

PERSONAL REFLECTION GUIDE

2/16/25

At Southland Church, we are committed to help you KNOW Christ, LIVE like Him, and make Him KNOWN. This guide is designed to help you reflect on and apply what you learned from the sermon this weekend. Use this guide as a quiet time this week. Write your answers in a journal, with the date and main passage noted at the top of the page.

- What main point from the sermon stood out to you? What did the Holy Spirit convict you of or encourage you with?
- Have you ever witnessed a miracle? Or heard of one happening with a friend or family member? Tell about it and what effect it had on you and your faith.
- **Read Luke 8:40-56.** In your own words, describe the plight of both Jairus and the bleeding woman. (Keep in mind the woman would be perpetually unclean according to **Leviticus 15:19-30** and cut off from the Temple and her people.)
- Both Jairus' daughter and the woman were suffering from conditions that human solutions could not solve. What are other examples that fall in this category?
- What does Jesus' words and actions in this story reveal about who He is - His character and power?
- Both Jairus and the woman expressed simple faith, but it was directed at the right Person. How can these two examples encourage you when your faith is weak?
- Jesus' delay with the woman kept Him from getting to the girl in time. What conclusions might you draw from this?
- Is Jesus your first resort or last in dealing with the hard things of life? Why?
- Where do you struggle to believe in the power of Jesus in your life or the lives of others? Are there certain things you think maybe He can do, but won't do?
- Imagine a non-believer asked you about who Jesus is. How could you use this story to help him know Christ?
- In what present difficulty – physical ailment, social tension, or emotional distress – do you (or a loved one) need the healing touch of Jesus? Take some time in prayer to reach out of Jesus for that need.
- Write one step of obedience the Holy Spirit is leading you towards this week. Who will you tell about this step, in order to help you?

LOOKING AHEAD TO NEXT WEEK

Read Luke 9:1-27. Why do you think Jesus involved the disciples in feeding the 5000 rather than just doing it Himself?



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FAMILY DISCUSSION GUIDE

Southland Church is committed to helping parents raise the next generation of disciples who KNOW Christ, LIVE like Him, and make Him KNOWN. This guide is meant to help you as a family, particularly those over 12 years old, to discuss the Sunday sermon. You can do this in an evening devotion or over lunch after service.

A few tips to get started: (1) Make this a phone-free conversation. You and your family put the phones away, except for the person who looks up the Scriptures. He/She would read the passage and then put his/her phone away. (2) Set the pace for how vulnerable to be. If you give a shallow answer, you are more likely to get a shallow answer from your kids. (3) Do not feel like you have to ask all of these questions. Just focus on having a good honest discussion.

Open with prayer, asking God to lead you to know more about Christ and live like Him.

- What stood out to you from the sermon this week? What challenged or encouraged you?
- Do you think of miracles as happening in today's world? Why or why not? Have you ever seen or heard of one?
- This is the story of a desperate father and a woman who suffered for 12 years. The father didn't have anywhere else to go, and the woman was whispered about and avoided and ashamed. **Read Luke 8:40-56.** What does this story tell you about Jesus?
- How could you use this story to tell "your one" (that person who is far from God but close to you) who Jesus is?
- Jesus was on His way to heal a dying girl. Why do you think Jesus stopped in the middle of the story to find this woman and have her confess publicly?
- What does it mean to have strong faith? How is it different from weak faith?
- Both Jairus and the woman expressed simple faith, but it was directed at the right Person. How can these two examples encourage you when your faith is weak?
- Is Jesus the first or last place you go when dealing with life's hard things? Why?
- Think of one situation where you or someone you know needs the healing touch of Jesus. Spend some time praying for that situation.
- What is one thing you want to put in practice from these passages or the sermon?

Ask if there is some way you can pray for your family members, and then close in prayer.



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