

## Twelfth Sunday after Pentecost

August 11, 2024 – 9:30 a.m.

With One Voice, Holy Communion, Setting Five



ST. JOHN'S  
LUTHERAN CHURCH

### Prayer before worship:

*Almighty God, you pour out on all who desire it the spirit of grace and supplication. Deliver us, as we come into your presence, from cold hearts and wandering thoughts, that with steady minds and burning zeal we may worship you in spirit and in truth; through your Son, Jesus Christ our Lord. Amen.*



### Pre-Service Music

*"A Verset on Brother James' Air" (Noel Rawsthorne)*

### Ringling of the Bells

### Welcome

### Brief Order for Confession & Forgiveness

**P** In the name of the Father, and of the ✠ Son, and of the Holy Spirit.

**C** Amen.

**P** Almighty God, to whom all hearts are open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you and worthily magnify your holy name, through Jesus Christ our Lord.

**C** Amen.

**P** If we say we have no sin, we deceive ourselves, and the truth is not in us. But if we confess our sins, God who is faithful and just will forgive our sins and cleanse us from all unrighteousness.

*Kneel or be seated, as able*

**P** Most merciful God,

**C** **we confess that we are in bondage to sin and cannot free ourselves. We have sinned against you in thought, word, and deed, by what we have done and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. For the sake of your Son, Jesus Christ, have mercy on us. Forgive us, renew us, and lead us, so that we may delight in your will and walk in your ways, to the glory of your holy name. Amen.**

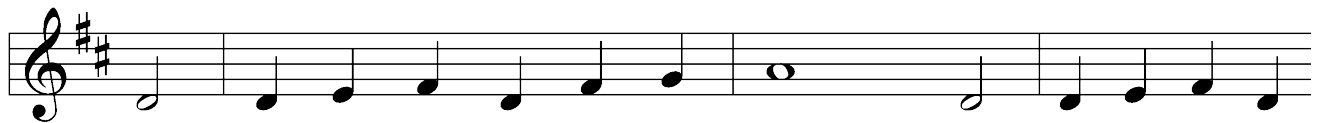
**P** Almighty God, in his mercy, has given his Son to die for you and, for his sake, forgives you all your sins. As a called and ordained minister of the Church of Christ, and by his authority, I therefore declare to you the entire forgiveness of all your sins, in the name of the Father, and of the ✠ Son, and of the Holy Spirit.

**C Amen.**

## Service of the Word

### Opening Hymn

"From All That Dwell Below the Skies" (LSB 816)



1 From all that dwell be - low the skies	Let the Cre - a - tor's
2 E - ter - nal are Thy mer - cies, Lord;	E - ter - nal truth at -
△ 3 All praise to God the Fa - ther be,	All praise, e - ter - nal



praise a - rise;	Al - le - lu - ia,	al - le - lu - ia!
tends Thy Word.	Al - le - lu - ia,	al - le - lu - ia!
Son, to Thee.	Al - le - lu - ia,	al - le - lu - ia!



Let the Re - deem - er's name be sung	Through ev - 'ry land by
Thy praise shall sound from shore to shore	Till suns shall rise and
Whom with the Spir - it we a - dore	For - ev - er and for -



ev - 'ry tongue.	Al - le - lu - ia,	al - le - lu - ia!
set no more.	Al - le - lu - ia,	al - le - lu - ia!
ev - er - more:	Al - le - lu - ia,	al - le - lu - ia!



Al - le - lu - ia,	al - le - lu - ia,	al - le - lu - ia!
Al - le - lu - ia,	al - le - lu - ia,	al - le - lu - ia!
Al - le - lu - ia,	al - le - lu - ia,	al - le - lu - ia!

Text (sts. 1–2): Isaac Watts, 1674–1748; (st. 3): William W. How, 1823–97

Tune: Geistliche Kirchengesäng, 1623, Köln

Text and tune: Public domain

## Greeting

**P** The grace of our Lord Jesus Christ, the love of God, and the communion of the Holy Spirit be with you all.

**C** And also with you.

## Hymn of Praise



**C** Glo-ry to God, glo - ry to God, glo - ry to God in the high - est;



glo - ry to God, glo - ry to God, and peace to God's peo-ple on earth.



**I** Lord God, heav-en-ly king, al - might - y God and Fa - ther, we



wor-ship you, we give you thanks, we praise you for your glo - ry.



**C** Glo-ry to God, glo - ry to God, glo - ry to God in the high - est;



glo - ry to God, glo - ry to God, and peace to God's peo-ple on earth.



**II** Lord Je - sus Christ, on - ly Son of the Fa - ther,



Lord God, Lamb of God, you take a - way the sin of the

world: have mer - cy on us; you are seat - ed at the

right hand of the Fa - ther: re - ceive our prayer.

**☐** Glo-ry to God, glo - ry to God, glo - ry to God in the high - est;

glo - ry to God, glo - ry to God, and peace to God's peo-ple on earth.

**☐** For you a-lone are the Ho - ly One, you a - lone are the Lord,

you a - lone are the Most High, Je - sus Christ, with the Ho - ly Spir - it,

in the glo - ry of God the Fa - ther. A - men.

**☐** Glo-ry to God, glo - ry to God, glo - ry to God in the high - est;

glo - ry to God, glo - ry to God, and peace to God's peo-ple on earth,

and peace to God's peo - ple on earth.

## Prayer of the Day

**P** The Lord be with you.

**C** **And also with you.**

**P** Let us pray:

O Lord of grace and mercy, teach us by Your Holy Spirit to follow the example of Your Son in true humility, that we may withstand the temptations of the devil and with pure hearts and minds avoid ungodly pride; through the same Jesus Christ, our Lord, who lives and reigns with You and the Holy Spirit, one God, now and forever.

**C** **Amen.**

## Children's Message

### First Reading

1 Kings 19:1-8

<sup>1</sup>Ahab told Jezebel all that Elijah had done, and how he had killed all the prophets with the sword. <sup>2</sup>Then Jezebel sent a messenger to Elijah, saying, "So may the gods do to me and more also, if I do not make your life as the life of one of them by this time tomorrow." <sup>3</sup>Then he was afraid, and he arose and ran for his life and came to Beersheba, which belongs to Judah, and left his servant there.

<sup>4</sup>But he himself went a day's journey into the wilderness and came and sat down under a broom tree. And he asked that he might die, saying, "It is enough; now, O LORD, take away my life, for I am no better than my fathers." <sup>5</sup>And he lay down and slept under a broom tree. And behold, an angel touched him and said to him, "Arise and eat." <sup>6</sup>And he looked, and behold, there was at his head a cake baked on hot stones and a jar of water. And he ate and drank and lay down again. <sup>7</sup>And the angel of the LORD came again a second time and touched him and said, "Arise and eat, for the journey is too great for you." <sup>8</sup>And he arose and ate and drank, and went in the strength of that food forty days and forty nights to Horeb, the mount of God.

**L** The Word of the Lord.

**C** **Thanks be to God.**

### Psalm

Psalm 34:1-8

**L** I will bless the LORD at | all times;\*  
his praise shall continually be | in my mouth.

**C** **My soul makes its boast | in the LORD;\***  
**let the humble hear | and be glad.**

**L** Oh, magnify the | LORD with me,\*  
and let us exalt his name to- | gether!

**G I sought the LORD, and he | answered me\*  
and delivered me from | all my fears.**

**L** Those who look to him are | radiant,\*  
and their faces shall never | be ashamed.

**G This poor man cried, and the LORD | heard him\*  
and saved him out of all his | troubles.**

**L** The angel of the LORD encamps  
around those who | fear him,\*  
and de- | livers them.

**G Oh, taste and see that the | LORD is good!\*  
Blessèd is the man who takes ref- | uge in him!**

## Epistle

Ephesians 4:17-5:2

<sup>17</sup>This I say and testify in the Lord, that you must no longer walk as the Gentiles do, in the futility of their minds. <sup>18</sup>They are darkened in their understanding, alienated from the life of God because of the ignorance that is in them, due to their hardness of heart. <sup>19</sup>They have become callous and have given themselves up to sensuality, greedy to practice every kind of impurity. <sup>20</sup>But that is not the way you learned Christ!— <sup>21</sup>assuming that you have heard about him and were taught in him, as the truth is in Jesus, <sup>22</sup>to put off your old self, which belongs to your former manner of life and is corrupt through deceitful desires, <sup>23</sup>and to be renewed in the spirit of your minds, <sup>24</sup>and to put on the new self, created after the likeness of God in true righteousness and holiness.

<sup>25</sup>Therefore, having put away falsehood, let each one of you speak the truth with his neighbor, for we are members one of another. <sup>26</sup>Be angry and do not sin; do not let the sun go down on your anger, <sup>27</sup>and give no opportunity to the devil. <sup>28</sup>Let the thief no longer steal, but rather let him labor, doing honest work with his own hands, so that he may have something to share with anyone in need. <sup>29</sup>Let no corrupting talk come out of your mouths, but only such as is good for building up, as fits the occasion, that it may give grace to those who hear. <sup>30</sup>And do not grieve the Holy Spirit of God, by whom you were sealed for the day of redemption. <sup>31</sup>Let all bitterness and wrath and anger and clamor and slander be put away from you, along with all malice. <sup>32</sup>Be kind to one another, tenderhearted, forgiving one another, as God in Christ forgave you.

<sup>1</sup>Therefore be imitators of God, as beloved children. <sup>2</sup>And walk in love, as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God.

**L** The Word of the Lord.

**G Thanks be to God.**

## Alleluia Verse



Al - le - lu - ia. Lord, to whom shall we go?  
Al - le - lu - ia. You have the words of e - ter - nal life.  
Al - le - lu - ia, al - le - lu - ia.

## Holy Gospel

John 6:35-51

**P** The Holy Gospel according to St. John, the sixth chapter.

**G** **Glory to you, O Lord.**

*Please join in reading aloud the **highlighted portion** of Scripture and consider committing this passage to memory in the week ahead.*

<sup>35</sup>Jesus said to them, "I am the bread of life; whoever comes to me shall not hunger, and whoever believes in me shall never thirst. <sup>36</sup>But I said to you that you have seen me and yet do not believe. <sup>37</sup>All that the Father gives me will come to me, and whoever comes to me I will never cast out. <sup>38</sup>For I have come down from heaven, not to do my own will but the will of him who sent me. <sup>39</sup>And this is the will of him who sent me, that I should lose nothing of all that he has given me, but raise it up on the last day. <sup>40</sup>For this is the will of my Father, that everyone who looks on the Son and believes in him should have eternal life, and I will raise him up on the last day."

<sup>41</sup>So the Jews grumbled about him, because he said, "I am the bread that came down from heaven." <sup>42</sup>They said, "Is not this Jesus, the son of Joseph, whose father and mother we know? How does he now say, 'I have come down from heaven?'"

<sup>43</sup>Jesus answered them, "Do not grumble among yourselves. <sup>44</sup>No one can come to me unless the Father who sent me draws him. And I will raise him up on the last day. <sup>45</sup>It is written in the Prophets, 'And they will all be taught by God.' Everyone who has heard and learned from the Father comes to me— <sup>46</sup>not that anyone has seen the Father except he who is from God; he has seen the Father. <sup>47</sup>Truly, truly, I say to you, whoever believes has eternal life. <sup>48</sup>I am the bread of life.



<sup>49</sup>Your fathers ate the manna in the wilderness, and they died. <sup>50</sup>This is the bread that comes down from heaven, so that one may eat of it and not die. <sup>51</sup>**I am the living bread that came down from heaven. If anyone eats of this bread, he will live forever. And the bread that I will give for the life of the world is my flesh.**"

**P** The Gospel of the Lord.

**G** Praise to you, O Christ.

Sermon

"Living Bread - Part 2"

Hymn of the Day

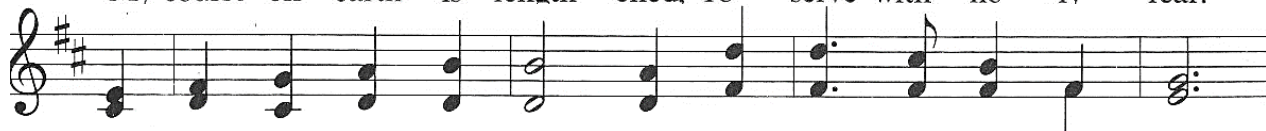
"O Living Bread from Heaven" (LBW 197)



1 O liv - ing Bread from heav - en, How well you feed your guest!  
2 My Lord, you here have led me With - in your ho - liest place,  
3 You gave me all I want - ed; This food can death de - stroy.  
4 Lord, grant me then, thus strength - ened With heav'n - ly food, while here



The gifts that you have giv - en Have filled my heart with rest.  
And here your - self have fed me With trea - sures of your grace;  
And you have free - ly grant - ed The cup of end - less joy.  
My course on earth is length - ened, To serve with ho - ly fear.



Oh, won - drous food of bless - ing, Oh, cup that heals our woes!  
For you have free - ly giv - en What earth could nev - er buy,  
My Lord, I do not mer - it The fa - vor you have shown,  
And when you call my spir - it To leave this world be - low,



My heart, this gift pos - sess - ing, With prais - es o - ver - flows!  
The bread of life from heav - en, That now I shall not die.  
And all my soul and spir - it Bow down be - fore your throne.  
I en - ter, through your mer - it, Where joys un - min - gled flow.



**We believe in one God, the Father almighty, maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven; by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the prophets. We believe in one holy catholic and apostolic Church. We acknowledge one Baptism for the forgiveness of sins. We look for the resurrection of the dead, † and the life of the world to come. Amen.**

### Prayers of the People

**P** Let us pray for the whole people of God in Christ Jesus, and for all people according to their needs.

*Special prayer requests are announced followed by a brief silence for private prayer. During the season after Pentecost each petition ends with the phrase: "Hear us, O God."*

*Please respond by saying: "**Your mercy is great.**"*

*The prayers end with the words:*

**P** Into your hands, O Lord, we commend all for whom we pray, trusting in your mercy; through your Son, Jesus Christ our Lord.

**C Amen.**

*Following the prayers, the people may greet one another in the name of the Lord, saying, "Peace be with you," as a sign of reconciliation and of the unity of the Spirit in the bond of peace (Matt. 5:22–24; Eph. 4:1–3).*

## Announcements

### Offertory Prayer

**L** Merciful God,

**C** we offer with joy and thanksgiving what you have first given us – our selves, our time, and our possessions, signs of your gracious love. Receive them for the sake of him who offered himself for us, Jesus Christ our Lord. Amen.

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## Service of the Sacrament

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### Great Thanksgiving

**P** The Lord be with you.

**C** And also with you.

**P** Lift up your hearts.

**C** We lift them up to the Lord.

**P** Let us give thanks to the Lord our God.

**C** It is right to give Him thanks and praise.

### Preface

**P** It is indeed right and salutary that we should at all times and in all places offer thanks and praise to you, O Lord, holy Father, through Christ our Lord; who on this day overcame death and the grave, and by his glorious resurrection opened to us the way of everlasting life. And so, with the Church on earth and the hosts of heaven, we praise your name and join their unending hymn:

### Sanctus



comes in the name of the Lord. Ho-san - na in the  
high - est. Ho - san - na in the high - est.

## Eucharistic Prayer

### Lord's Prayer

**P** Lord, remember us in your kingdom and teach us to pray:

**C** **Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever and ever. Amen.**

### Agnus Dei

**C** Lamb of God, you take a - way the sin of the world; have mer-cy on  
us. Lamb of God, you take a - way the sin of the world; have  
mer-cy on us. Lamb of God, you take a - way the  
sin of the world; grant us peace, grant us peace.

*Please be seated*

## Distribution of Holy Communion

Lutheran Christians believe and teach that in the Sacrament of the Altar, Christ's body and blood are given to those who receive the bread and wine. With the bread and wine, the gifts of His body and blood are given to Christ's people for forgiveness of sins, strength for our journey of faith, and a foretaste of the heavenly banquet. All who have been baptized into Christ's death and resurrection, and who trust His words that these gifts are given and shed for you for the forgiveness of sins, are invited to receive the Eucharist.

Please follow the direction of the ushers to come to the Lord's Table. The bread will be distributed first. **Gluten-free wafers** are available for those who may need these. Please indicate this to the pastor at the distribution. The wine is then received by individual glasses only. Non-alcoholic grape juice is available for those who for medical or recovery purposes must abstain from alcohol.

Children who do not receive the Sacrament are invited to come forward and receive a blessing. Please cross arms over chest so the pastor and lay assistant are able to distinguish children who do commune from those who do not yet receive the Sacrament.

## Distribution Hymns

Summer Choir Anthem

"Nearer, My God, to Thee"  
(Sarah F. Adams)

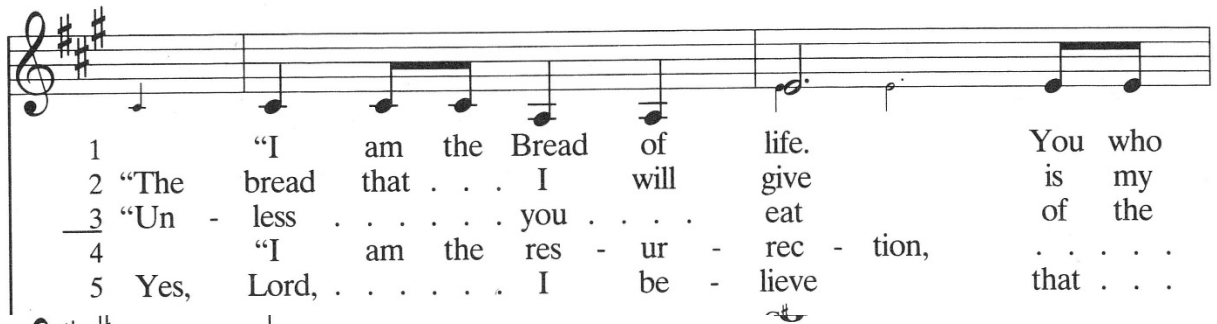
*Nearer, my God, to thee, nearer to thee!  
E'en though it be a cross that raiseth me,  
still all my song shall be,  
nearer, my God, to thee;  
nearer, my God, to thee, nearer to thee!*

*Though like the wanderer, the sun gone down,  
darkness be over me, my rest a stone;  
yet in my dreams I'd be  
nearer, my God, to thee;  
nearer, my God, to thee, nearer to thee!*

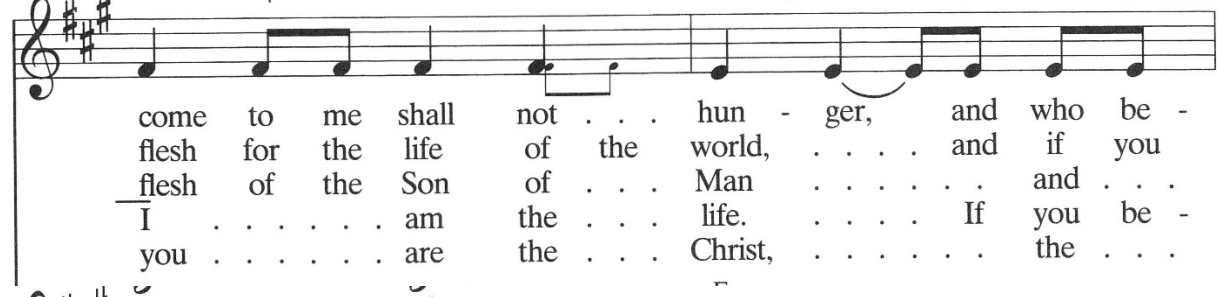
*Now on joyful wing cleaving the sky,  
sun, moon, and stars forgot, upward I fly,  
still all my song shall be,  
nearer, my God, to thee;  
nearer, my God, to thee, nearer to thee!*

"I Am the Bread of Life"

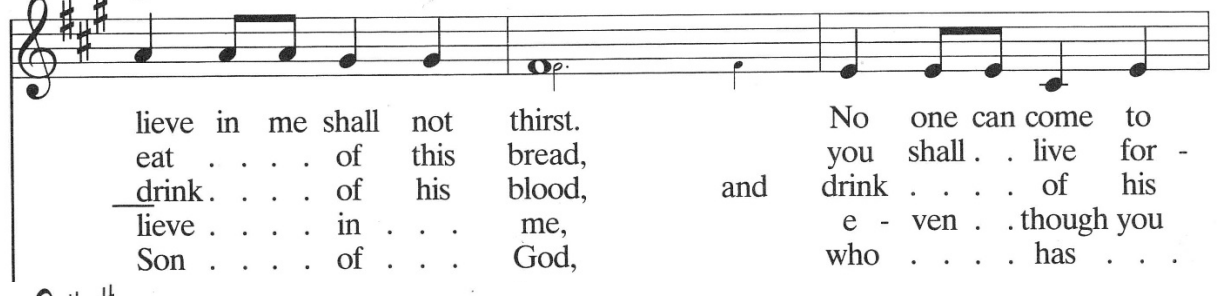
(WOV 702)



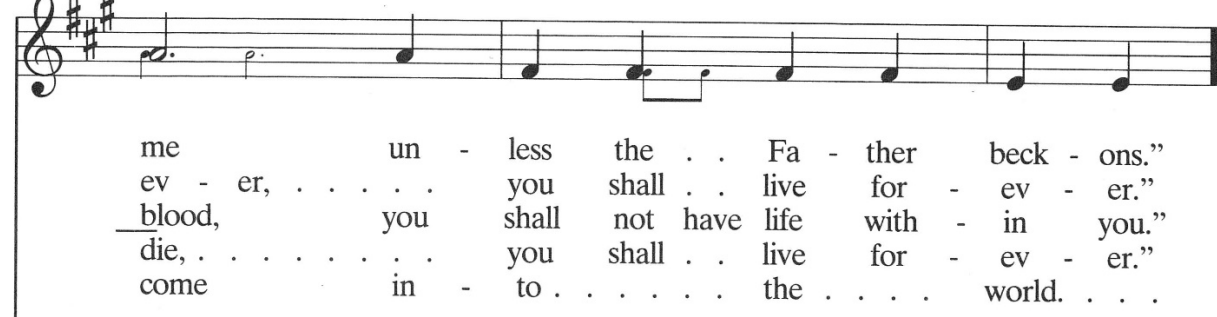
1 "I am the Bread of life. You who  
 2 "The bread that . . . I will give is my  
 3 "Un - less . . . . . you . . . . . eat of the  
 4 "I am the res - ur - rec - tion, . . . . .  
 5 Yes, Lord, . . . . . I be - lieve that . . . .



come to me shall not . . . hun - ger, and who be -  
 flesh for the life of the world, . . . . . and if you  
 flesh of the Son of . . . . . Man . . . . . and . . . . .  
 I . . . . . am the . . . . . life. . . . . If you be -  
 you . . . . . are the . . . . . Christ, . . . . . the . . . . .

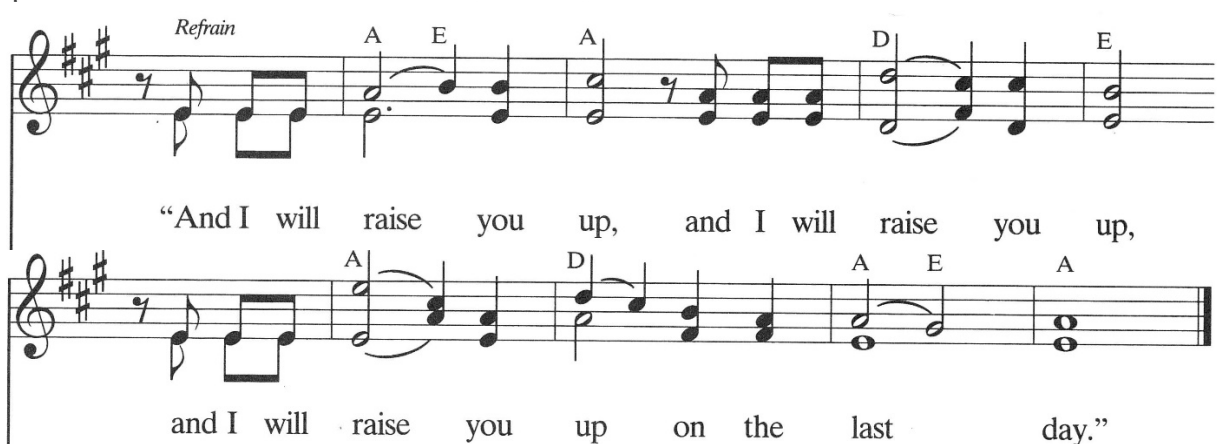


lieve in me shall not thirst. No one can come to  
 eat . . . . . of this bread, you shall . . live for -  
 drink . . . . . of his blood, and drink . . . . . of his  
 lieve . . . . . in . . . . . me, e - ven . . though you  
 Son . . . . . of . . . . . God, who . . . . . has . . . . .



me un - less the . . Fa - ther beck - ons."  
 ev - er, . . . . . you shall . . live for - ev - er."  
 blood, you shall not have life with - in you."  
 die, . . . . . you shall . . live for - ev - er."  
 come in - to . . . . . the . . . . . world. . . . .

*Refrain*



"And I will raise you up, and I will raise you up,  
 and I will raise you up on the last day."

Text: John 6, adapt. S. Suzanne Toolan, SM, b. 1927  
 Music: S. Suzanne Toolan, SM, b. 1927  
 © 1966 GIA Publications, Inc.

I AM THE BREAD  
 irregular

# "Hallelujah! We Sing Your Praises"

(WOV 722)

*Refrain*

Hal - le - lu - jah! We sing your prais - es, all our  
hearts are filled with glad - ness. Hal - le - lu - jah! We sing your  
prais - es, all our hearts are filled with glad - ness.

1 Christ the Lord to us said: I am wine, I am bread,  
2 Now he sends us all out, strong in faith, free of doubt,

*Refrain (after repeat)*

I am wine, I am bread, give to all who thirst and hun - ger.  
strong in faith, free of doubt. Tell to all the joy - ful Gos - pel.

Each refrain and stanza is sung twice in succession.

Text: South African  
Music: South African

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HALELUYA! PELO TSO RONA  
irregular

## Dismissal

### Post-Communion Canticle

"Thankful Hearts"

☐ Thank - ful hearts and voic - es raise; tell ev - 'ry -  
one what God has done. Let all who seek the

Lord re - jice and bear Christ's ho - ly name.

Send us with your prom - is - es, O God,

and lead us forth in joy with shouts

of thanks - giv - ing. Al - le - lu - ia.  
*(Lent:)* A - men, a - men.

### Prayer of Thanksgiving

**L** Let us pray:

Almighty God, you provide the true bread from heaven, your Son, Jesus Christ our Lord. Grant that we who have received the Sacrament of his body and blood may abide in him and he in us, that we may be filled with the power of his endless life, now and forever.

**C** Amen.

### Sending of Lay Eucharistic Ministers

#### Sending

### Blessing

**P** Almighty God, Father, † Son, and Holy Spirit, bless you now and forever.

**C** Amen.

### Benediction

**L** Go in peace. Serve the Lord.

**C** Thanks be to God.



## Sending Hymn

"Now Thank We All Our God" (LSB 895)



1 Now thank we all our God With hearts and hands and voices,  
2 Oh, may this bounteous God Through all our life be near us,  
△ 3 All praise and thanks to God The Father now be given,



Who wondrous things has done, In whom His world rejoices;  
With ever joyful hearts And blessed peace to cheer us  
The Son, and Him who reigns With them in highest heaven,



Who from our mothers' arms Has blest us on our way  
And keep us in His grace And guide us when perplexed  
The one eternal God, Whom earth and heav'n adore;



With countless gifts of love And still is ours to-day.  
And free us from all ills In this world and the next!  
For thus it was, is now, And shall be ever more.

Text: Martin Rinckart, 1586–1649; tr. Catherine Winkworth, 1827–78, alt.  
Tune: Johann Crüger, 1598–1662  
Text and tune: Public domain

## Postlude

"'Maestoso' from Three Short Preludes" (Everett Titcomb)



## **Our Ministry Of Worship**

Officiant/Preacher

Pastor Meehan

Lay Assistant

Steve Rempe

Communion Lay Assistant

Tish Nordvall

Organist/Pianist

David Leahey, Director of Music

Acolyte

Gavin Stiens

Crucifer

Giulianna Vazquez

Ushers

Fred Esposito

Mike Waring

Altar Care

Martiza Guerra

AV Operator

Scott Budzien

Jurgen Gobien

Welcome Host

Denise Canter

Nursery

Anne Weikart

Andi Hassett



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This weekend's **altar flowers** are  
given in donation to the flower fund.



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**St. John's Lutheran Church**  
**5952 Franconia Road**  
**Alexandria, VA 22310**



*A member congregation of the Lutheran Church – Missouri Synod*

### **St. John's Lutheran Church Staff**

Pastor	Rev. John Meehan
Director of Discipleship	Jennifer Hills, DCE
Director of Music	David Leahey
Office Administrator	Michelle May
Finance Administrator	Jennifer Smith
Communication Specialist	Jacqueline Fuller

### **Early Childhood Education Center (ECEC) Staff**

Director of ECEC	Amanda Parks
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