## Sermon Discussion Questions: 1 Peter 1:13 February 17<sup>th</sup>, 2019

1.	What in the sermon	encouraged you,	comforted you,	challenged y	ou, or informed yo	ou?
----	--------------------	-----------------	----------------	--------------	--------------------	-----

- 2. What are some various thoughts, activities, or life circumstances that cause distractions from you seeking the Lord and holiness to the Lord?
- 3. As Peter calls us to pursue a holy life, he calls us to be "sober-minded". According to Ephesians 5:18-21 what practices and pursuits help us stay "sober-minded"?
- 4. Read Psalm 27:4-8, What various ways does the Psalmist call us to seek God? Read J.I. Packer's definition of meditation below

How can we turn our knowledge *about* God into knowledge *of* God? The rule for doing this is simple but demanding. It is that we turn each truth that we learn *about* God into matter for meditation *before* God, leading to prayer and praise *to* God.

Meditation is the activity of calling to mind, and thinking over, and dwelling on, and applying to oneself, the various things that one knows about the works and ways and purposes and promises of God. It is an activity of holy thought, consciously performed in the presence of God, under the eye of God, by the help of God, as a means of communion with God.

Its purpose is to clear ones' mental and spiritual vision of God, and to let his truth make its full and proper impact on one's mind and heart. It is a matter of talking to oneself about God and oneself; it is, indeed, often a matter of arguing with oneself, reasoning oneself out of moods of doubt and unbelief into a clear apprehension of God's power and grace.

Its effect is ever to humble us, as we contemplate God's greatness and glory and our own littleness and sinfulness, and to encourage and reassure us—'comfort' us, in the old, strong, Bible sense of the word—as we contemplate the unsearchable riches of divine mercy displayed in the Lord Jesus Christ." J.I. Packer, *Knowing God*, 23

5. Read Psalm 27:13-14 and 1 Peter 1:13. How does focusing our attention on the future grace that will be given to us help us to regularly pursue holiness in the present?