**Sermon Discussion Questions: "Time to Wait" (Psalm 62)**
**January 26th, 2020**

1. What in the sermon encouraged you, comforted you, challenged you, or informed you?

2. Read Psalm 62:1-2. James Mays says that the phrase wait in silence, "speaks… of a quietness of soul, an inner stillness that comes with yielding all fears and anxieties and insecurities to God in an act of trust." What fears and anxieties fill your heart right now and what are some things you are waiting for in this season?

3. In what ways does our technology makes us more impatient and create an expectation of immediate results? Is there anything else that makes it so hard to wait in this time (refer to point 3)?

4. Read Psalm 62:5-7, 11-12. How does seeing God as our powerful savior and loving protector help us wait for Him?

5. Psalm 62:8 says "8 Trust in Him at all times, O people; pour out your heart before Him; God is a refuge for us." Take some time to pour out your hearts before God in prayer for one another using the words and structure of this psalm as a guide.