

## PERSONAL REFLECTION GUIDE

11/30/25

At Southland Church, we are committed to help you KNOW Christ, LIVE like Him, and make Him KNOWN. This guide is designed to help you reflect on and apply what you learned from the sermon this weekend. Use this guide as a quiet time this week. Write your answers in a journal, with the date and main passage noted at the top of the page.

- What main point from the sermon stood out to you? What did the Holy Spirit convict you of or encourage you with?
- What is the most wonderful place you've visited or experience you've had?
- **Read Psalm 150.** This psalm proclaims the WHERE, WHY, HOW, and WHO of God's praise. How would you answer each of these questions from the psalm?
- **Verse 2** say why to praise God – who He is and what He's done. Write/Share a list of who God is and what He's done – both in creation and in your life.
- **Verses 3-5** showcase a series of instruments that are used to praise God. One pastor said the inclusion of these varied instruments implies unity in diversity – assorted instruments with one purpose, praise. Why might this be an important observation in churches today?
- Would you say that you're a praise-filled person? Why or why not?
- In the life of a Christian, the freshness and joy of the Gospel can fade as it becomes "old news." What can help the Gospel and praise of God be refreshed in your heart?
- Why are worship and praise such an integral part of the Christian life?
- Is it possible for someone to live their Christian life without praise? Why?
- Think of the different spheres of life (spouse, parent, grandparent, employee, neighbor). List the top five roles you play, and what praise might look like in each.
- If non-Christians do not praise God, are they devoid of all praise? Why?
- Who is one non-Christian in your life that you would like to see praise Christ? How could you lead him/her to see the person and work of Christ?
- As a disciple making disciples, who is one person you will share this lesson with?
- Based on this passage or the sermon, what is one step of obedience the Holy Spirit is leading you towards this week?

## LOOKING AHEAD TO NEXT WEEK

Read Genesis 12:1-13 and Galatians 3:16-22. What do these passages reveal about God?



UPCOMING EVENTS – for more info, scan the QR code with your phone  
**12/7 Southland Student Invite Night** – with white elephant gift exchange  
**12/13 Elf on the Run** – serve at the Southland tent or run in the race  
**12/24 Christmas Eve Service**, 4pm at Cross Ridge Chapel

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## FAMILY DISCUSSION GUIDE

Southland Church is committed to helping parents raise the next generation of disciples who KNOW Christ, LIVE like Him, and make Him KNOWN. This guide is meant to help you as a family, particularly those over 12 years old, to discuss the Sunday sermon. You can do this in an evening devotion or over lunch after service.

A few tips to get started: (1) Make this a phone-free conversation. You and your family put the phones away, except for the person who looks up the Scriptures. He/She would read the passage and then put his/her phone away. (2) Set the pace for how vulnerable to be. If you give a shallow answer, you are more likely to get a shallow answer from your kids. (3) Do not feel like you have to ask all of these questions. Just focus on having a good honest discussion.

Open with prayer, asking God to lead you to know more about Christ and live like Him.

- What stood out to you from the sermon this week as challenging or encouraging?
- What is the most wonderful place you've visited or experience you've had?
- **Read Psalm 150.** This psalm proclaims the WHERE, WHY, HOW, and WHO of God's praise. How would you answer each of these questions from the psalm?
- Why is applause so important when you have appreciated a play or concert? What do you think is the best way to communicate how much you loved the performance?
- Why do you think music is so important and powerful when it comes to praising?
- **Verse 2** say why to praise God – who He is and what He's done. Write/Share a list of who God is and what He's done – both in creation and in your life. Praise Him for each one.
- What are some ways you can praise God for what He has done, in addition to singing?
- How do you think praising God brings us closer to Him?
- The psalm ends with "Let everything that has breath praise the Lord." Why is God worthy of this?
- What is your part and mine in making this a reality?
- Who is one person in your life you would like to see come to praise Jesus?
- What is one thing God wants you to do or believe from these passages or the sermon?

Ask if there is some way you can pray for your family members, and then close in prayer.

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