

PERSONAL REFLECTION GUIDE

11/10/24

At Southland Church, we are committed to help you KNOW Christ, LIVE like Him, and make Him KNOWN. This guide is designed to help you reflect on and apply what you learned through the sermon this weekend. Use this guide as a quiet time during the week. Write your answers in a journal, with the date and main passage noted at the top of the page.

- What main point from the sermon stood out to you?
- What did the Holy Spirit convict you of or encourage you with?
- Think of a time when you endured something hard. What helped you to make it through those times?
- **Read Philippians 1:27-30.** What do you think the Holy Spirit (speaking through Paul) means by “live your life worthy of the gospel of Christ?” What does a “worthy” life look like?
- ‘Keeping the Gospel front and center’ can unite all believers. How much unity do you think we have in the church today? What could we - as individuals and as a group of believers - do to grow in unity?
- **Read Philippians 2:1-11.** What kind of motivations does Paul give for the church to serve one another with compassion in 2:1-4?
- Do you find it challenging to avoid rivalry and to put the needs of others ahead of your own? How so?
- How would our church be different if everyone faithfully lived out these verses?
- The description of Jesus in verse 5-11 draws us to love Him more and imitate Him. What makes these two goals so difficult? What specifically can help you grow in them?
- **Read Philippians 2:12-18.** What is the difference in working FOR your salvation and working OUT your salvation? Why is that distinction important?
- Underneath our work is God’s work (v. 13). How does this bring comfort to your life as a Christian?
- Write one step of obedience the Holy Spirit is leading you towards this week. Who will you tell about this step, in order to help you?

LOOKING AHEAD TO NEXT WEEK

Read Philippians 2:19-3:21. How do these verses challenge or comfort you?



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FAMILY DISCUSSION GUIDE

Southland Church is committed to helping parents raise the next generation of disciples who KNOW Christ, LIVE like Him, and make Him KNOWN. This guide is meant to help you as a family, particularly those over 12 years old, to discuss the Sunday sermon. You can do this in an evening devotion or over lunch after service.

A few tips to get started: (1) Make this a phone-free conversation. You and your family put the phones away, except for the person who looks up the Scriptures. He/She would read the passage and then put his/her phone away. (2) Set the pace for how vulnerable to be. If you give a shallow answer, you are more likely to get a shallow answer from your kids. (3) Do not feel like you have to ask all of these questions. Just focus on having a good honest discussion.

Open with prayer, asking God to lead you to know more about Christ and live like Him.

- What stood out to you from the sermon this week? What challenged or encouraged you?
- When you have to go through something really hard, is it easier to do it alone or with encouraging people (like friends or family)? Why?
- **Read Philippians 1:27-30.** Paul says we are to live lives worthy of the gospel. What do you think he meant?
- What might a life that is “unworthy of the gospel” look like?
- Why do you think Paul highlights unity and togetherness?
- What do you think makes togetherness hard for people?
- **Read Philippians 2:1-11.** These verses describe Jesus’ attitude. What 2-3 words would you use to summarize Jesus’ attitude in these verses?
- What makes that a hard attitude to adopt?
- What might help you grow in that attitude? (Parents, go first in answering this.)
- **Read Philippians 2:12-13.** What might encourage you in these verses when you think about becoming like Jesus?
- If everyone adopted this attitude, what might change in our world? Our church?
- What is one thing you want to put in practice from these passages or the sermon?

Ask if there is some way you can pray for your family members, and then close in prayer.



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