

PERSONAL REFLECTION GUIDE

5/18/25

At Southland Church, we are committed to help you KNOW Christ, LIVE like Him, and make Him KNOWN. This guide is designed to help you reflect on and apply what you learned from the sermon this weekend. Use this guide as a quiet time this week. Write your answers in a journal, with the date and main passage noted at the top of the page.

- What main point from the sermon stood out to you? What did the Holy Spirit convict you of or encourage you with?
- When you think of hypocrisy, what images or words come to mind?
- **Read Matthew 23:1-13.** What is the essence of hypocrisy as Jesus defines it here?
- What is Jesus' tone here? What does this reveal about His thoughts on hypocrisy?
- How do you think hypocrisy in the church or among those who claim to be Christians affects those who do not know Christ?
- Who are some of the least hypocritical people you know? What stands out about them?
- **Read 1 John 1:5-10.** What does this passage teach us about being a Christian?
- Honestly, what are you tempted to do when others see the sin in your life?
- How should you respond to sin and hypocrisy in your own life?
- What is the difference between a struggling but honest believer and a hypocrite who refuses to acknowledge wrongdoing?
- What part does confession before others and repentance for sin play in your life? Is it a consistent practice or a last resort?
- What makes it hard to admit when we have persistent sin? What are some benefits of admitting it? (See **Proverbs 28:13, 1 John 1:9, Galatians 6:2, James 5:16**)
- When someone complains of Christian hypocrisy, how do you think we should respond? How should we engage in the conversation with gentleness and respect?
- Based on this passage or the sermon, what is one step of obedience the Holy Spirit is leading you towards this week. Who will you tell about this step, in order to help you?

LOOKING AHEAD TO NEXT WEEK

Read Romans 3:10-14. What do you learn about people and God from these verses?



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FAMILY DISCUSSION GUIDE

Southland Church is committed to helping parents raise the next generation of disciples who KNOW Christ, LIVE like Him, and make Him KNOWN. This guide is meant to help you as a family, particularly those over 12 years old, to discuss the Sunday sermon. You can do this in an evening devotion or over lunch after service.

A few tips to get started: (1) Make this a phone-free conversation. You and your family put the phones away, except for the person who looks up the Scriptures. He/She would read the passage and then put his/her phone away. (2) Set the pace for how vulnerable to be. If you give a shallow answer, you are more likely to get a shallow answer from your kids. (3) Do not feel like you have to ask all of these questions. Just focus on having a good honest discussion.

Open with prayer, asking God to lead you to know more about Christ and live like Him.

- What stood out to you from the sermon this week? What challenged or encouraged you?
- What do you think the word "hypocrisy" means? (Parent Note: Hypocrisy means outwardly pretending to be something you are not.)
- How do you think hypocrisy in the church or among those who claim to be Christians affects those who do not know Christ?
- **Read 1 John 1:5-10.** What does this passage teach us about being a Christian?
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- What part does confession before others and repentance for sin play in your life? Is it a consistent practice or a last resort?
- What are some benefits of admitting when we sin? (See **Proverbs 28:13, 1 John 1:9, Galatians 6:2, James 5:16**)
- When someone complains of Christian hypocrisy, how should we respond?
- What is one thing you want to put in practice from these passages or the sermon?

Ask if there is some way you can pray for your family members, and then close in prayer.



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