

PERSONAL REFLECTION GUIDE

5/10/26

At Southland Church, we are committed to help you KNOW Christ, LIVE like Him, and make Him KNOWN. This guide is designed to help you reflect on and apply what you learned from the sermon this weekend. Use this guide as a quiet time this week. Write your answers in a journal, with the date and main passage noted at the top of the page.

- What main point from the sermon stood out to you? What did the Holy Spirit convict you of or encourage you with?
- Do a quick count of the number of full-time jobs you've had (including stay-at-home parent). Which was your favorite? Least favorite? Why?
- **Read Ephesians 4:7-12.** What do you understand to be the purpose of spiritual gifts?
- Other biblical passages would reveal that this list is not comprehensive. What are some ways that these and other gifts can become things that define us? How does God want us to approach them instead?
- What would you say your spiritual gifts are? What are your passions in ministry (i.e. leading in worship, teaching kids or students, making sure things are organized, etc.)? What do you care most about?
- How might your passions and gifts point you to a place to serve in the church?
- **Read Ephesians 4:13-16.** How might we contrast mature and immature believers? How might maturity enhance our unity as a church?
- What did Paul say is the cure for immaturity and instability in our faith?
- In your own words, what does it mean to speak the truth in love? In what situations is that most needed?
- What hinders you from speaking the truth in love?
- What do we learn from Paul's analogy of the church as a "body building itself up in love?" What does it reveal about God's purpose for our lives?
- How does a mature church body function? And what is the result?
- How are we doing as a church using gifts and working together? What can you do to help?
- Based on this passage or the sermon, what is one step of obedience the Holy Spirit is leading you towards this week?

LOOKING AHEAD TO NEXT WEEK

Read Ephesians 4:17-32. Describe the Christian life in a sentence based on these verses.



UPCOMING EVENTS – for more info, scan the QR code with your phone
5/31 Membership Class, 2-3:30pm – Join the family. Register online
6/6 Forge Men's Breakfast, 7:30-9am – Fellowship & food, register online
June 2026 VBS – Sunday evenings in June. Register online

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SERMON TITLE: GROWING UP IN CHRIST

HIGHLIGHT: EPHESIANS 4:7-16

Main Idea: Christ gives us grace to _____ into spiritual maturity.

EXPLANATION

Christ's victory gives _____ to every believer (v. 7-10)

Christ gives leaders to _____ the church (v. 11-12)

Christ grows us into _____ (v. 13-16)

APPLICATION

_____ and _____ your gifts to serve the church

Grow in Groups through _____ and _____.

RESPOND: What is your specific next step in response to God's Word today?



Spiritual gifts test



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