

PERSONAL REFLECTION GUIDE

10/5/25

At Southland Church, we are committed to help you KNOW Christ, LIVE like Him, and make Him KNOWN. This guide is designed to help you reflect on and apply what you learned from the sermon this weekend. Use this guide as a quiet time this week. Write your answers in a journal, with the date and main passage noted at the top of the page.

- What main point from the sermon stood out to you? What did the Holy Spirit convict you of or encourage you with?
- If you were to describe your current prayer life in 2-3 words, what would they be?
- What emotions or situations do you usually NOT bring to God in prayer?
- **Read Psalm 24 out loud twice – whether in a group or alone.** Why do you think the psalm begins with a reminder of God's authority?
- When you look to or remember God, what attributes do you think of? Which ones do not usually come to mind first?
- The psalm begins with a reminder of the power and glory of God, and then moves into confession. **Re-read Psalm 24:3-6.** What does it mean to have "clean hands and a pure heart"? Do you think this is possible? Why or why not?
- What are the idols you tend to trust? (possible answers: popularity, success, wealth, comfort, entertainment, sex, etc.)
- In what ways does confession lead you closer to God, rather than push you away?
- Compare this part of Psalm 24 with **Psalm 15**. What similarities do you see? What differences?
- Why do we tend to resist confession of specific sins – whether in group or solo prayer?
- **Re-read Psalm 24:7-10.** Gates and doors obviously do not have heads. What do you think is meant by this figurative language? What is the psalmist (David) asking for? (Use the notes of a study Bible if needed for help.)
- If you were to summarize the meaning of this psalm in a sentence, what would you say? How might that meaning apply to your personal life? Be specific.
- Based on this passage or the sermon, what is one step of obedience the Holy Spirit is leading you towards this week?

LOOKING AHEAD TO NEXT WEEK

Read Psalm 46. What do you think is the tone of verse 10? Why is that tone there?



UPCOMING EVENTS – for more info, southlandsc.org/events
Tuesdays Jonah Bible Study – connect with others and God's Word
10/14 "Share Jesus Without Fear" – learn how to share the Gospel
10/25 Forge Men's Breakfast – connect with men and grow in Christ

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FAMILY DISCUSSION GUIDE

Southland Church is committed to helping parents raise the next generation of disciples who KNOW Christ, LIVE like Him, and make Him KNOWN. This guide is meant to help you as a family, particularly those over 12 years old, to discuss the Sunday sermon. You can do this in an evening devotion or over lunch after service.

A few tips to get started: (1) Make this a phone-free conversation. You and your family put the phones away, except for the person who looks up the Scriptures. He/She would read the passage and then put his/her phone away. (2) Set the pace for how vulnerable to be. If you give a shallow answer, you are more likely to get a shallow answer from your kids. (3) Do not feel like you have to ask all of these questions. Just focus on having a good honest discussion.

Open with prayer, asking God to lead you to know more about Christ and live like Him.

- What stood out to you from the sermon this week as challenging or encouraging?
- If you could open any door in the world and walk through it, where would it lead? Why?
- **Read Psalm 24 out loud.** What do these verses teach about God's authority? How might remembering this change how we behave or treat the things we have?
- What does it mean to have clean hands and a pure heart?
- Why do you think God cares about both our actions (hands) and our motives (heart)?
- What kinds of blessings come from living like Jesus? What are some things that make living this way difficult for you?
- How can our family encourage each other to seek God's face this week?
- Why is God called the "king of glory"? What does that mean?
- Obviously, gates and doors don't have heads (vv. 7-10). What do you think David is asking for here?
- How can we "open the gates" to welcome the presence of God in our daily life?
- What did you learn about God from this psalm? What about people?
- What is one thing God wants you to do or believe from these passages or the sermon?

Ask if there is some way you can pray for your family members, and then close in prayer.

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