

## PERSONAL REFLECTION GUIDE

3/15/26

At Southland Church, we are committed to help you KNOW Christ, LIVE like Him, and make Him KNOWN. This guide is designed to help you reflect on and apply what you learned from the sermon this weekend. Use this guide as a quiet time this week. Write your answers in a journal, with the date and main passage noted at the top of the page.

- What main point from the sermon stood out to you? What did the Holy Spirit convict you of or encourage you with?
- **Read Ephesians 2:1-10 in 2 different translations (i.e. CSB, ESV, NIV, NASB).** What significant differences did you notice, if any? What similarities?
- How do verses 1-3 help us understand what sin is? How do they show that sin is not just a bad choice, but a condition in which we live?
- Why is it important we understand humanity apart from Christ, is dead and not just bad?
- How does that understanding change the way you view the good news of the gospel?
- Paul referred to his audience in the past tense because this is how they once were. Why, even as Christians, is it helpful to remember our sinful condition before Christ?
- How does doing so change the way we view others apart from Christ?
- Look at verses 4-7. What attributes of God do you see?
- What was your “Bet God” moment – the moment that changed everything spiritually for you? How is your life different now?
- Look at verses 8-10. Why is it important to know God didn’t just save you from something but to something? What did God save you to?
- Why do you think God wants us to know we are His workmanship? Is that difficult to believe?
- What is one way you can remind yourself of who you were before Christ without feeling a sense of judgement or condemnation?
- Based on this passage or the sermon, what is one step of obedience the Holy Spirit is leading you towards this week?

## LOOKING AHEAD TO NEXT WEEK

Read Ephesians 2:11-22. What has God done for us in this passage?



UPCOMING EVENTS – for more info, scan the QR code with your phone  
3/18 – Forge Men’s Breakfast, 7:00-8:30am – Register online  
3/18 – Women’s Gathering, 6:30-8:30pm – Register on our website  
3/22 – Membership Class, 2:00-3:30pm – Register online

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## FAMILY DISCUSSION GUIDE

Southland Church is committed to helping parents raise the next generation of disciples who KNOW Christ, LIVE like Him, and make Him KNOWN. This guide is meant to help you as a family, particularly those over 12 years old, to discuss the Sunday sermon. You can do this in an evening devotion or over lunch after service.

A few tips to get started: (1) Make this a phone-free conversation. You and your family put the phones away, except for the person who looks up the Scriptures. He/She would read the passage and then put his/her phone away. (2) Set the pace for how vulnerable to be. If you give a shallow answer, you are more likely to get a shallow answer from your kids. (3) Do not feel like you have to ask all of these questions. Just focus on having a good honest discussion.

Open with prayer, asking God to lead you to know more about Christ and live like Him.

- What stood out to you from the sermon this week as challenging or encouraging?
- What is something broken or old you have seen restored? What made it special after it was restored?
- Read Ephesians 2:1-10 aloud. What words describe our condition before God saves us? What phrases describe what God did for us?
- What does Paul mean when he says we are "dead in our trespasses and sins"?
- What does this passage teach about God's character?
- What's the difference between earning salvation and receiving it?
- What does verse 10 say about why God saved us?
- What does it mean that believers are God's workmanship?
- What is grace? Why do you think it's important to understand how serious sin was before understanding grace?
- How does knowing we are saved by grace affect how we treat others?
- What are some examples of "good works" you can do at school or with friends?
- How can knowing you are God's workmanship affect how you think of yourself?
- What is one thing God wants you to do or believe from these passages or the sermon?

Ask if there is some way you can pray for your family members, and then close in prayer.

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