

THEME VERSES~~PSALM 61:1-4

- **Hear my cry, O God;**
- **Attend to my prayer.**
- **From the end of the earth I will cry to you,**
 - **When my heart is overwhelmed;**
- **Lead me to the rock that is higher than I.**
 - **For you have been a shelter for me,**
 - **A strong tower from the enemy.**
 - **I will abide in Your tabernacle forever,**
- **I will trust in the shelter of your wings.**

FOUNDATION LESSON #5~GOALS

- To understand that, although feelings are wonderful, God-given gifts, they are unreliable guides for life.
- To increase desire and commitment to live by faith, not by sight or feelings.
- To identify man's part and God's part in the task of living by faith.
- To identify unbiblical thoughts that deepen depression and make a conscious choice to think biblically.



SPECIAL
QUOTE

- **Where faith begins,
anxiety ends;**
- **Where anxiety begins,
faith ends.**

- **George Mueller**

LIVING BY FAITH

WHAT I DO

Take concerns to God

Hear Him (through His word)

In uncertain times: Live by faith

Count it as joy.

Ask for wisdom.

Ask in faith.

Think biblically.

Live by what I know.

WHAT GOD DOES

- Stays in control
- Has a plan/purpose
- Completes His plan/purpose!

Controls all

Provides escape

Remains faithful

Works in us.

Gives wisdom liberally

Supplies: needs strength etc

peace hope

THEME QUOTE

By Dr. Martin Lloyd-Jones

“Have you realized that most of your unhappiness in life is due to the fact that you are listening to yourself instead of talking to yourself?”