

PERSONAL REFLECTION GUIDE

11/2/25

At Southland Church, we are committed to help you KNOW Christ, LIVE like Him, and make Him KNOWN. This guide is designed to help you reflect on and apply what you learned from the sermon this weekend. Use this guide as a quiet time this week. Write your answers in a journal, with the date and main passage noted at the top of the page.

- What main point from the sermon stood out to you? What did the Holy Spirit convict you of or encourage you with?
- What helps you stay focused on Christ when life feels unfair or confusing?
- **Read Psalm 73 out loud.** If you were to summarize the theme (or main point) of this psalm in one sentence, what would it be?
- What does the tone of the psalm seem to be?
- In verse 1, the psalm begins with a big truth that many people find difficult. What are some reasons people are tempted to think God is not good?
- How would you describe Asaph's struggle in verses 2-11? With whom is he frustrated?
- **Re-read verses 13-14.** What is Asaph doubting here?
- In what ways can you identify with Asaph's thoughts?
- What does this psalm teach you about God, his people, and life in the world?
- In verses 16-28, Asaph's perspective changes. How does Asaph's heart change? What turns him around?
- How does this passage point you forward to Jesus?
- **Read Hebrews 10:19-25.** How does Hebrews help us to understand entering the sanctuary? What does it say we should "therefore" do?
- Returning to psalm 73, what are some truths in verses 23-28 that Asaph repeats to himself? Which thoughts would be most helpful to you in regaining God's perspective when you doubt?
- Imagine a Christian friend, struggling with doubt or envy. How would you use this psalm to help him/her?
- Based on this passage or the sermon, what is one step of obedience the Holy Spirit is leading you towards this week?

LOOKING AHEAD TO NEXT WEEK

Read Psalm 88. What does this psalm reveal about suffering?



UPCOMING EVENTS – for more info, scan the QR code with your phone
Tuesdays Jonah Bible Study – connect with others and God's Word
11/9 Group Leader Interest Meeting – learn what it means to lead a group
11/16 Membership Class – become a member of Southland Church

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FAMILY DISCUSSION GUIDE

Southland Church is committed to helping parents raise the next generation of disciples who KNOW Christ, LIVE like Him, and make Him KNOWN. This guide is meant to help you as a family, particularly those over 12 years old, to discuss the Sunday sermon. You can do this in an evening devotion or over lunch after service.

A few tips to get started: (1) Make this a phone-free conversation. You and your family put the phones away, except for the person who looks up the Scriptures. He/She would read the passage and then put his/her phone away. (2) Set the pace for how vulnerable to be. If you give a shallow answer, you are more likely to get a shallow answer from your kids. (3) Do not feel like you have to ask all of these questions. Just focus on having a good honest discussion.

Open with prayer, asking God to lead you to know more about Christ and live like Him.

- What stood out to you from the sermon this week as challenging or encouraging?
- Have you ever thought, "That's not fair!" when you saw someone doing something wrong, but still getting rewarded? Tell about that time. How did you feel?
- **Read Psalm 73** out loud together as a family, switching readers at the stanza breaks. What was Asaph struggling with at the beginning of the psalm?
- When have you felt jealous of someone who seemed to have it better than you?
- In our world today (at school, work, etc.) is it popular or rewarding to say you follow Jesus? How do people tend to treat or talk about Christians who live differently than the world?
- In psalm 17, Asaph says everything changed when he entered God's sanctuary. What do you think he realized there?
- What can help you get perspective when life feels unfair?
- **Re-read verses 25-26.** What do you think Asaph means here? What does it mean for God to be your strength instead of other things?
- How can you remind yourself that being close to God is better than having what others have?
- Imagine a Christian friend, struggling with doubt or envy. How would you use this psalm to help him/her?
- What is one thing God wants you to do or believe from these passages or the sermon?

Ask if there is some way you can pray for your family members, and then close in prayer.

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