

PERSONAL REFLECTION GUIDE

1/11/26

At Southland Church, we are committed to help you KNOW Christ, LIVE like Him, and make Him KNOWN. This guide is designed to help you reflect on and apply what you learned from the sermon this weekend. Use this guide as a quiet time this week. Write your answers in a journal, with the date and main passage noted at the top of the page.

- What main point from the sermon stood out to you? What did the Holy Spirit convict you of or encourage you with?
- Who taught you the most about what love looks like – for better or worse?
- **Read John 13:31-35.** What just happened in the story before Jesus said these words? Why does this timing matter?
- What words or phrases does Jesus repeat or emphasize here? What stands out about his tone?
- What does it mean to love “as I have loved you”? What specific actions from Jesus’ life come to mind?
- How does Jesus define love here? How is it different from general kindness or friendliness?
- Why do you think Jesus says love – not doctrine, miracles, or morality – will identify His disciples?
- What makes this commandment “new”? Compare it to **Matthew 22:37-40.**
- **Read Galatians 6:10.** Based on this verse and John 13, what is the relationship of loving all people and loving those of the household of God? Why do you think this is so?
- Who is the hardest for you to love in a Christlike way right now? Why?
- What would it look like to practice Jesus-like love in your church? Small group? Family? Be specific with your ideas.
- What habits or attitudes get in the way of you loving others as Jesus loves you?
- If someone judged your faith only by how you love others, what might they conclude about your faith? About Jesus?
- Based on this passage or the sermon, what is one step of obedience the Holy Spirit is leading you towards this week?

LOOKING AHEAD TO NEXT WEEK

Read **1 Corinthians 13:1-13.** What characteristic of love is the most challenging? Why?



UPCOMING EVENTS – for more info, scan the QR code with your phone
1/11 Southland Student Bible Study – 6-8pm at Indian Land Middle
1/25 Southland Group Launch – Join a group right after church
1/30-31 Serve at Bethel Shelters – sign up online

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FAMILY DISCUSSION GUIDE

Southland Church is committed to helping parents raise the next generation of disciples who KNOW Christ, LIVE like Him, and make Him KNOWN. This guide is meant to help you as a family, particularly those over 12 years old, to discuss the Sunday sermon. You can do this in an evening devotion or over lunch after service.

A few tips to get started: (1) Make this a phone-free conversation. You and your family put the phones away, except for the person who looks up the Scriptures. He/She would read the passage and then put his/her phone away. (2) Set the pace for how vulnerable to be. If you give a shallow answer, you are more likely to get a shallow answer from your kids. (3) Do not feel like you have to ask all of these questions. Just focus on having a good honest discussion.

Open with prayer, asking God to lead you to know more about Christ and live like Him.

- What stood out to you from the sermon this week as challenging or encouraging?
- What's one small thing that makes you feel noticed or valued?
- **Read John 13:1-5 and 31-35.** What is happening in this scene? When is it happening?
- What words or ideas does Jesus repeat?
- Why do you think Jesus talks about love at this moment?
- How is Jesus' kind of love different from just being nice?
- Why do you think Jesus says love is how people will know His followers?
- Where is it hardest for you to love others – school, sports, family?
- Who – outside of the family – is it hardest for you to love right now, and why?
- What does it loving like Jesus look like in a group chat or on social media? What does it look like at work or school?
- How can love stop conflict before it gets worse?
- When do you struggle to most to show love?
- What usually gets in the way of loving like Jesus – pride, fear, anger, or what?
- What's one small way you could show Jesus' kind of love this week?
- What is one thing God wants you to do or believe from these passages or the sermon?

Ask if there is some way you can pray for your family members, and then close in prayer.

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