

PERSONAL REFLECTION GUIDE

4/5/26

At Southland Church, we are committed to help you KNOW Christ, LIVE like Him, and make Him KNOWN. This guide is designed to help you reflect on and apply what you learned from the sermon this weekend. Use this guide as a quiet time this week. Write your answers in a journal, with the date and main passage noted at the top of the page.

- What main point from the sermon stood out to you? What did the Holy Spirit convict you of or encourage you with?
- When was the last time you were moved to tears due to joy or happiness? What is something that could bring you to tears of sadness today?
- **Read John 20:1-18.** What surprises you most in this story?
- Why do you think the “other disciple” hesitated to go into the tomb, even though he arrived first?
- What is the significance of the fact that the grave clothes were neatly folded?
- Why do you think Mary didn’t recognize Jesus at first, and why did Jesus tell Mary not to hold onto Him?
- **Read 1 Corinthians 15:12-19.** Why is the resurrection so hard to believe for many? What might you say to a skeptic?
- What did Paul mean that without the resurrection we only have hope in this life?
- **Read 1 Corinthians 15:20-28.** What events does Paul describe here? How do these verses describe the whole history of man?
- What does Paul mean that Christ is the “first fruits”? How does that help us understand this passage?
- What effect does the resurrection have on you today? What difference does it (or should it) make in your relationships? Work? Recreation?
- Who do you need to pray for that they might fully appreciate the reality of the empty tomb?
- What reactions can you expect when you share the gospel with others?
- Do you often consider eternity? If so, what effect does it have? If not, why?
- Based on this passage or the sermon, what is one step of obedience the Holy Spirit is leading you towards this week?

LOOKING AHEAD TO NEXT WEEK

Read Matthew 5:14-16. What are the implications of this passage for Jesus followers?



UPCOMING EVENTS – for more info, scan the QR code with your phone
4/12 Southland Student Invite Night – at ILMS, 6-8pm. Register online.
4/12 Starting Point – find out more about Southland after service.
4/25 Indian Land Festival – Come Make Jesus Known. Register online

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SERMON NOTES
HIGHLIGHT: JOHN 20:11-18



Main Idea: The risen Jesus meets us in our grief and turns our _____.

EXPLANATION

_____ blinds Mary. (John 20:11-15)

Jesus reveals Himself _____. (John 20:16)

Jesus sends Mary to _____ (John 20:17-18)

APPLICATION

Grieve with _____. (1 Thessalonians 4:13-14)

_____, who is calling you by name. (John 3:16)

Go and tell others _____. (John 20:21)

RESPOND: What is your specific next step in response to God's Word today?

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