

PERSONAL REFLECTION GUIDE

8/31/25

At Southland Church, we are committed to help you KNOW Christ, LIVE like Him, and make Him KNOWN. This guide is designed to help you reflect on and apply what you learned from the sermon this weekend. Use this guide as a quiet time this week. Write your answers in a journal, with the date and main passage noted at the top of the page.

- What main point from the sermon stood out to you? What did the Holy Spirit convict you of or encourage you with?
- Have you ever been upset when something good happened to someone you didn't like? What did you feel in that moment?
- **Read the book of Jonah; if reading aloud in a group, change readers at the chapter breaks.** Describe the heart of Jonah throughout the book. What drives him? What grieves him? What delights him?
- In what ways are you similar to Jonah?
- Describe the heart of God throughout the book. What drives Him? What grieves Him? What delights Him?
- In what ways do you fall short of embodying the compassion of God?
- **Re-read the conversation between Jonah and God in Jonah 4:9-11.** What was God revealing about the heart of Jonah?
- Jonah was infuriated over his loss of comfort. What comforts are you most accustomed to and would be hardest for you to let go of?
- Have you ever been angry or upset over the loss of a comfort? Describe that time.
- What would it look like for you to prioritize reaching the lost over holding onto those comforts?
- The Ninevites were described as not knowing their right from their left, meaning they didn't know the law of God. They were an unreached people. Today, there are over 3 billion people who have never heard the Gospel or the name of Jesus. How often do you think about or pray for these people?
- What would it look like for you to support the spread of the Gospel in all nations?
- Based on this passage or the sermon, what is one step of obedience the Holy Spirit is leading you towards this week?

LOOKING AHEAD TO NEXT WEEK

Invite at least one person to the Southland One-year Birthday Party next week!



UPCOMING EVENTS – for more info, southlandsc.org/events
9/7 Southland's One-year Birthday Party – Invite friends/neighbors
9/7 SOUTHLAND STUDENT Invite Night, 6-8p, at Middle School
9/16 BIBLE STUDY Group starts on Tuesdays, 6:30-8pm, signup online

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FAMILY DISCUSSION GUIDE

Southland Church is committed to helping parents raise the next generation of disciples who KNOW Christ, LIVE like Him, and make Him KNOWN. This guide is meant to help you as a family, particularly those over 12 years old, to discuss the Sunday sermon. You can do this in an evening devotion or over lunch after service.

A few tips to get started: (1) Make this a phone-free conversation. You and your family put the phones away, except for the person who looks up the Scriptures. He/She would read the passage and then put his/her phone away. (2) Set the pace for how vulnerable to be. If you give a shallow answer, you are more likely to get a shallow answer from your kids. (3) Do not feel like you have to ask all of these questions. Just focus on having a good honest discussion.

Open with prayer, asking God to lead you to know more about Christ and live like Him.

- What stood out to you from the sermon this week as challenging or encouraging?
- Have you ever been upset when something good happened to someone you didn't like? What did you feel in that moment?
- **Read the book of Jonah; change readers at the chapter breaks.** Describe the heart of Jonah throughout the book. What drives him? What makes him upset? What makes him happy?
- In what ways are you similar to Jonah?
- Describe the heart of God throughout the book. What drives Him? What makes Him upset? What makes Him happy?
- In what ways do you fall short of embodying the compassion of God?
- Jonah was infuriated over his loss of comfort. What comforts do you enjoy most and would be hardest for you to let go of? (i.e. video games, TV, air-conditioning, food)
- Have you ever been angry or upset over the loss of a comfort? Describe that time.
- What would it look like for you to care more about sharing Jesus over holding onto those comforts?
- Who is one person in your life you could invite to the Southland Church 1-year birthday party next Sunday? When will you invite him/her?
- What is one thing you want to put in practice from these passages or the sermon?

Ask if there is some way you can pray for your family members, and then close in prayer.

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