

## PERSONAL REFLECTION GUIDE

1/19/25

At Southland Church, we are committed to help you KNOW Christ, LIVE like Him, and make Him KNOWN. This guide is designed to help you reflect on and apply what you learned from the sermon this weekend. Use this guide as a quiet time this week. Write your answers in a journal, with the date and main passage noted at the top of the page.

- What main point from the sermon stood out to you? What did the Holy Spirit convict you of or encourage you with?
- Consider one person ("your one") who is close to you but far from God. Pray for them to be open to the Gospel and for you to have a chance to share it.
- What are some common temptations Christians face today?
- **Read Luke 4:1-13.** What do the three temptations presented to Jesus (turning stones into bread, worshiping Satan for power, and testing God) reveal about the strategies of the devil and temptation?
- For many, most insidious temptations are not easily identifiable (like drunkenness and infidelity) but sly (like spending too much time on social media, or valuing comfort over generosity and service). What temptations are most likely to lure you?
- Two of the temptations include a challenge to Jesus' identity ("If you are the Son of God..."). How can questioning your identity impact your struggle with temptation?
- How does Jesus resist temptation? (Hint: It's not just memorizing the Bible.)
- **Read Hebrews 2:17-18 and Hebrews 4:14-16.** What do these verses reveal about Jesus? Why was Jesus' temptation in Luke 4 necessary?
- How do these verses in Hebrews offer you hope and assurance when you face temptation?
- **Read 1 Corinthians 10:13.** How does this verse offer you hope? How have you seen this promise play out in your life?
- Temptation is a test of faith in Christ, and we will not always "pass." How can you fight your temptations? How does the Gospel offer you hope when you fail?
- Write one step of obedience the Holy Spirit is leading you towards this week. Who will you tell about this step, in order to help you?

## LOOKING AHEAD TO NEXT WEEK

**Read Luke 4:14-5:11.** What might it cost you to be a "fisher of men" (5:10)? Why is it worth it?



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## FAMILY DISCUSSION GUIDE

Southland Church is committed to helping parents raise the next generation of disciples who KNOW Christ, LIVE like Him, and make Him KNOWN. This guide is meant to help you as a family, particularly those over 12 years old, to discuss the Sunday sermon. You can do this in an evening devotion or over lunch after service.

A few tips to get started: (1) Make this a phone-free conversation. You and your family put the phones away, except for the person who looks up the Scriptures. He/She would read the passage and then put his/her phone away. (2) Set the pace for how vulnerable to be. If you give a shallow answer, you are more likely to get a shallow answer from your kids. (3) Do not feel like you have to ask all of these questions. Just focus on having a good honest discussion.

Open with prayer, asking God to lead you to know more about Christ and live like Him.

- What stood out to you from the sermon this week? What challenged or encouraged you?
- Consider one person ("your one") who is close to you but far from God. As a family, take a moment to share your "ones" and pray for them to know Christ.
- What are some examples of temptations people your age face today?
- Which of those temptations – if any – do you think are helpful in obeying Jesus?
- **Read 1 Corinthians 10:12-13.** Why do you think Paul (the author of these verses) warns Christians to "be careful" even if they think they are strong in faith?
- How does the promise that "God is faithful" bring comfort when facing temptations?
- Think of one temptation that someone (even you) has faced. What "escape" was available to that person to get away from the temptation?
- What are some practical ways you can recognize unhealthy temptations? How can you identify the "way out" that God provides?
- Who in your life can support you when you are facing temptations that lead you away from Jesus?
- If someone in your life feels tempted, how could you use this passage to encourage them?
- What is one thing you want to put in practice from these passages or the sermon?

Ask if there is some way you can pray for your family members, and then close in prayer.



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