

PERSONAL REFLECTION GUIDE

9/8/24

At Southland Church, we are committed to help you KNOW Christ, LIVE like Him, and make Him KNOWN. This guide is designed to help you reflect on and apply what you learned through the sermon this weekend. Use this guide as a quiet time during the week. Write your answers in a journal, with the date and main passage noted at the top of the page.

- What main point from the sermon stood out to you?
- What did the Holy Spirit convict you of or encourage you with?
- In your own words, how would you share the Gospel with someone who didn't know it, in 5 sentences or less?
- **Read Ephesians 2:1-10.** How do these verses describe our condition BEFORE God intervenes?
- Paul, the human author of this passage, repeats that we "were dead," but obviously we still are alive. Based on this passage, what do you think Paul means by this phrase? (**Read Ephesians 4:18, 1 Corinthians 2:14, and Romans 8:7-8 for some help.**)
- To receive Jesus means to believe He is the Son of God who died for the sins of people and was raised from the dead, to renounce our old ways of living, and to commit to follow Him as Lord. Have you made this commitment? If so, when?
- From **Ephesians 2:1-10**, list the works that God does for those who trust in and follow Jesus. What strikes you about this work of God?
- Paul begins all of his letters – which are all written to Christians – with a summary of the Gospel. Why do you think he continues to preach the Gospel to people who already believe it? (**Read 1 Corinthians 15:1-4 and Galatians 3 for some help**)
- Why do you think Christians lose awe of the Gospel after a while? Why might you?
- What can we do to keep the wonder of the Gospel?
- Write one step of obedience the Holy Spirit is leading you towards this week. Who will you tell about this step in order to hold you accountable?

LOOKING AHEAD TO NEXT WEEK

Read 2 Timothy 3:14-17. We have books that have been written by the Spirit of God through human authors. What makes this amazing? How should this impact our daily life?



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FAMILY DISCUSSION GUIDE

Southland Church is committed to helping parents raise the next generation of disciples who KNOW Christ, LIVE like Him, and make Him KNOWN. This guide is meant to help you as a family, particularly those over 12 years old, to discuss the Sunday sermon. You can do this in an evening devotion or over lunch after service.

A few tips to get started: (1) Make this a phone-free conversation. You and your family put the phones away, except for the person who looks up the Scriptures. He/She would read the passage and then put his/her phone away. (2) Set the pace for how vulnerable to be. If you give a shallow answer, you are more likely to get a shallow answer from your kids. (3) Do not feel like you have to ask all of these questions. Just focus on having a good honest discussion.

Open with prayer, asking God to lead you to know more about Christ and live like Him.

- What stood out to you from the sermon this week? What challenged or encouraged you?
- Do you think that people as a whole are mostly good or mostly bad? What makes you say that?
- **Read Ephesians 2:1-3.** How do these verses describe people? How have you seen this to be true in your school or work?
- What do you think it means to be dead in sin and trespasses?
- **Read Ephesians 2:4-9.** What do these verses say about God?
- How does God change people and their situation? List ways from these verses.
- Have you put your trust in Jesus and committed to follow Him yet? If not, would you like to?
- After we trust and commit to follow Jesus, we still struggle with the same sins as before. What comfort can we draw from these verses?
- **Read Ephesians 2:10.** In verses 1-3, people were "dead" and "children of wrath." How does this verse describe people after they trust Jesus?
- How should this new identity change our day-to-day life? How can you remember this new identity every day?
- What is one thing you want to put in practice from these passages or the sermon?

Ask if there is some way you can pray for your family members, and then close in prayer.



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