

PERSONAL REFLECTION GUIDE

12/21/25

At Southland Church, we are committed to help you KNOW Christ, LIVE like Him, and make Him KNOWN. This guide is designed to help you reflect on and apply what you learned from the sermon this weekend. Use this guide as a quiet time this week. Write your answers in a journal, with the date and main passage noted at the top of the page.

- What main point from the sermon stood out to you? What did the Holy Spirit convict you of or encourage you with?
- Jesus is the fulfillment of 300 Old Testament prophecies and covenants. What does this tell you about God?
- Our passage from Jeremiah 31 is quoted twice in the book of Hebrews in the New Testament. So for this guide, we are going to focus on those passages. **Read Hebrews 8:1-13.** What words or key ideas are repeated in these verses? What does the word "covenant" mean, and how would you explain it to a new Christian?
- What is the main idea that God is communicating through this passage? What did this mean to the people who first read it?
- Compare and contrast the Law of Moses and the New Covenant. How are they similar and different? What makes the new "better" (v. 6) than the old?
- How will the new covenant fulfill the old one?
- **Read Hebrews 9:15-22.** How and when is the promise of the new covenant put into effect?
- In what ways might you still revert to living in the law rather than grace?
- In the New Covenant, is obedience still important? Why or why not?
- How has God's grace changed your desires and attitudes? Think of the areas where you are tempted to sin (i.e. addictions, tempers, passivity, etc.) In what ways do you need God's grace to change you still?
- How does this passage point to Christmas?
- How does this passage give you hope? What emotions does it stir in you?
- Who – in your life – needs to hear the story of Christmas and Jesus' New Covenant? Pray for him/her by name. How and when will you tell him/her?
- Based on this passage or the sermon, what is one step of obedience the Holy Spirit is leading you towards this week?

LOOKING AHEAD TO NEXT WEEK

Read Isaiah 7:14 and 9:6-7. How do these promises find fulfillment in Christ?



UPCOMING EVENTS – for more info, scan the QR code with your phone
12/24 Christmas Eve Service, 4pm at Cross Ridge Chapel
12/28 Southland at Home service – virtual service, no in-person services
1/4 Southland Student Bible Study – 6-8pm at Pastor Josh's house

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FAMILY DISCUSSION GUIDE

Southland Church is committed to helping parents raise the next generation of disciples who KNOW Christ, LIVE like Him, and make Him KNOWN. This guide is meant to help you as a family, particularly those over 12 years old, to discuss the Sunday sermon. You can do this in an evening devotion or over lunch after service.

A few tips to get started: (1) Make this a phone-free conversation. You and your family put the phones away, except for the person who looks up the Scriptures. He/She would read the passage and then put his/her phone away. (2) Set the pace for how vulnerable to be. If you give a shallow answer, you are more likely to get a shallow answer from your kids. (3) Do not feel like you have to ask all of these questions. Just focus on having a good honest discussion.

Open with prayer, asking God to lead you to know more about Christ and live like Him.

- What stood out to you from the sermon this week as challenging or encouraging?
- What is something that got upgraded in your life recently (phone, car, app, rules at school, etc.)? How is the new better – or worse – than the old?
- **Read Hebrews 8 out loud**, having one person read vv. 1-6 and another reading vv. 7-13. According to verses 1-2, how is Jesus described? What is God saying here?
- The “tabernacle” (v. 2) was a tent where God’s presence lived. What does it mean that Jesus is the “true tabernacle”?
- In verses 5-6, what was the purpose of the “old” covenant with Moses?
- In verses 7-8, what was the issue with the “old” covenant?
- God promises a new covenant in verses 8-13. What makes this covenant better?
- Which promise do you find most encouraging – and why? (God’s law written on hearts, a close relationship with God, forgiveness of sins)
- How is all of these promises different from just “following the rules”?
- Where do you – and other teens – feel the pressure to perform and be perfect?
- How does the message of Hebrews 8 speak to feeling like you’re not enough?
- What might it look like to live from a changed heart instead of just looking good on the outside?
- What is one thing God wants you to do or believe from these passages or the sermon?

Ask if there is some way you can pray for your family members, and then close in prayer.

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