

PERSONAL REFLECTION GUIDE

9/29/24

At Southland Church, we are committed to help you KNOW Christ, LIVE like Him, and make Him KNOWN. This guide is designed to help you reflect on and apply what you learned through the sermon this weekend. Use this guide as a quiet time during the week. Write your answers in a journal, with the date and main passage noted at the top of the page.

- What main point from the sermon stood out to you?
- What did the Holy Spirit convict you of or encourage you with?
- Worship is not just singing on Sundays or a style of music. It is a lifestyle. How would you define or describe what a life of worship is?
- **Read Romans 12:1-2.** What does it mean to be “conformed to this world” (or some translations say “conformed to this age”)?
- What are some ways the world tries to press you into its mold?
- What are some key issues where the world’s way of doing things is very different than God’s way?
- What does it mean to “present your bodies as a living sacrifice”? What would be signs of someone doing this?
- **Read Colossians 3:17.** What do you see as the connection between this verse and Romans 12:1-2?
- **Read Colossians 3:1-17.** What are some things that people are sacrificing to follow after Christ?
- Which of these things is hardest for you to sacrifice personally?
- Look at **Colossians 3:1-2 and verse 12** again. What is the motivation and fuel for our sacrifice? Why is this important to keep in mind?
- Based on these two passages (Colossians 3 and Romans 12), what do you think it means to be “transformed by the renewing of your mind?” And what can the Holy Spirit use to transform us in that way?
- Write one step of obedience the Holy Spirit is leading you towards this week. Who will you tell about this step in order to hold you accountable?

LOOKING AHEAD TO NEXT WEEK

Read John 13:34-35. According to this passage, the way we love one another witnesses to the world that we are Christ’s disciples. How?



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FAMILY DISCUSSION GUIDE

Southland Church is committed to helping parents raise the next generation of disciples who KNOW Christ, LIVE like Him, and make Him KNOWN. This guide is meant to help you as a family, particularly those over 12 years old, to discuss the Sunday sermon. You can do this in an evening devotion or over lunch after service.

A few tips to get started: (1) Make this a phone-free conversation. You and your family put the phones away, except for the person who looks up the Scriptures. He/She would read the passage and then put his/her phone away. (2) Set the pace for how vulnerable to be. If you give a shallow answer, you are more likely to get a shallow answer from your kids. (3) Do not feel like you have to ask all of these questions. Just focus on having a good honest discussion.

Open with prayer, asking God to lead you to know more about Christ and live like Him.

- What stood out to you from the sermon this week? What challenged or encouraged you?
- What do you think of when you hear the word, "sacrifice"? How about when you hear the word, "worship"?
- **Read Romans 12:1-2.** Paul – who was inspired by the Holy Spirit to write these verses – said that our sacrifice is to be "in view of God's mercy." What do you think he meant? Why do you think Paul wants us to keep this in mind?
- What makes surrendering to God's will challenging for teenagers today?
- What are some ways the world (your friends, classmates, teammates, workmates) tries to pull you away from God's will?
- What do you think Paul means by being "transformed by the renewing of your mind?"
- How can we renew our minds to follow God's truth?
- In another of Paul's letters, he wrote, "So whether you eat or drink or whatever you do, do it all for the glory of God" (1 Corinthians 10:31). What does he mean "whatever you do, do it all for the glory of God"?
- What is one thing you would not want to sacrifice for God? How come?
- What is one thing you want to put in practice from these passages or the sermon?

Ask if there is some way you can pray for your family members, and then close in prayer.



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