

PERSONAL REFLECTION GUIDE

4/27/25

At Southland Church, we are committed to help you KNOW Christ, LIVE like Him, and make Him KNOWN. This guide is designed to help you reflect on and apply what you learned from the sermon this weekend. Use this guide as a quiet time this week. Write your answers in a journal, with the date and main passage noted at the top of the page.

- What main point from the sermon stood out to you? What did the Holy Spirit convict you of or encourage you with?
- If you could instantly be lifted into the sky and be transported anywhere in the world (or beyond), where would you go and why?
- **Read Luke 24:44-53 and Acts 1:3-11.** Imagine standing with the disciples as they watched Jesus carried into heaven. What thoughts would go through your mind?
- Why is it important to our faith that Jesus ascended into heaven? Why is it important that He ascended physically, and not just spiritually?
- The flipside of the question above: How would it affect our faith if Jesus did not ascend to heaven?
- Jesus is promised to return the way He left (**Acts 1:11**). How might this promise influence the way we live? How would a life change in response to this promise?
- What might prevent us from living that way? And how can those barriers be overcome?
- How is the ascension of Jesus related to the promise of the Holy Spirit? (See also **John 16:7-15** and **Ephesians 4:7-16**.) Why is the Holy Spirit's coming crucial for us?
- In the ascension, Jesus is seated at the right hand of God (**Eph 1:20-23**). In biblical times, being seated at the right hand was a place of power and honor. How does knowing this impact your prayer life?
- The Bible says you are NOW – like right now - seated with Christ at the right hand of God (**Eph 2:6**). How does this impact you? What does this mean as you fight sin and even battle unseen spirits?
- Based on this passage or the sermon, what is one step of obedience the Holy Spirit is leading you towards this week. Who will you tell about this step, in order to help you?

LOOKING AHEAD TO NEXT WEEK

Read 2 Peter 1:20-21. How would you explain this passage and how the Bible was written by God to a non-believer?



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FAMILY DISCUSSION GUIDE

Southland Church is committed to helping parents raise the next generation of disciples who KNOW Christ, LIVE like Him, and make Him KNOWN. This guide is meant to help you as a family, particularly those over 12 years old, to discuss the Sunday sermon. You can do this in an evening devotion or over lunch after service.

A few tips to get started: (1) Make this a phone-free conversation. You and your family put the phones away, except for the person who looks up the Scriptures. He/She would read the passage and then put his/her phone away. (2) Set the pace for how vulnerable to be. If you give a shallow answer, you are more likely to get a shallow answer from your kids. (3) Do not feel like you have to ask all of these questions. Just focus on having a good honest discussion.

Open with prayer, asking God to lead you to know more about Christ and live like Him.

- What stood out to you from the sermon this week? What challenged or encouraged you?
- If you could instantly be lifted into the sky and be transported anywhere in the world (or beyond), where would you go and why?
- **Read Luke 24:44-53 and Acts 1:3-11.** Imagine standing with the disciples as they watched Jesus carried into heaven. What thoughts would go through your mind?
- Why do you think Jesus went back to heaven instead of staying on earth forever?
- What did Jesus promise before He left? (see Acts 1:8 and John 16:5-7)
- How does it make you feel that Jesus sent His Spirit to lead us and is in heaven watching over us?
- Jesus told all of His followers to share His message with the whole world. What are some ways we can do that as a family? Which idea/way should we try first?
- What do you think it will be like when we see Jesus come back again? (see Acts 1:11)
- How should the promise that Jesus is coming back affect our lives at home, school, or work?
- How can we remember that Jesus is with us, even though we can't see Him?
- What is one thing you want to put in practice from these passages or the sermon?

Ask if there is some way you can pray for your family members, and then close in prayer.



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