalm Index-Morning Psalm)*

Be gracious to us, O Lord, for to You do we cry all the day.

**Gladden the soul of Your servants, for to You, O Lord, do I lift up my soul.**

*(Read portion of Morning Psalm and pray)*

† **PROVERBS PRAYER** *(see Proverbs Index)*

So teach us to number our days

**that we may get a heart of wisdom.**

*(Read Proverbs and pray)*

## Evening Prayer Guide 11/22-11/28

### † PSALM PRAYER *(see Psalm Index)*

By day the LORD commands His steadfast love,  
**and at night His song is with me, a prayer to the God of my life.**

*(Read Psalm and pray)*

### † CONFESSION

Lord of life, in Your presence is fullness of joy. At Your right hand are pleasures forevermore. Therefore, we make a joyful noise to the LORD and serve You, our LORD, with gladness.

**Forgive us when we do not enjoy Your presence nor pursue Your pleasures. Forgive us when we serve You reluctantly. We have made ourselves servants of our sin, rather than servants of our Savior.**

Creator of life and Shepherd of Your people, we are Your people and the sheep of Your pasture. You deserve full commitment of our whole life.

**Forgive us when we hold our life like it is our own. Forgive us when we do not trust Your lead or follow Your way. Forgive us for designing our own path, rather than trusting in Your design. Lord, have mercy on us!**

*(Confess personal sin)*

We enter Your courts with praise! We give thanks to You and bless Your name.

**For You are good; Your steadfast love endures forever, and Your faithfulness to all generations. In Christ, our Savior, we pray. Amen.**

### † GOSPEL PROMISE Joel 2:12-13

### † THANKSGIVING PRAYERS

#### † SONG OF PRAISE *Praise My Soul the King of Heaven 1-3*

**Praise, my soul, the King of heaven,  
To His feet thy tribute bring;  
Ransomed, healed, restored, forgiven,  
Who like me, His praise should sing?  
Praise Him, praise Him,  
Praise Him, praise Him,  
Praise the everlasting King.**

**Praise Him for His grace and favor  
To our fathers in distress;  
Praise Him still the same for ever,  
Slow to chide, and swift to bless;  
Praise Him, praise Him,  
Praise Him, praise Him,  
Glorious in His faithfulness.**

**Father-like, He tends and spares us;  
Well our feeble frame He knows;  
In His hands He gently bears us,  
Rescues us from all our foes;  
Praise Him, praise Him,  
Praise Him, praise Him,  
Widely as his mercy goes.**

**SUNDAY CATECHISM** (*see Catechism Index*)

† **PERSONAL PRAYER** Psalm 105:3-4

“<sup>3</sup> Glory in His holy name;

let the hearts of those who seek the Lord rejoice!

**<sup>4</sup> Seek the Lord and His strength;  
seek His presence continually!”**

*(Pray Backward over the day)*

† **PROMISE FOR THE NIGHT** Psalm 4:7-8

“<sup>7</sup> You have put more joy in my heart

than they have when their grain and wine abound.

**<sup>8</sup> In peace I will both lie down and sleep;  
for You alone, O Lord, make me dwell in safety.”**



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## Catechism Index

### Westminster Larger Catechism

**Instructions:** The Westminster Larger Catechism provides a question and answer format which covers the core doctrine of the Bible. Below the answer are verses which support the answer. Read the questions and answers for the Sunday date then explore any supporting verses.

**09/27**

**Q. 1. What is the chief and highest end of man?**

A. Man's chief and highest end is to glorify God, and fully to enjoy Him for ever.

Rom. 11:36; 1 Cor. 10:31; Ps. 73:24-28; John 17:21-23.

**Q. 2. How doth it appear that there is a God?**

A. The very light of nature in man, and the works of God, declare plainly that there is a God; but His Word and Spirit only, do sufficiently and effectually reveal Him unto men for their salvation.

Rom. 1:19-20; Ps. 19:1-3; Acts 17:28; 1 Cor. 2:9-10; 2 Tim. 3:15-17; Isa. 59:21.

**10/04**

**Q. 3. What is the Word of God?**

A. The Holy Scriptures of the Old and New Testaments are the Word of God, the only rule of faith and obedience.

2 Tim. 3:16; 2 Pet. 1:19-21; Eph. 2:20; Rev. 22:18-19; Isa. 8:20; Luke 16:29, 31; Gal. 1:8-9; 2 Tim. 3:15-16.

**Q. 4. How doth it appear that the Scriptures are the Word of God?**

A. The Scriptures manifest themselves to be the Word of God, by their majesty and purity; by the consent of all the parts, and the scope of the whole, which is to give all glory to God; by their light and power to convince and convert sinners, to comfort and build up believers unto salvation: but the Spirit of God bearing witness by and with the Scriptures in the heart of man, is alone able fully to persuade it that they are the very Word of God.

Hos. 8:12; 1 Cor. 2:6-7, 13; Ps. 119:18, 129; Ps. 12:6; Ps. 119:140; Acts 10:43; Acts 26:22; Rom. 3:19, 27; Acts 18:28; Heb. 4:12; Jas. 1:18; Ps. 19:7-9; Rom. 15:4; Acts 20:32; John 16:13-14; 1 John 2:20, 27; John 20:31.

**Q. 5. What do the Scriptures principally teach?**

A. The Scriptures principally teach, what man is to believe concerning God, and what duty God requires of man.

2 Tim. 1:13.

**10/11**

**What Man Ought to Believe Concerning God**

**Q. 6. What do the Scriptures make known of God?**

A. The Scriptures make known what God is, the persons in the Godhead, His decrees, and the execution of His decrees.

Heb. 11:6; 1 John 5:7; Acts 15:14-15, 18; Acts 4:27-28.

**Q. 7. What is God?**

A. God is a Spirit, in and of Himself infinite in being, glory, blessedness, and perfection; all-sufficient, eternal, unchangeable, incomprehensible, everywhere present, almighty, knowing all things, most wise, most holy, most just, most merciful and gracious, long-suffering, and abundant in goodness and truth.

John 4:24; Ex. 3:14; Job 11:7-9; Acts 7:2; 1 Tim. 6:15; Matt. 5:48; Gen. 17:1; Ps. 90:2; Mal. 3:6; Jas. 1:17; 1 Kings 8:27; Ps. 139:1-13; Rev. 4:8; Heb. 4:13; Ps. 147:5; Rom. 16:27; Isa. 6:3; Rev. 15:4; Deut. 32:4; Ex. 34:6.

**Q. 8. Are there more Gods than one?**

A. There is but one only, the living and true God.

Deut. 6:4; 1 Cor. 8:4, 6; Jer. 10:10.

**10/18**

**Q. 9. How many persons are there in the Godhead?**

A. There be three persons in the Godhead, the Father, the Son, and the Holy Ghost: and these three are one true, eternal God, the same in substance, equal in power and glory; although distinguished by Their personal properties.

1 John 5:7; Matt. 3:16-17; Matt. 28:19; 2 Cor. 13:14; John 10:30.

**Q. 10. What are the personal properties of the three persons in the Godhead?**

A. It is proper to the Father to beget the Son, and to the Son to be begotten of the Father, and to the Holy Ghost to proceed from the Father and the Son from all eternity.

Heb. 1:5-6, 8; John 1:14, 18; John 15:26; Gal. 4:6.

**Q. 11. How doth it appear that the Son and the Holy Ghost are God equal with the Father?**

A. The Scriptures manifest that the Son and the Holy Ghost are God equal with the Father, ascribing unto Them such names, attributes, works, and worship, as are proper to God only.

Isa. 6:3, 5, 8; John 12:41; Acts 28:25; 1 John 5:20; Acts 5:3-4; John 1:1; Isa. 9:6; John 2:24-25; 1 Cor. 2:10-11; Col. 1:16; Gen. 1:2; Matt. 28:19; 2 Cor. 13:14.

**10/25**

**Q. 12. What are the decrees of God?**

A. God's decrees are the wise, free, and holy acts of the counsel of His will, whereby, from all eternity, He hath, for His own glory, unchangeably fore-ordained whatsoever comes to pass in time, especially concerning angels and men.

Eph. 1:11; Rom. 11:33; Rom. 9:14-15, 18; Eph. 1:4, 11; Rom. 9:22-23; Ps. 33:11.

**Q. 13. What hath God especially decreed concerning angels and men?**

A. God, by an eternal and immutable decree, out of His mere love, for the praise of His glorious grace, to be manifested in due time, hath elected some angels to glory; and in Christ hath chosen some men to eternal life, and the means thereof: and also according to His sovereign power, and the unsearchable counsel of His own will, (whereby He extendeth or withholdeth favor as He pleaseth), hath passed by, and fore-ordained the rest to dishonor and wrath, to be for their sin inflicted, to the praise of the glory of His justice.

1 Tim. 5:21; Eph. 1:4-6; 2 Thess. 2:13-14; Rom. 9:17-18, 21-22; Matt. 11:25-26; 2 Tim. 2:20; Jude 1:4; 1 Pet. 2:8.

**Q. 14. How doth God execute His decrees?**

A. God executeth His decrees in the works of creation and providence, according to His infallible fore-knowledge, and the free and immutable counsel of His own will.

Eph. 1:11.

**11/01**

**Q. 15. What is the work of creation?**

A. The work of creation is that wherein God did in the beginning, by the word of His power, make of nothing the world, and all things therein, for himself, within the space of six days, and all very good.

Gen. 1; Heb. 11:3; Prov. 16:4.

**Q. 16. How did God create angels?**

A. God created all the angels spirits, immortal, holy, excelling in knowledge, mighty in power, to execute His commandments, and to praise His name, yet subject to change.

Col. 1:16; Ps. 104:4; Matt. 22:30; Matt. 25:31; 2 Sam. 14:17; Matt. 24:36; 2 Thess. 1:7; Ps. 103:20-21; 2 Pet. 2:4.

**Q. 17. How did God create man?**

A. After God had made all other creatures, He created man, male and female; formed the body of the man of the dust of the ground, and the woman of the rib of the man; endued them with living, reasonable, and immortal souls; made them after His own image, in knowledge, righteousness and holiness, having the law of God written in their hearts and power to fulfill it, with dominion over the creatures; yet subject to fall.

Gen. 1:27; Gen. 2:7; Gen. 2:22; Gen. 2:7; Job 35:11; Ecc. 12:7; Matt. 10:28; Luke 23:43; Gen. 1:27; Col. 3:10; Eph. 4:24; Rom. 2:14-15; Ecc. 7:29; Gen. 1:28; Gen. 3:6; Ecc. 7:29.

**11/08**

**Q. 19. What is God's providence toward the angels?**

A. God by His providence permitted some of the angels, willfully and irrecoverably, to fall into sin and damnation, limiting and ordering that, and all their sins, to His own glory; and established the rest in holiness and happiness; employing them all, at His pleasure, in the administrations of His power, mercy, and justice.

Jude 1:6; 2 Pet. 2:4; Heb. 2:16; John 8:44; Job 1:12; Matt. 8:31; 1 Tim. 5:21; Mark 8:38; Heb. 12:22; Ps. 104:4; 2 Kings 19:35; Heb. 1:14.

**Q. 20. What was the providence of God toward man in the estate in which he was created?**

A. The providence of God toward man in the estate in which he was created, was the placing him in paradise, appointing him to dress it, giving him liberty to eat of the fruit of the earth; putting the creatures under His dominion, and ordaining marriage for His help; affording him communion with Himself; instituting the Sabbath; entering into a covenant of life with him, upon condition of personal, perfect, and perpetual obedience, of which the tree of life was a pledge; and forbidding to eat of the tree of knowledge of good and evil, upon the pain of death.

Gen. 2:8, 15-16; Gen. 1:28; Gen. 2:18; Gen. 1:26-29; Gen. 3:8; Gen. 2:3; Gal. 3:12; Rom. 10:5; Gen. 2:9, 17.

**11/15**

**Q. 21. Did man continue in that estate wherein God at first created him?**

A. Our first parents being left to the freedom of their own will, through the temptation of Satan, transgressed the commandment of God, in eating the forbidden fruit, and thereby fell from the estate of innocency wherein they were created.

Gen. 3:6-8, 13; Ecc. 7:29; 2 Cor. 11:3.

**Q. 22. Did all mankind fall in that first transgression?**

A. The covenant being made with Adam, as a public person, not for himself only, but for his posterity; all mankind descending from him by ordinary generation, sinned in him, and fell with him in that first transgression.

Acts 17:26; Gen. 2:16-17; Rom. 5:12-20; 1 Cor. 15:21-22.

**Q. 23. Into what estate did the fall bring mankind?**

A. The fall brought mankind into an estate of sin and misery.

Rom. 5:12; Rom. 3:23.



11/22

**Q. 24. What is sin?**

A. Sin is any want of conformity unto, or transgression of, any law of God, given as a rule to the reasonable creature.

1 John 3:4; Gal. 3:10, 12.

**Q. 25. Wherein consisteth the sinfulness of that estate whereinto man fell?**

A. The sinfulness of that estate whereinto man fell, consisteth in the guilt of Adam's first sin, the want of that righteousness wherein he was created, and the corruption of his nature, whereby he is utterly indisposed, disabled, and made opposite unto all that is spiritually good, and wholly inclined to all evil, and that continually; which is commonly called Original Sin, and from which do proceed all actual transgressions.

Rom. 5:12, 19; Rom. 3:10-19; Eph. 2:1-3; Rom. 5:6; Rom. 8:7-8; Gen. 6:5; Jas. 1:14-15; Matt. 15:19.

**Q. 26. How is original sin conveyed from our first parents unto their posterity?**

A. Original sin is conveyed from our first parents unto their posterity by natural generation, so as all that proceed from them in that way are conceived and born in sin.

Ps. 51:5; Job 14:4; Job 15:14; John 3:6.

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